



THE GOLD STANDARD
LA RUÉE VERS L'OR



Olympic Trials logo &
ticket info unveiled



AC partners with iRun



Help AC raise \$ by purchasing



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100 days!

May 2008
ISSUE #25

Guillaume Leblanc inducted
to COC Hall of Fame



Canadian Half-Marathon
results



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Accelerade Donation Promotion

Buy a bottle of Accelerade during the month of May at Canadian Wal-Marts and Accelerade will donate 10 cents to Athletics Canada to support our athletes in their quest for the podium. Look for the promotion display and Accelerade product in Wal-Mart stores in the “Sports Nutrition” section within the Pharmacy.

To find out more information, to read about the experience of others who have trained with Accelerade, and to find out where to buy Accelerade, visit www.accelerade.ca

Canadian Half-Marathon Championships Results

Canadian Half Marathon Championships (Banque Scotia 21km), Montreal, QC, April 20

Women

1. Tara Quinn-Smith, 1:13:39.4
2. Nicole Stevenson, 1:15:25.1
3. Lauren King, 1:16:55.1
4. Beth Wightman, 1:18:10.3
5. Jutta Merilainen, 1:20:41.1



Men

1. Andrew Smith, 1:05:18.4
2. Matt McInnes, 1:05:27.1
3. Taylor Murphy, 1:05:41.3
4. James Gosselin, 1:06:42.8
5. Fethi Oukid, 1:07:31.9

Complete results : www.canadarunningseries.com/monthalf/montRESULT.htm



Tara Quinn-Smith and
Caroline Chepkorir

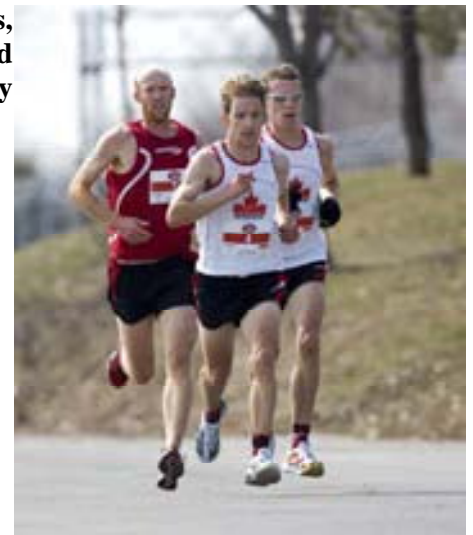


Lauren King



Women lead pack

Matt McInnes,
Andrew Smith and
Taylor Murphy



USA vs. The World - Penn Relays Results

Women's Sprint Medley

1. Jamaica, 3:37.61
2. World All Stars, 3:39.16
3. United States Red, 3:41.08
- 4. Canada, 3:44.06 (Kimberly Hyacinthe, Toyin Olupona, Amonn Nelson, Aimee Teteris)**
5. United States Blue, 3:45.73

Men's 4x100m

1. Jamaica, 39.04
2. United States Blue, 39.14
3. Trinidad & Tobago, 39.33
4. United States Red, 39.38
- 5. Canada Red, 39.60 (Hank Palmer, Anson Henry, Jared Connaughton, Brian Barnett)**
6. Great Britain, 39.96
- DQ. Canada White, 40.74 (Charles Allen, Neville Wright, Shannon King, Sam Effah)**
- DNF. Bahamas

Men's Distance Medley

1. Kenya, 9:29.79
2. United States Red, 9:30.66
3. World All Stars, 9:31.67
4. United States Blue, 9:32.12
- 5. Canada, 9:42.20 (Matt Lincoln, Adam Johnson, Andrew Heaney, Taylor Milne)**

Women's 4x400m

1. United States Blue, 3:22.16
2. Jamaica, 3:27.96
3. United States Red, 3:27.98
4. World All Stars, 3:30.34
- 5. Canada, 3:31.50 (Adrienne Power, Esther Akinsulie, Carline Muir, Ruky Abdulai)**
6. Russia, 3:42.68

Complete results: www.pennrelaysonline.com/Results/4262008.html



Dwight Thomas anchoring the victorious Jamaican 4x100m Relay at the Penn Relays. U.S. anchor Tyson Gay crosses fourth. Canadian anchor Brian Barnett crosses the line fifth. (Kirby Lee)

2 National Teams Announced

2008 IAAF World Race Walking Cup

May 10-11, 2008, Cheboksary, Russia

Team:

Rachel Lavallée – Senior Women 20km

Stafford Whalen – Team Leader / Head Coach

Event information: www.athletics.ca/page.asp?id=255



Rachel Lavallée

2008 Panamerican Combined Events Championships

(formerly the NACAC Combined Events)

