



2018 COMMONWEALTH GAMES

SELECTION CRITERIA

Selection Criteria Amendments

- **July 4, 2017 – Section 3.5 Canadian Championships Requirement**

10,000m athletes must compete at one of the following Canadian Championships during the qualifying period (the 10k championships in Ottawa, the 10k championships in Guelph, the 5,000m in Ottawa, the 5k championships in Toronto or the Cross Country championships in Kingston).

Marathon athletes must compete at a Canadian Championships between October 16, 2016 and December 31, 2017 (eligible events include the Marathon Championships in Toronto, the Cross Country championships in Kingston, the Half Marathon Championships in Calgary, the 10k championships in Ottawa, the 10,000m Championships in Guelph or the 5,000m at the Track and Field Championships in Ottawa).



2018 COMMONWEALTH GAMES

SELECTION CRITERIA

OVERVIEW

All selections will be made in accordance with Athletics Canada's (AC) [National Team – Selection Rules Book](#). AC is limited in entries by Commonwealth Games Canada (CGC) rules and regulations that will always take precedence should there be any contradictions contained within the Selection Criteria (the "Criteria"). Attached to the Criteria, and forming an integral part of it, is an Appendix. The National Team Committee (NTC) is responsible for the implementation of the Criteria and has the sole authority and discretion to make all decisions relating to the selection of the team for the Commonwealth Games.

1 GENERAL INFORMATION

1.1 Event Location

Gold Coast, Australia

1.2 Important Dates

Important Dates		
DATES	DESCRIPTION	LOCATION
Oct 16, 2016 – Dec 31, 2017	Qualifying Period – Marathon	
Jan 1 – Dec 31, 2017	Qualifying Period – All Other Events	
Dec 31, 2017	Declaration Deadline	Online Form
Jan 5, 2018	Selection Date	
March 23, 2018	Depart Canada	
March 25 – April 5, 2018	Pre-Camp	Gold Coast, Australia
April 8 – 15, 2018	Athletics Competition	Gold Coast, Australia
April 16, 2018	Depart Australia	

1.3 Eligibility

To be eligible to participate in the 2018 Commonwealth Games, an athlete must meet the following requirements:

- be a registered member of an Athletics Canada Branch at the time of qualification and through the 2018 Commonwealth Games;
- hold Canadian Citizenship by the Selection Date;
- declare interest via the Online Form as per the dates outlined in section 1.2;
- comply with the Final Phase Preparation Requirements as outlined in section 4;
- be otherwise eligible to participate in the 2018 Commonwealth Games as per the eligibility requirements of the IAAF, Commonwealth Games Federation and Athletics Canada;
- have a Canadian passport valid until at least November 1, 2018;
- compete at a Canadian Championships during the Qualifying Period as outlined in section 3.5;
- for Para athletes, be IPC licensed for the 2018 summer season and minimally hold a



“R”, “N” or “C” IPC level classification;

- sign the Commonwealth Games Canada (CGC) Athlete Agreement by January 31, 2018; and
- the NTC will consider requests to compete on any other National Team events on a case-by-case basis.

1.4 Events

- Able-bodied: 100m, 200m, 400m, 800m, 1500m, 5000m, 10,000m, Marathon, 3000m S/C, 100mH (women), 110mH (men), 400mH, HJ, PV, LJ, TJ, SP, DT, HT, JT, HEP/DEC, 20km RW, 4 x 100m, 4 x 400m.
- Para Men: 100m T11/12, T37/38, T45/46/47, 1500m T53/54, Marathon T53/54, SP F37/38
- Para Women: 100m T35, T37/38, 1500m T53/54, Marathon T53/54, LJ T37/38, JT F45/46

1.5 Maximum per Event

The Commonwealth Games allow a maximum of three (3) athletes per country per individual event.

1.6 Declaration Deadline

Athletes are required to declare their interest to participate by completing the online form no later than December 31, 2017. **Failure to complete declaration by the deadline will render the athlete ineligible for selection.**

1.7 Selection Date and Team Announcement

The NTC will make team selections on January 5, 2018. AC will announce the team through established communication channels (Branches, AC website, bulletin); athletes selected to the team will be contacted directly.

