



**THE GOLD STANDARD
LA RUÉE VERS L'OR**



2010 JANUARY 9 CELEBRATED



2009 AC Awards presented by Mondo

On November 14th in Vancouver, BC athletes, coaches and officials were honoured as part of Athletics Canada's 2009 Awards Gala. Many special guests were on hand to help make the presentations including Charmaine Crooks and Robert "Blast Off" Esmie.

[Click to see the Winners](#) →



AGSI Canadian XC Championships

Kendra Schaaf (above) is Athletics Canada's athlete of the month after her XC victory on the weekend; Simon Bairu took the men's title.

[Complete Results](#) →



Women in Coaching; Celebrating the Success of Canadian Women Coaches

Vickie Croley holds a faculty position as a coach and lecturer at the University of Western in London, ON. She is Head Coach of the Men's and Women's Track and Field teams specializing in high jump and combined events.

Athletics Canada interviews Vickie as she balances her coaching, teaching, family life and numerous other commitments.

- [Click for the complete Interview](#) -

Athletics Canada honoured as 2009 Sheila Robertson Award Recipient

[More Information](#) →



Earlier this month the CMAA announced a special "Championship Membership" to facilitate non full members in competing at the 2010 W M A I n d o o r Championships held in Kamloops, BC.

[More Information](#) →



Tim Berrett retires from competition

Tim's love of track and field blossomed in his native Great Britain, however his international career blossomed after moving to Canada in 1987. His career includes 5-Olympic Games, 2 Commonwealth Games podiums and has competed on a world record 9 World Championship teams. AC wishes Tim all the best in the coming years as he continues his involvement in the sport as a volunteer with Athletics Alberta.

- [Click to see Tim's bio](#) -

Bruny Surin and Paul Pöce to be inducted into Canadian Olympic Hall of Fame

[More Information](#) →