May 31-June 1, 2008, Santo Domingo, Dominican Republic

Team:

Decathlon: Clifford Caines, Jamie Adjetey-Nelson, Craig Slaunwhite

Heptathlon: Jen Cotton

Team Leader / Coach: Vickie Croley

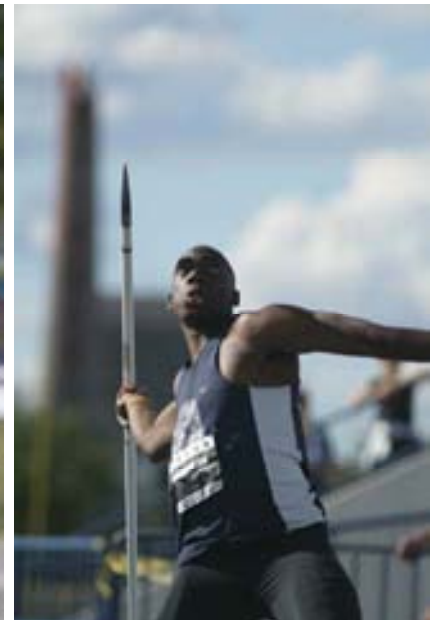
Event information: www.athletics.ca/page.asp?id=308



Clifford Caines



Craig Slaunwhite



Jamie Adjetey-Nelson

AC Partners with Accelerade and launches Club Fundraising Program

Athletics Canada recently unveiled the details of a new partnership with Accelerade which is highlighted by a Club Fundraising Program and a special promotion during the month of May to raise funds for Athletics Canada programs.

Club Fundraising Program

The fundraising program gives Athletics Canada Clubs, Members and Events the opportunity to purchase Accelerade at a discount price and then resell it at retail prices to fundraise. Visit the program site for more information - www.accelerade.ca/en/fundraising/athleticscanada

In-store Donation Promotion

Accelerade will donate 10 cents for every bottle of Accelerade sold during the month of May in Canadian Wal-Marts. Look for the promotion display and Accelerade product in WalMart stores in the “Sports Nutrition” section within the Pharmacy.

Accelerade is the first and only sports drink that features a patent-pending 4:1 carbohydrate to protein formulation scientifically-proven to benefit endurance athletes when consumed before, during, or after exercise. Accelerade’s formula with the unique 4:1 carbohydrate to protein ratio is clinically proven to extend athletes endurance, enhance rehydration, and speed muscle recovery.

“This partnership has been developed to assist Athletics Canada reach their objectives,” says Sarah Donaldson, Accelerade Ambassador. “We’re proud to partner with Athletics Canada because they truly are an athlete-centred organization, dedicated to helping improve athletic performance.”

See next page for more
info...

12th IAAF World Championships in Athletics



Berlin, Germany – 15-23 August 2009

The schedule of events is now available: www.berlin2009.org/115-1-time-table.html

Accelerade and Athletics Canada Launch Fundraising Program!



Do you want to train with a sports drink that we believe will give you a real competitive advantage? Introducing ACCELERADE advanced sports drink, with the added benefits of protein in a unique 4:1 carbohydrates to protein ratio that is clinically proven to extend endurance, enhance rehydration and speed muscle recovery.

Fundraising Program

Does your team, club or event need help raising funds? Accelerade and Athletics Canada have teamed up to introduce a fundraising program that can work for you!

With a purchase of a pallet of 96 cases, **you can make a profit of over \$600 for your team!**

Here's how it works:

You pay only \$21 / case (12 bottles per case) plus a flat shipping fee of \$72 for every pallet of cases you purchase. You can then resell the Accelerade for a suggested price of \$25 per case, or establish a per bottle cost, and use the funds to support your team. Retail price is \$2.49 per bottle (\$30 per case)

Here's how to get started:

Order what you want, provide us with your shipping and payment information, and you're set to start raising funds!* Go to www.accelerade.ca/en/fundraising/athleticscanada

*This program is not available to residents of Nunavut or North West Territories

Canadian Track and Field Trials logo unveiled

The host organizing committee of the 2008 Canadian Track and Field Championships and Olympic Games Selection Trials, held in Windsor, ON, July 3-6, unveiled the official event logo today. The logo, which was designed by Marcello Fontana and Shane Potvin of Hargreaves Mandal Stewart in Windsor, features a Chinese inspired depiction of the Ambassador Bridge.



