



Canadian Track & Field Championships  
 Championnat canadien d'athlétisme  
**WINDSOR 2007**

**July 12-15, 2007**

**SCHEDULE OF EVENTS**

Thursday, July 12, 2007	
Time	Event
	<b>Track Events</b>
4:00pm	Decathlon-100m
4:30pm	Heptathlon-100mH
5:25pm	100m WCH Men – Heats (T54)
5:50pm	800m AMB Men – Final (T11&T13)
6:30pm	400m WCH Women – Final (T52&T53, T54)
7:00pm	400m WCH Men – Heats (T54) Final (T52&T53)
7:30pm	5,000m WCH Women – Final (T54)
7:45pm	5,000m WCH Men – Final (T52&T53&T54)
8:30pm	Heptathlon 200m
8:40pm	100m WCH Men – Final (T52, T53, T54)
8:50pm	100m WCH Women – Final (T52&53, T54)
9:00pm	Decathlon 400m
	<b>Field Events</b>
4:00pm	Javelin – Tie-down WCH Men & Women - Final
4:45pm	Decathlon Long Jump
5:00pm	Javelin AMB Men & Women – Final
5:10pm	Heptathlon High Jump
6:00pm	Decathlon Shot Put
6:45pm	Long Jump AMB Men – Final
7:00pm	Heptathlon Shot Put
7:15pm	Decathlon High Jump
8:00pm	Long Jump AMB Women - Final



**Friday, July 13, 2007**

<b>Time</b>	<b>Event</b>
	<b>Track Events</b>
10:00am	Decathlon 110mH
10:30am	1500m WCH Men – Heats (T53&54) Finals (T52)
10:55am	200m AMB Women – Final (T36&T37&T38&T42&T44)
11:05am	200m AMB Men – Final (T11&T13&T38, T42&T44)
11:15am	200m WCH Women – Final (T52&T53, T54)
11:35am	200m WCH Men – Heats (T54) Final (T52, T53)
11:55am	1,500m Women – Semi
12:15pm	1,500m Men – Semi
12:40pm	1,500m AMB Men – Final (T46)
6:30pm	400m WCH Men – Final (T54)
6:50pm	400m AMB Women – Final (T36)
7:05pm	100m Hurdles Women – Semi
7:20pm	110m Hurdles Men – Semi
7:35pm	400m Women – Semi
7:50pm	400m Men – Semi
8:05pm	100m Women – Heats
8:20pm	100m Men – Heats
8:45pm	Decathlon 1500m
8:55pm	200m WCH Men – Finals (T54)
9:10pm	Heptathlon 800m
9:20pm	5,000m Women – Final
9:40pm	5,000m Men – Final
10:00pm	10,000m WCH Men – Final



**Friday, July 13, 2007**

<b>Time</b>	<b>Event</b>
	<b>Field Events</b>
9:30am	Discus – Tie Down WCH Women – Final
10:50am	Decathlon Discus
12:30pm	Discus – Tie Down WCH Men – Final
1:00pm	Decathlon Pole Vault
5:00pm	Pole Vault Women Qualifying (A & B)
5:30pm	Heptathlon Long Jump
6:00pm	Discus AMB Men – Final
6:00pm	Decathlon Javelin
7:00pm	Long Jump Men Qualifying (A & B)
7:30pm	Discus – AMB Women – Final
7:30pm	Heptathlon Javelin
7:30pm	Pole Vault Men Qualifying (A & B)
8:30pm	Long Jump Women Qualifying (A & B)



**Saturday, July 14, 2007**

<b>Time</b>	<b>Event</b>
	<b>Track Events</b>
2:10pm	100m AMB Women – Final (T36&T37)
2:20pm	100m AMB Men – Final (T11,T13,T35,T37,T38)
2:30pm	100m Women – Semi
2:45pm	100m Men – Semi
3:00pm	1,500m WCH Men – Final (T54)
3:10pm	1,500m WCH Women – Final (T54)
3:20pm	100m Hurdles Women – Final
3:30pm	110m Hurdles Men – Final
3:40pm	1,500m Men – Final
3:50pm	1,500m Women – Final
4:00pm	400m Men – Final
4:05pm	400m Women – Final
4:10pm	100m AMB Women – Final (T42&T44)
4:20pm	100m AMB Men – Final (T42&T44&T46)
4:30pm	100m Men – Final
4:35pm	100m Women – Final
4:40pm	800m WCH Men – Heats (T54)
6:45pm	400m Hurdles Men – Semi
6:55pm	800m Women – Semi
7:15pm	800m Men – Semi
7:35pm	400m AMB Men – Final (T11&T13&T44&T46)
7:45pm	200m Women – Heats
8:00pm	200m Men – Heats
8:25pm	800m WCH Women – Final (T52, T53&T54)
8:35pm	800m WCH Men – Final (T52&T53, T54)
	<b>Field Events</b>
2:00pm	Pole Vault Women – Final
2:00pm	Shot Put Tie-Down WCH Men & Women – Final
2:00pm	High Jump Men – Final
2:30pm	Hammer Women – Final
2:30pm	Long Jump Men – Final
4:45pm	Javelin Men – Final
5:00pm	Long Jump Women – Final
5:00pm	Shot Put Women – Final
7:00pm	Discus Men – Final
7:00pm	Shot Put AMB Men – Final
8:00pm	Shot Put AMB Women – Final



**Sunday, July 15, 2007**

<b>Time</b>	<b>Event</b>
7:30am	10km & 20km – M&F Race Walk
	<b>Track Events</b>
11:50am	200m Women – Semi
12:00pm	200m Men – Semi
12:15pm	400m Hurdles Women – Final
12:25pm	400m Hurdles Men – Final
12:45pm	3,000m Steeple Chase Women – Final
1:05pm	3,000m Steeple Chase Men – Final
1:20pm	800m Women – Final
1:25pm	800m Men – Final
1:35pm	200m Women – Final
1:40pm	200m Men – Final
1:55pm	4x100 Women Relay
2:15pm	4x100 Men Relay
	<b>Field Events</b>
11:30am	Pole Vault Men – Final
11:30am	Hammer Throw Men – Final
11:30am	Triple Jump Women – Final
12:00pm	High Jump Women – Final
12:00pm	Shot Put Men – Final
1:30pm	Triple Jump Men – Final
1:30pm	Javelin Women – Final
1:30pm	Discus Women – Final

NOTES:

- 1) Due to increased entries some event times have been altered slightly.
- 2) Men's & Women's 200m – there will now be 3 rounds. (please refer to schedule)
- 3) Some AMB & WCH events will be contested as Finals during the heat times. All details are contained in the above schedule.