

Saturday Feb 10

TRACK				Heats	FIELD				#s
9:30	60m Hurdles - PENTATHLON	Youth, Junior	Men	1	10:15	Long Jump - PENTATHLON	Youth, Junior	Men	5
9:40	60m Hurdles Heats	Youth	Women	2	11:00	High Jump - PENTATHLON (A)	Youth, Junior	Women	6
10:00	60m Hurdles - PENTATHLON	Youth, Junior	Women	1	11:15	Shot Put - PENTATHLON	Youth, Junior	Men	5
10:15	3000m Racewalk FINAL	Youth, Junior	Women	1	11:30	High Jump FINAL (B)	Youth, Junior	Women	6
11:00	200m Timed FINAL	Youth	Women	10	11:30	Long Jump FINAL	Youth, Junior	Men	12
11:40	200m Timed FINAL	Junior	Women	3	12:45	Shot Put - PENTATHLON	Youth, Junior	Women	6
11:55	200m Timed FINAL	Youth	Men	8	13:30	High Jump - PENTATHLON (B)	Youth, Junior	Men	5
12:30	200m Timed FINAL	Junior	Men	5	13:35	Shot Put FINAL	Youth, Junior	Women	19
TRACK BREAK					14:30	Pole Vault FINAL	Youth, Junior	Men	6
14:15	3000m Timed FINAL	Youth, Junior	Women	1	14:15	Long Jump - PENTATHLON	Youth, Junior	Women	6
14:30	3000m Timed FINAL	Youth, Junior	Men	1	15:45	Triple Jump FINAL	Youth, Junior	Women	16
14:45	800m Timed FINAL	Midget	Women	1	13:00 MEDAL CEREMONIES 16:45 MEDAL CEREMONIES				
14:50	800m Timed FINAL	Youth, Junior	Women	3					
15:05	800m Timed FINAL	Midget	Men	1					
15:10	800m Timed FINAL	Youth, Junior	Men	2					
15:20	1000m - PENTATHLON	Youth, Junior	Men	1					
15:30	800m - PENTATHLON	Youth, Junior	Women	1					
15:45	60m Hurdles FINAL	Midget, Junior	Women	1					
15:55	60m Hurdles FINAL	Youth	Women	1					
16:05	60m Hurdles FINAL	Midget, Youth	Men	1					
16:15	60m Hurdles FINAL	Junior	Men	1					

[18:30 Grand Prix d'Athlétisme de Montréal](#)

Sunday Feb 11

TRACK				Heats	FIELD				#s
11:45	60m Heats	Midget	Women	2	8:30	Weight Throw FINAL	Youth, Junior	Women	13
11:50	60m Heats	Youth	Women	4	9:30	High Jump FINAL	Youth, Junior	Men	4
12:05	60m Heats	Junior	Women	2	10:00	Long Jump FINAL	Youth	Women	18
12:10	60m Heats	Midget	Men	2	10:15	Weight Throw FINAL	Youth, Junior	Men	9
12:15	60m Heats	Youth	Men	3	12:00	Long Jump FINAL	Junior	Women	5
12:25	60m Heats	Junior	Men	3	12:30	Pole Vault FINAL	Youth, Junior	Women	4
12:40	400m TIMED FINALS	Youth	Women	7	13:20	Shot Put FINAL	Youth, Junior	Men	9
13:10	400m TIMED FINALS	Junior	Women	3	14:00	Triple Jump FINAL	Youth, Junior	Men	11
13:20	400m TIMED FINALS	Youth	Men	4	12:45 MEDAL CEREMONIES 16:15 MEDAL CEREMONIES				
13:35	400m TIMED FINALS	Junior	Men	5					
14:00	1500m Timed FINAL	Youth, Junior	Women	3					
14:20	1500m Timed FINAL	Youth, Junior	Men	2					
14:35	60m FINAL	Midget	Women	1					
14:40	60m FINAL	Youth	Women	1					
14:45	60m FINAL	Junior	Women	1					
14:50	60m FINAL	Midget	Men	1					
14:55	60m FINAL	Youth	Men	1					
15:00	60m FINAL	Junior	Men	1					
15:15	4x200m Timed FINAL	Youth	Women						
15:30	4x200m Timed FINAL	Junior	Women						
15:45	4x200m Timed FINAL	Youth	Men						
16:00	4x200m Timed FINAL	Junior	Men						