“We believe the logo is a great symbol of our local community and also represents the role that the championships play in the selection of athletes to the Canadian Olympic team,” commented Marketing Committee Chair Eric Vandenbroucke.

Immediately following the Trials, on July 7, Athletics Canada will officially announce the names of the athletes which have met the Olympic Games Criteria and whose names will be submitted to the Canadian Olympic Committee (COC) to represent Canada in Beijing.

“The University of Windsor and the City of Windsor are extremely excited to be hosting the Canadian Olympic Trials for Track and Field,” added Local Organizing Committee Co-Chair Dennis Fairall. “This event will feature the outstanding talent that exists across the country in track and field and we are pleased to be the host of this significant event in 2008.”

It’s not too late to be a part of the action

Local event sponsorship opportunities are still available, interested parties can contact Eric Vandenbroucke, Marketing Chair at: evander@uwindsor.ca. National level sponsors can contact Mathieu Gentès, Athletics Canada Director of Marketing and Communications: mgentes@athletics.ca.

Joanne Mortimore, Athletics Canada Chief Executive Officer; “We have great corporate partners on-board and welcome the involvement of other companies who are as passionate as our organization. CBC Sports, Hershey’s, Mondo, Nike, RBC, and TransCanada are working closely with us to not only deliver a great track meet, but just as importantly, create a winning atmosphere for the athletes, volunteers, officials and fans.”

Ticket Information Announced

Tickets will go on sale beginning May 12 at 9:00am at various locations in Windsor. Additionally, tickets will be available online thru www.gamedaysports.ca or by phone at (519) 253-3000 ext. 2435.

Local Ticket outlet information -

Nantais Source for Sports, 2020 Tecumseh Road West, Windsor, ON, N9B 1V6

Access Tickets @ Bob Reaume Sports, 4275 Tecumseh Road East, Windsor, ON, N8W 1K2

The Running Factory, 5480 Wyandotte Street East, Windsor, ON, N8S 1L9

Windsor University Department of Athletics, University of Windsor, 2555 College Ave, Windsor, ON, N9B 3P4

2007 RBC Canadian Track and Field Championships winner of CSTA Award



The 2007 RBC Canadian Track and Field Championships were announced winners of the 2008 CSTA Sport Event of the Year Award (budget under \$250,000) at a ceremony on April 28 held in Gatineau, QC.

Hosted by the University of Windsor, the Windsor Legion Track and Field Club and the City of Windsor, the championships were held at University of Windsor Stadium from July 12 to 15. Over 900 athletes competed for Canadian titles in Athletics Canada's first fully integrated championships, staging both para-athletics and able bodied athletes in the same competition.

The Championships also served as the selection trials for the 2007 IAAF World Championships in Athletics which were later held in Osaka, Japan. Perdita Felicien from Pickering, ON and Gary Reed from Victoria, BC won silver in the 100 metre hurdles and 800 metres respectively. Chantal Petitclerc won gold in the 1500 metres wheelchair demonstration event.

Joanne Mortimore, Athletics Canada CEO,
accepting the award on behalf of the host
committee



AC partners with iRun magazine

Athletics Canada is proud to announce a new strategic partnership with iRun, Canada's new running magazine. The partnership takes effect with today's launch of the first issue of the magazine.

"This is a natural partnership that combines Canada's national running magazine with Canada's national governing body for track and field, road running, road racing and cross-country running," said Mark Sutcliffe, publisher of iRun. "We're thrilled to be working with Athletics Canada to provide a new resource for their members, and to tell all of our readers about the exciting things happening with national programs."

Each issue of iRun will include The Fast Lane, a two-page feature with stories and profiles on Canada's top runners and future stars. Copies of iRun will be distributed at Athletics Canada events, including the upcoming Canadian Track and Field Championships in July. The inaugural Fast Lane takes a look at Canada's middle distance depth with the spotlight on Megan Metcalfe, Gary Reed and Hilary Stellingwerff.

The first issue of iRun also features a history of great Canadian running moments, an argument for why Canada is a nation of runners, a tribute to Terry Fox, and contributions from Olympic champion Simon Whitfield, top marathoner Tania Jones and adventure runner Ray Zahab. More information is available at www.iRunNation.com.

2008 Team 2012 Athlete Identification List

Athletics Canada recently announced the 2008 edition of Team 2012, the athlete identification program for the 2012 Olympic Games. The program also serves to encourage developing athletes to transition to high performance teams, and recognize coach / athlete partnerships required to achieve world class success.

Initiated in 2007, Team 2012 evolves on a yearly basis to eventually closely resemble the team which will be named to compete at the London Games.