1.8 Funding

This team will be 100% funded by Athletics Canada and Commonwealth Games Canada.

1.9 Team Size Quota

The current team size quota is 36 Able-Bodied Athletes and 9 Para Athletes, which is subject to change by the CGC.

2 TEAM OBJECTIVES

- To improve upon Athletics Canada’s number of medals (17) from the 2014 Commonwealth Games.
- To improve upon Athletics Canada’s number of Top 5 performances (25) from the 2014 Commonwealth Games.

3 SELECTION PROCESS

All selections will be made in accordance with Athletics Canada’s (AC) [National Team – Selection Rules Book](#). All selections are subject to approval by the CGC.



NOTE: It is the responsibility of the athlete to submit eligible performances to Athletics Canada at results@athletics.ca in order to be considered for selection.

3.1 The National Team Committee (NTC)

The NTC is comprised of the following:

- **Chair**
- **Voting Members** - Athletics Canada Technical Staff (two), Event Specialists (two), Branch Representatives (two, as designated by Branch Council), and Athlete Representatives (two, as designated by the Athlete Directors). In the case of a tie, the Chair of the NTC has the tie-breaking vote.
- **Non-Voting** – Can be asked to be present at parts of an NTC Selection Meeting depending on expertise and input required, but might include: Athletics Canada coaching and Integrated Support Team (“IST”) staff as necessary, statistician, legal advisor, as required.

3.2 Selection Process for Able-Bodied Athletes

Eligibility Pool – To be included in the Eligibility Pool, eligible athletes (see section 1.3) must be within 98% of the 5th ranked performance in the Commonwealth (max 3 per country*) during the Qualifying Period (see section 1.2) using IAAF point scores.

***NOTE: The United Kingdom is divided into several Commonwealth nations, each with the ability to send 3 athletes per event. A final ranking document will be published prior to team selection.**

The following steps identify the priorities for athlete selection. Selections will be exhausted within Step 1 before considering athletes in Step 2. Selections will continue until the athlete quota is reached.

Step1: Athletes from the Eligibility Pool and relay teams that are ranked top 5 in the Commonwealth will be ranked using IAAF point scores and may be selected in priority order.

Step 2: Remaining athletes from the Eligibility Pool will be ranked based on their proximity to the 5th ranked performance using IAAF point scores.

NOTE: Ties will be broken in the following priority order:

- 1) 2nd best performance within the Qualifying Period
- 2) Head-to-head results within the Qualifying Period
- 3) Most recently achieved standard

If athletes remain in a tie, the NTC will apply its discretion to break the tie.

3.3 Selection Process for Para Athletes

Para Athletes will be invited by the CGF (Commonwealth Games Federation).

3.4 Selection for Relays

Team Qualification – General Requirements

Teams must be comprised 100% of eligible athletes (as per section 1.3). At least **2** athletes on each relay team must be included in the Eligibility Pool for an individual event and the



relay team must be ranked top 5 in the Commonwealth, in order for the NTC to select a relay team. Only **4** athletes will be selected per relay team.

Relay Eligibility Pool

Athletes will be selected to the AC National Team Relay Eligibility Pool (the “Relay Eligibility Pool”) based upon nomination by the AC Relay Coach (using his/her discretion) after considering the principles and criteria set out in Appendix B.

All athletes who have been named to the Relay Eligibility Pool will be eligible for selection to the relay team. Athletes must sign the Relay Team Athlete Agreement (Appendix B) to be eligible for selection to the team for the event. Being named to the Relay Eligibility Pool does not guarantee selection to a relay team.

Final Relay Team Selection

Selection of athletes from the Relay Eligibility Pool to the Relay Team will be made by the NTC based upon the recommendation of the AC Relay Coach and an assessment of the principles and criteria set out in Appendix B.

Relay Position Assignments

Once a Relay Team is selected, individual athlete selection and running position for the actual event will be at the discretion of the Event Relay Coach.

3.5 Canadian Championships Requirement:

NOTE: Athletes must compete at a Canadian Championships in the Qualifying Period for this event as stated in section 1.2 of these Criteria, unless they receive a medical exemption from the AC Medical Lead, Dr. Paddy McCluskey.

Combined events athletes must compete at the Canadian Championships in either the combined events or specific events as outlined in an agreement with the AC Combined Events Coach.