The program contains three categories of recognition:

- Gold – Athletes born in 1980 or later identified on the Road to Excellence program as targeted athlete or carded under the “international” criteria
- Silver – Carded athletes part of the national team program born in 1982 or later, with exceptions for 1981 birthdays members of a major national team.
- Bronze – Athletes nominated by their provincial branch and who display evidence of national and international competition success born in 1984 or later, with exceptions for athletes part of a targeted event born in 1982.

2008 Team 2012

<i>Name (DOB) Event</i>	<i>Coach</i>	<i>Club - Province</i>
Gold		
Dylan Armstrong (81) Shot put	Anatoliy Bondarchuk	Kamloops Track and Field - BC
Brian Barnett (87) 200m	Quin Sekulich	Capital City - AB
Nate Brannen (82) 1500m	Ron Warhurst	Tri City Track Club - ON
Tyler Christopher (83) 400m	Kevin Tyler	Legacy Athletics - AB
Perdita Felicien (80) 100mH	Gary Winkler	Over the Top - ON
Adam Kunkel (81) 400mH	Kevin Tyler	Legacy Athletics - AB
Priscilla Lopes-Schliep (82) 100mH	Anthony McCleary	Elite Edge - ON
Gary Reed (81) 800m	Wynn Gmitroski	Pacific Athletics - BC
Jim Steacy (84) HT	Larry Steinke	Chinook Track and Field - AB
Angela Whyte (80) 100mH	Wayne Phipps	Unattached - AB
Jessica Zelinka (81) Hep	Les Gramantik	Unattached - AB



Lopes-Schliep



Armstrong



Zelinka

HT=Hammer throw / SP=Shot put // LJ=Long jump / TJ=Triple jump / PV=Pole vault / SC=Steeplechase / mH=hurdles / HJ=High jump / RW=Race walk

Silver

Jamie Adjetey-Nelson (84) Dec	Dennis Fairall	Windsor Legion - ON
Richard Adu-Bobie (85) Relay	Glenroy Gilbert	Ottawa Lions - ON
Esther Akinsulie (84) 400m	Hugh Conlin	Ottawa Lions - ON
Simon Bairu (83) 10km	Jerry Schumacher / S. Gersten	Queen City Striders - AB
Kurt Benninger (85) 1500m	Geordie Farrell	Saugeen Track & Field Club - ON
Massimo Bertocchi (85) Dec	Andy Higgins	University of Toronto - ON
Megan Brown (85) 1500m	Hugh Cameron	Newmarket Huskies - ON
Tabia Charles (85) TJ	Desai Williams	Elite Edge - ON
Jared Connaughton (85) Relay	Monte Stratton	Sparta Athletics - PEI
Andrew Ellerton (83) 800m	Ron Warhurst	Track North - ON
Sultana Frizell (84) HT	Anatoliy Bondarchuk	Ottawa Lions - ON
Julia Howard (83) 800m	Brit Townsend	Valley Royals - BC
Kelsie Hendry (82) PV	Rick Petrucha	Riverdale Athletics - SK
Rebecca Johnstone (84) 800m	Brit Townsend	Valley Royals - BC
Mike Leblanc (87) Relay	Dave Hegland	SE Athletics - NB
Matt Lincoln (82) 1500m	Bill Stephens	Phoenix AA - ON
Mike Mason (86) HJ	Laurier Primeau	Valley Royals - BC
Megan Metcalfe (82) 5000m	Sean Cleary	Edmonton Sprint Academy - AB
Carline Muir (87) 400m	Kevin Tyler	Legacy Athletics - AB
Adrienne Power (81) 200m	Peter Lord	Halifax Tigers - NS
Gavin Smellie (86) Relay	Erik Jenkins / Marc Christie	Mississauga Track and Field - ON
Crystal Smith (81) HT	Jud Logan	Unattached - BC
Hilary Stellingwerff (81) 1500m	Dave Scott-Thomas	Speed River Track & Field Club - ON
Geneviève Thibault (86) 100m	Kevin Tyler	Unattached - QC
Justyn Warner (87) Relay	Clifford Linton / Anthony D'Oliveira	Phoenix AA - ON



Kelsie Hendry



Esther Akinsulie



Matt Lincoln



Crystal Smith

Bronze

Ruky Abdulai (85) LJ	Brit Townsend / Jerrod Jones / Tom Dickson	Valley Royals Track & Field Club - BC
Caitlain Bailey (88) 800m	Randy Thomas	Unattached - ON
Lindsay Carson (89) 1500m	Peter Grinbergs / Dave Scott-Thomas	Tri-City - ON
Jessica Czaikowski (84) 100m	Ken Lansing	South Simcoe Dufferin - ON
Andrew Dargie (87) 400m	John Cannon	Unattached - AB
Jillian Drouin (86) Hep	Joel Skinner	Sarnia Athletics Southwest - ON
Gabriella Duclos-Lasnier (88) PV	Jean Lépine	Rouge et Or - QC
Nicole Edwards (86) 1500m	Diane Sproll / Mike McGuire	Unattached - MB
Nathalie Geiger (90) 400m	Dave Hunt	University of Toronto - ON
Alex Genest (86) SC	Pierre Thibodeau	Phenix - QC
Justin Greif (87) SP	Alex Johnstone	Tisdale Track - SK
Geoff Harris (87) 800m	Dan Hennigar	Halifax Tigers - NS
Andrew Heaney (88) 800m	Bill Stevens	Phoenix AA - ON
Kimberley Hyacinthe (88) 200m	Daniel St-Hilaire	St-Laurent Sélect - QC
Adam Johnson (88) 400m	Craig Blackman	I Be Fast Track Club - ON
Natasha Issajenko (89) 100m,200m	Angela Issanjenko	Mississauga Track & Field Club - ON
Geoff Kerr (84) 1500m	Doug Lamont	University of Calgary - AB
Shannon King (86) 100m	Desai Williams	Elite Edge - ON
Rachel Lavallée (86) RW	Stafford Whalen	Etobicoke Track & Field Club - ON
Jenna Martin (88) 400m	Erin Tucker	Athletics East Nova Scotia - NS
Yvonne Mensah (85) 100m	Gary Winkler	Unattached - BC
Sabrina Nettey (90) 100m	Mike Murray	Kajacks Track and Field - BC
Hank Palmer (85) 200m	Daniel St-Hilaire	St-Laurent Sélect - QC
Keynan Parker (90) 100m	Winston Rechord	Burnaby Striders - BC
Emmanuel Parris (82) Relay	Kevin Tyler	CA Sherbrooke - QC
Jessica Parry (91) 800m	D. Mills / J. Takahashi	London Western - ON
Sherraine Pencil (85) 200m	Wellesley Johnson	Project Athletics - ON
Jonathan Reid (88) 400m	Amber Larson	Unattached - ON
Adam Seabrook (85) 400m	J. Crossley	London Western - ON
Jessica Smith (89) 800m	Ashley Weber	Norwesters - BC
Heather Steacy (88) HT	Larry Steinke	Chinook Track and Field - AB
Brianne Theisen (88) Hep	Todd Johnson	Theisen Track - SK
Nathan Vadeboncoeur (84) 400m	Self-coached	Winnipeg Optimist Athletics - MB
Sarah Wells (89) 400mH	Dave Hunt	University of Toronto - ON
Danelle Woods (89) SC	Ray Elrick	Ottawa Lions - ON
Mike Woods (86) 1500m	Ian Clark	Ottawa Lions - ON
Jason Wurster (84) PV	Arye Rosenoer	University of Toronto - ON

Trio of Communities host World Athletics Day 2008

Athletics Canada is pleased to announce that the St Albert Challenge (St Albert, AB), Combine Select (Saint Laurent, QC), and Keeper Athletics Track and Field Meet (Sioux Lookout, ON) will all host events as part of the International Association of Athletics Federations World Athletics Day 2008. World Athletics Day is an initiative to promote athletics to youth worldwide; over 140 countries participated in 2007. The event has been held in early May across the globe for more than 10 years.

This year's event includes two age categories; youth athletes (born 1991 and 1992) and the second will be a school based age grouping (born 1993, 1994 and 1995).

As in past years all event winners will be entered into a draw to win a trip to the Herculis Meeting in Monaco, taking place in July. Sabrina Nettey of Surrey, BC was one of 18 world-wide winners last year who were invited to attend the World Championships held in Japan.

For more information on World Athletics Day 2008, please visit www.athletics.ca/page.asp?id=131

Athletics Canada is the national sport governing body for the sport of track and field, cross-country running, road running and road racing.

World Athletics Day 2008 Canadian Information

St Albert Challenge

Fowler Athletic Park - St Albert, Alberta

May 10-11, 2008

Event contact: Laureen King (wlking@shaw.ca)

Combine Select

Ben Leduc Track – Saint Laurent, Quebec

May 17, 2008

Event contact: Edvige Persechino (ed@wingxstol.com)

Keeper Athletics Track and Field Meet

Queen Elizabeth District High School – Sioux Lookout, Ontario

May 31, 2008

Event contact: Scott Haines (hiitter@hotmail.com)



**2008 ATHLETICS CANADA
Governance Congress & AGM**
May 23-25th, 2008
Delta Ottawa Hotel & Suites

**Registration is now open for the 2008
Athletics Canada Governance
Congress & AGM**

**Register by April 15 for the Early Bird
rate. The deadline to register is May 14**

**Book your travel through Boulevard
Travel and Westjet and save 10%**

**For more information, please visit
<http://www.athletics.ca/page.asp?id=293>**

Ontario Para-Athletics Championships



The organizing committee for the Boiling Point Wheelchair Track Classic is excited to announce that the Inaugural Ontario Para-Athletics Championships will be held in Windsor this coming July.

A partnership has been struck between the Ontario Cerebral Palsy Sports Association and the Ontario Wheelchair Sports Association to hold a stand-alone track and field championship for their member athletes. The event will be held on July 12, 2008 in conjunction with the 2nd annual Boiling Point Wheelchair Track Classic, an international, multi-disability track and field meet. The fastest Ontarian's in the Open and Junior age groups will be recognized. Events will be offered in all IPC recognized disability groups. The partnering of these two events provides a top level competition for all of Ontario's Para-Athletic athletes. With the international flavour of the Boiling Point meet, many of Ontario's juniors will get a chance to see some of their international heroes compete.

Boiling Point Founder, Jeff May had this to say about the event. "We here at Boiling Point are very excited to be hosting the inaugural Ontario Para-Athletics Championships. There is no doubt in my mind this will strengthen the developmental aspect of Boiling Point while giving more young athletes a chance to see elite international athletes live in person. We have been committed to growing the sport through our coaching symposium, developmental and elite competitions. This partnership can only enhance our unique package as we cement ourselves as the premiere Para-Athletics competition on the international calendar."

The addition of the Para-Athletics Championships will add yet another great competitive opportunity for local athletes with physical disabilities in Windsor this July. See Windsor's July Series of Meets below.

- Canadian Track and Field Championships and Olympic Games Selection Trials - July 3-6
- Windsor Bulldogs Twilight – July 9
- Boiling Point Coaches Symposium – July 11
- Boiling Point Track Classic featuring the Ontario Para-Athletics Championships – July 12

For more information, Contact Jeff May at 519-819-4186 or mayday@jeffmay.ca, or Boiling Point General Manager – Dave Greig at 519-977-9069 or greigdg@hotmail.com

The Boiling Point Website is www.jeffmay.ca/boilingpoint



Felicien named Ontario's 2007 Female Athlete of the Year

On Saturday April 26, Perdita Felicien of Pickering was named Ontario's female athlete of the year for 2007.

The award was announced during the Ontario Sports Award banquet where the Province honoured 46 athletes, coaches, officials, volunteers and sponsors.

“The Ontario Sport Awards celebrates amateur sport and recognizes dedication and commitment,” said Margaret Best, Ontario's Minister of Health Promotion. “The Ontario government applauds our athletes who are role models for active, healthy living and the entire sport system for advancing excellence in sports.”



Felicien at the 2007 World Championships

Guillaume Leblanc inducted to COC Hall of Fame

On April 12 at a ceremony held in Calgary, Alberta, Guillaume Leblanc was inducted to the Canadian Olympic Committee's Hall of Fame. Leblanc was inducted alongside figure skater Barbara Ann Scott, speed skater Catrina Le May Doan, The RCAF Flyers hockey team, women's hockey coach Danièle Sauvageau as well as Frank King and Bill Warren. For more information on the 2008 COC Hall of Fame Induction Weekend please visit: www.olympic.ca/EN/hall-of-fame/home.shtml

About Guillaume Leblanc

Leblanc is a three-time Olympian and silver medallist in the 20km race walk. After finishing 10th in Seoul in 1988, Leblanc came back to capture silver in Barcelona four years later – Canada's best-ever race walking result. He also won gold at the Jeux de la Francophonie in 1989 and at the 1990 Commonwealth Games. In 1990, Leblanc claimed the world record for the 30km walk. He still holds the Canadian 30km and 10,000m senior records as well as the 10km junior record.



Leblanc at the 1992 Olympic Games

2008-2009 Para-Athletics Athlete Assistance Program

The 2008/2009 **Para-athletics** Athlete Assistance Program (Carding) Criteria has been finalized, approved by Sport Canada and posted on Athletics Canada's website: www.athletics.ca/page.asp?id=303.