Race Walk athletes must compete at the Canadian Championships.

10,000m athletes must compete at one of the following Canadian Championships during the qualifying period (the 10k championships in Ottawa, the 10k championships in Guelph, the 5,000m in Ottawa, the 5k championships in Toronto or the Cross Country championships in Kingston).

Marathon athletes must compete at a Canadian Championships between October 16, 2016 and December 31, 2017 (eligible events include the Marathon Championships in Toronto, the Cross Country championships in Kingston, the Half Marathon Championships in Calgary, the 10k championships in Ottawa, the 10,000m Championships in Guelph or the 5,000m at the Track and Field Championships in Ottawa).

All other athletes must compete at the Canadian Track & Field Championships in Ottawa.

4 FINAL PHASE PREPARATION REQUIREMENTS

4.1 Training and Competition Plan

Selected athletes (and/or their coaches) are required to present a training and



competition plan for the period January 12 – April 15, 2018 to Manager, Athlete Services Corey Dempsey at cdempsey@athletics.ca on or before January 12, 2018.

All plans must address the following:

1. The schedule and list of planned competitions, travel and training locations.
2. Present a training cycle for the final phase showing patterns of training load and recovery on a weekly basis.
3. Injury prevention and medical intervention strategies if applicable.

Athletes must notify AC in **WRITING** of any changes to their plans.

4.2 Injury or Illness

Athletes who arrive at an international competition injured or ill consume a disproportionate amount of IST time and resources that should be spent on preparing healthy athletes to compete at their best. It is therefore AC's intention to work with the selected athletes that have been injured or ill to help them recover in time for the competition with a minimal impact to training, or (in the event that full recovery is not possible for this competition) to ensure full recovery so that full training can resume and long-term potential is optimized. With this in mind, the NTC reserves the right to deselect injured/ill athletes who are not sufficiently healthy/fit to perform at their best at the competition.

Once selected, and ongoing until the Commonwealth Games, athletes are required to immediately report any injury, illness, or change in training status that could affect their ability to compete at their highest level. Failure to properly report injury or illness prior to the event may result in the athlete being deselected and held financially responsible for all the athlete's costs associated with the event. Notification must be sent immediately to Manager, Athlete Services Corey Dempsey at cdempsey@athletics.ca.

Once notified of an athlete's injury, illness or change in training status that could affect their performance, AC team staff will work with the athlete, coach and local/national team IST resources to ensure that a complete injury and illness assessment has occurred and a recovery plan is in place. This assessment will include a determination of the athlete's potential for recovery and ability to compete at their best. This determination will comprise of two steps:

STEP 1: Medical Clearance

Generally done by local IST in collaboration with AC's national IST and consists of 2 phases:

- a) An initial medical evaluation and paramedical assessment(s) to confirm the diagnosis and determine if/when the athlete is fit to return to full training or competition.
- b) A functional evaluation by IST with experience specific to the event demands (and injury or illness if applicable). This may include assessment of the athlete's movement pattern, for example, during a run, hurdle, jump, walk, or throw to identify dysfunctional movement patterns that may be contributing to the injury



and potentially increase the risk of re-injury or undermine their competition performance.

STEP 2: Specific Evaluation

Following medical clearance by the medical team, a more comprehensive physical readiness test (the “Performance Test”) to compete will be established as follows:

- Determination of the Performance Test will involve the AC national event group coach, the event head coach, and the personal coach.
- The Performance Test will vary according to the event, injury or illness.
- The Performance Test will be objective, measurable, fair, realistic, specific to the event, and challenging.

In the case that the athlete is deemed unfit to resume training/competition, or does not meet the Performance Test standard, the athlete would be declared unready for competition and the results of the two steps will be forwarded to the NTC for a decision.

The NTC will use all available information at their disposal including performance results and progress in the final phase, suitability of the training and competition plan, fitness and other final phase indicators, consultation with the AC national event group coach, AC national IST leads, the athlete’s personal IST, and any other performance related information (ie Performance Test results when applicable) to determine if the injured/ill athlete will be deselected and will not travel with the team.

The NTC may nominate the next eligible athlete, provided that the alternate athlete has proven their preparation during the final phase and meets all event specific requirements in regards to qualifying standards and timelines.