Canada

2008 Paralympic Ambassador Team

Some of Canada's most recognized Paralympic athletes were at Ottawa's Clifford Bowey Public School on April 28 to launch the Canadian Paralympic Committee's Beijing 2008 Ambassador Team program.

Wheelchair racer and Paralympic multi-gold medallist Chantal Petitclerc discussed with the students the role sport has played in her life and how support can help propel athletes to greater performances.

Petitclerc, a member of the CPC's Beijing 2008 Ambassador Team, also took on a few of the school's teachers in a fun wheelchair race.

The other members of the Beijing 2008 Paralympic Ambassador Team are swimmer Benoit Huot, swimmer Valérie Grand'Maison, **runner Jason Dunkerley**, wheelchair rugby player David Willsie, hand cyclist and Paralympic cross-country skier Shauna Maria Whyte, swimmer Kirby Coté, goalball player Amy Alsop, swimmer Stephanie Dixon and table tennis player Ian Kent.

Jason Dunkerley, Benoit Huot, David Willsie and Chantal Petitclerc participated in the launch. Podi, the official mascot of the CPC's It's the Real Deal online schools program sponsored by Petro-Canada, was also on hand.



"The Ambassador program is aimed at increasing overall awareness of our Canadian Paralympic athletes and the Paralympic Movement in the lead up to and beyond the upcoming Beijing 2008 Paralympic Summer Games," said CPC President Carla Qualtrough, who was in Ottawa for the program's launch. "The members of the Ambassador program will be participating in various public events, such as the Canada Day celebrations, Toronto Blue Jays Game, Saskatchewan Roughriders Game, to raise awareness of the role sport can play in the lives of Canadians with a physical disability."

The Beijing Paralympic Games run from September 6-17, 2008. The Paralympic Games are/is the premiere sporting event for athletes with a physical disability.

For more information on the CPC's Ambassador Team Program:

www.paralympic.ca/page?s=154&lang=en-CA

Top right: Chantal Petitclerc in the demonstration 1500m at the 2007 World Championships. Bottom left: Jason Dunkerley at the 2007 Parapanamerican Games.

5th Annual Mercedes-Benz Classic Mile set for June 14

The 5th Annual Mercedes-Benz Classic Mile will be held once again at Galt Collegiate Institute on Saturday June 14th. The event has attracted worldwide attention and is held on the crushed brick track at Ontario's oldest high school, Galt C.I.

The day begins at 4:00 p.m. with age class mile races for hundreds of competitors as young as 7 all the way up to Masters. Indeed, world renowned master's competitor Ed Whitlock competed here last year at the age of 76. The highlight of the Cambridge Classic Mile is always the men's invitational race. The winner will receive the keys to a brand new Mercedes Benz B200 Sedan if he breaks the four minute barrier.

In 2005 Kenya's Laban Rotich recorded 3:58.9 to win a car. The following year Rotich returned and held off Cambridge's own Commonwealth 1,500m silver medalist Nathan Brannen in a thrilling tactical race. Last year Rotich brought along his younger brother Shedrack Korir and set the pace for him. Their tactics were successful and Korir recorded a new meet record of 3:56.05 to win the Mercedes.

Past winners in the women's elite mile have included 2004 Canadian Olympian Carmen Douma-Hussar of Cambridge, the 2004 IAAF World Indoor 1,500m silver medalist.

For More information:

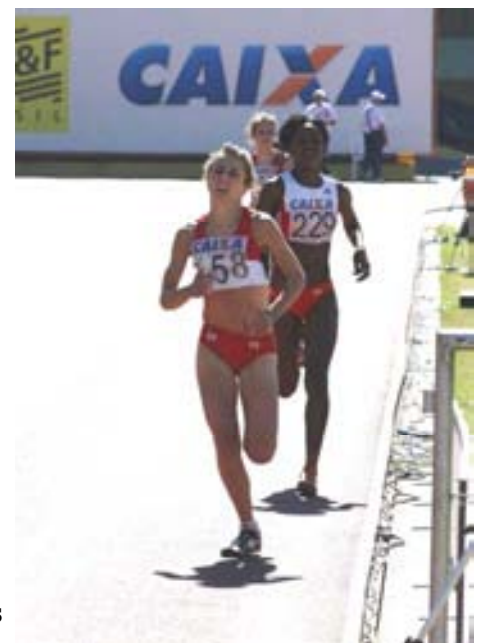
Race Director John Carson (519) 623 5340

Media Relations Director Paul Gains (519) 622-8028

Lindsay Carson wins Ottawa Race Weekend's Athletic Scholarship

The Ottawa Race Weekend recently chose Lindsay Carson as its 2008 National Scholarship winner. Unanimously selected by the judging committee, Lindsay is already making her mark in distance running, with her latest achievement including being crowned the Canadian Interuniversity Sport (CIS) athlete of the year and rookie of the year.

The National Scholarship is intended to encourage rising stars in distance running. According to elite athlete coordinator, Manny Rodriguez, "Lindsay embodies the type of athlete that we are proud to assist". Lindsay is also a model student who also finds time to volunteer in the community.



Lindsay at the 2007 Pan Am Junior Championships

News from the IAAF

Anti-Doping Rules – World Anti-Doping Code

On 17 March 2008, the IAAF received a communication from WADA announcing the revised World Anti-Doping Code. The Code is now available for downloading from the WADA Website by the following link:

www.wada-ama.org/en/dynamic.ch2?pageCategory.id=735

The amendments to IAAF Rules resulting from the new World Anti-Doping Code shall be made at latest in November 2008.

Amendments to Competition Rules 2008

In accordance with Article 6.11(c) of the IAAF Constitution, the Council made interim amendments to the IAAF Competition Rules 2008 as follows:

- Amended Rules: 5.1, 5.2, 22.1, 143.7, 144.1, 144.2(c), 146.6, 187.4;
- New Rule: 9.

These amendments and new rule shall be in force on 1st May 2008. The details are also published on the IAAF Website.

Interpretation of Rule 187.9/187.17 – Javelin Throw Runway

The new marking added to javelin runways four metres back from the end points of the throwing arcs only assists in speeding up measuring the throw if athletes choose not to leave the runway quickly and it does not, in any way, determine whether an athlete has failed.

If any athlete throws from behind this four metre point or retreats behind that point at any time before the implement lands it would not, for that reason, be a failure.

IAAF Race Walking Challenge Final 2008

The Final of the Race Walking Challenge will be organized in Murcia, Spain on 20/21 September 2008 (weekend after the WAF in Stuttgart).

Youth Olympic Games (YOG) 2010

On 21 February 2008, the IOC awarded the organization of the 1st Youth Olympic Games in July 2010 to Singapore.

With regard to Athletics, the following key principles have been agreed with the IOC:

- The quota of athletes shall be 680.
- The Area/Continental Phase for the purpose of Area Team qualification.

By May 31 2009 five Area/Continental Championships shall be organized (Africa, Asia, Europe, Oceania and North America, Central America and Caribbean (NACAC) and South America (CONSUDATLE) jointly).

The YOG Technical Regulations are being finalized and will be provided to Member Federations and Area Associations.



Mercedes-Benz

Mercedes-Benz Classic Mile

Cambridge, Ontario

JUNE 14, 2008
3:30–8:30pm



Join us on June 14th as we continue to pay tribute to the **Old School** tradition established by Roger Bannister in 1954. In Cambridge you will share the track with some of the world's most accomplished runners. After your race enjoy the festival of live music, fresh strawberries, ice cream, running camaraderie, and community spirit that have become legendary at this humble field of dreams.

On-line Registration opens April 15, 2008.

NO RACE DAY REGISTRATION!

\$20 race entry before May 15

\$150.00 team entry available: contact Kres_sullivan@hotmail.com

One Mile Race Categories

The Classic Mile provides a number of races to accommodate runners of all ages and abilities. *Entries are limited. Please apply online to secure a spot on the starting line.*

Elementary School Aged participants

Junior High School Aged participants
High School Participants

TnFnorth High School Invitational
LetsRun.Com Old School Collegiate Mile
Open
Masters
Elite

Grade 4 and under

Grades 5/6

Grades 7/8

Grades 9/10

Grades 11/12

Grades 9-12

Any college/university students

20-39

10 year age categories beginning at 40

Contact race director

LetsRun.com

For specific event details please contact:

John Carson

519.623.5340

Carson.j@sympatico.ca



www.mercedes-benzclassicmile.ca



2008 Canadian Championship Series



Canadian Half Marathon Championships - April 20 - Montreal, QC

Canadian Marathon Championships - May 25 - Ottawa, ON

Canadian 10,000m Championships - June 4 - Toronto, ON

Canadian Track & Field Championships - July 3-6 - Windsor, ON

Canadian Junior Track & Field Championships - July 25-27 - Abbotsford, BC

The Legion Canadian Youth Athletic Championship - August 4-12 - Sherbrooke, QC

Canadian 10km Championships - October 18 - Ottawa, ON

Canadian Cross-Country Championships - November 29 - Guelph, ON

To submit a story or an idea for an upcoming issue please contact Mathieu Gentès,
mgentes@athletics.ca

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