4.3 Health Questionnaire and Anti-Doping

Upon selection, all athletes will be required to complete a Medical Information Form. These questionnaires will ask athletes to declare all supplements and medications that are being used prior, during and after the event. Athletes who need to take medications while competing **must** ensure they have a completed and approved IAAF Therapeutic Use Exemption (TUE), if required, prior to selection. **Note:** It is not the responsibility of the AC team physicians to complete the documents for TUEs on behalf of the athlete. This should be done by the physician who prescribed the medication that requires the TUE. AC team physicians are available, however, for questions related to whether or not a TUE is required. Information regarding the TUEs for IAAF events can be found here:

<https://www.iaaf.org/about-iaaf/documents/anti-doping>.

5 APPEALS

Only athletes who are eligible to be considered for selection (see sections 1.3 and 3) may submit an appeal for selection to the Commissioner’s Office. Please refer to the [National Team Selection – Rule Book](#) and the [AC Rules and By-laws](#) Section 140.06 & 140.07 for further information. An appeal has to be submitted to the following e-mail address athleticscanadacommissioner@gmail.com.



Contact the Chief Financial Officer Sylvie King (sylvie.king@athletics.ca) for payment options of the \$250 appeal fee. The appeal will not be reviewed until the appeal fee has been paid.

6 AMENDMENTS TO THE CRITERIA

The NTC reserves the right to amend the Criteria prior to the Selection Date. The NTC may amend the Criteria under the following circumstances:

1. When additional (or altered) information that is deemed relevant by the NTC to the Criteria is provided by external parties, such as (but not limited to) an event organizing committee, Sport Canada, the Commonwealth Games Canada, IAAF, or any other relevant organization; and
2. To correct, clarify or amend any inconsistencies, errors or omissions in the Criteria.

Any amendments made by the NTC are deemed to come into effect immediately upon publication on the AC website. The NTC will publish the amended Criteria by whatever means and wherever the original Criteria were published.



Appendix B

Athletics Canada (AC) National Relay Team Athlete Agreement

Overview

In order to be successful in Gold Coast we must continue the momentum we built with the AC National Relay Program since Beijing in 2008. Again, the relay program's fundamental principles are identified below. Athletes who are part of the National Relay Program are expected to adhere to these principles. Athletes selected for the national relay program must sign and return this agreement by November 30, 2017.

Fundamental Principles

1. The relay is a team event and all members are equal.
2. A common vision among team members is critical for success.
3. Open communication is encouraged among athletes and coaches.
4. Full cooperation on and off the track is expected; team cohesiveness is essential.
5. Athletes must have an open mind and a willingness to learn and adapt to relay ideas.
6. Selection of the team will be at the sole discretion of AC coaching staff with approval by the NTC.
7. Versatility as it pertains to relay running position is a must.
8. The goal is to assemble the best possible group of athletes in an order that will best benefit the team. Running order will be determined by the designated event Relay Coach and athletes will be advised of the order in a timely manner.
9. Athletes who are placed in an alternate position are expected to fully participate in team practices and competitions, including dressing and warming up with the team on the day of competition, and to be prepared to contribute if needed. Alternates are expected to accompany the four selected athletes to the call room area or as far as Officials will allow.
10. Members will attend all National Relay Program mandatory events.
11. Punctuality is expected at all relay events; tardiness will not be tolerated.

Relay Team Athlete Selection

All of the following factors (not listed in priority order) will be considered in relay team selection:

- Placing at the Selection Trials in his/her individual event.
- Health and fitness levels that indicate optimal competitive readiness.
- Individual performance ranking as determined by 2017 Athletics Canada rankings.
- Commitment to the National Relay program as determined by attitude, attendance, participation, and performance at national team camps, competitions, and events.
- Performance on previous relay teams.
- Assessment of relay skills and position suitability.

The designated event Relay Coach will make decisions in regards to relay team selection and positioning of relay team members.

Athlete Agreement

I have read, understand and accept the National Relay Team's principles and criteria for selection. I understand that my failure to comply with this Agreement may render me ineligible for National Team relay assignments.

Athlete Signature:	Coach Signature:
Print name:	Date: