



2018 JAMAICAN U18 INVITATIONAL SELECTION CRITERIA

OVERVIEW

All selections will be made in accordance with Athletics Canada's ("AC") [National Team – Selection Rules Book](#). Attached to the Selection Criteria (the "Criteria"), and forming an integral part of it, are two appendices. The National Team Committee ("NTC") is responsible for the implementation of the Criteria and has the sole authority and discretion to make all decisions relating to the selection of the team for the 2018 Jamaican U18 Invitational. There may be team size limitations from organizing partners or budget constraints.

1 GENERAL INFORMATION

1.1 Event Location

Kingston, Jamaica

1.2 Important Dates

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DATES	DESCRIPTION	LOCATION
April 1 – June 10, 2018	Qualifying Period	
June 10, 2018	Declaration Deadline	Online Form
June 11, 2018	Selection Date	
June 28, 2018	Depart Canada	
June 30 – July 1, 2018	Athletics Competition	Kingston, Jamaica
July 2, 2018	Depart Jamaica	

1.3 Eligibility

To be eligible to participate in the 2018 Jamaican U18 Invitational, an athlete must meet all of the following requirements:

- be a registered member of a provincial branch of AC ("Branches") at the time of qualification and through the 2018 Jamaican U18 Invitational;
- hold Canadian citizenship by the Selection Date;
- declare interest via the Online Form as per the dates outlined in section 1.2;
- comply with the Final Phase Preparation Requirements as outlined in section 4;
- be otherwise eligible to participate in the 2018 Jamaican U18 Invitational;
- have a Canadian passport valid until at least January 2, 2019; and
- be born in 2001 or 2002.

1.4 Events

100m, 200m, 400m, 800m, 1500m, 3000m, 2000mSC (men 36" Barriers / women 30" Barriers), 110mH (men 36" Hurdles), 100mH (women 30" Hurdles), 400mH (men 33" Hurdles / women 30" Hurdles), HJ, PV, LJ, TJ, SP (men 5kg / women 3kg), DT (men 1.5kg / women 1kg), HT (men 5kg / women 3kg), JT (men 700g / women 500g), 4x100m Relay, Mixed 4x400m Relay.



1.5 Maximum per Event

AC may select a maximum of two (2) athletes per individual event.

1.6 Declaration Deadline

Athletes are required to declare their interest to participate by completing the Online Form no later than June 10, 2018. **Failure to complete the Online Form by the deadline will render the athlete ineligible for selection.**

1.7 Selection Date and Team Announcement

The NTC will make team selections on June 11, 2018. AC will announce the team through established communication channels (including Branches, the AC website, bulletins). Additionally, athletes selected to the team will be contacted directly.

1.8 Funding

This team will be 100% funded.

2 TEAM OBJECTIVES

Special emphasis will be put on learning optimum preparation by ensuring athletes are able to illustrate specific and well-planned practices, training plans, and recovery regime for optimum performance. Constructing and implementing a positive, competitive and international experience will be in the forefront of Team Canada's staff planning.

3 SELECTION PROCESS

All selections will be made in accordance with AC's [National Team – Selection Rules Book](#).

NOTE: It is the responsibility of the athlete to submit eligible performances to Athletics Canada at results@athletics.ca in order to be considered for selection.

3.1 The National Team Committee (previously defined as the NTC)

The NTC is comprised of the following members:

- **Chair**
- **Voting Members** – AC Technical Staff (two), Event Specialists (two), Branch Representatives (two, as designated by Branch Council), and Athlete Representatives (two, as designated by the Athlete Directors). In the case of a tie, the Chair of the NTC has the tie-breaking vote.
- **Non-Voting** – At the discretion of the Chair, individuals may be asked to be present at parts of an NTC Selection Meeting depending on expertise and input required, which might include: Any AC coaching staff, Integrated Support Team (“IST”) staff, a statistician, a legal advisor or any other individual as required.

3.2 Selection Process

Step 1 - Automatic Qualification:

The top ranked athlete in each event at the end of the Qualifying Period (see section 1.2) will automatically be selected, provided they meet the eligibility requirements outlined in section 1.3.



For the avoidance of doubt, automatic qualifiers do NOT need to achieve a Qualification Standard.

Step 2 - Additional Qualification:

The second ranked athlete in each event will be selected, provided they achieve the necessary Qualifying Standard (see Appendix A) during the Qualifying Period (see section 1.2) and meet the eligibility requirements outlined in section 1.3.

NOTE: Ties will be broken in the following order of priority:

- 1) Second best performance during the Qualifying Period;
- 2) Head-to-head results during the Qualifying Period; and
- 3) Most recently achieved standard

If athletes remain in a tie, the NTC may apply its discretion to break the tie.

3.3 Selection for Relays

Depending on available athletes, Team Canada will compete in the Men's and Women's 4x100m relays and the mixed 4x400m relay. Athletes will be selected from the list of athletes qualified in individual events. No athletes will be selected solely to compete in a relay event.

Fundamental Principles

1. The relay is a team event and all members are equal.
2. A common vision among team members is critical for success.
3. Open communication is encouraged among athletes and coaches.
4. Full cooperation on and off the track is expected; team cohesiveness is essential.
5. Athletes must have an open mind and a willingness to learn and adapt to relay ideas.
6. Selection of the team will be at the sole discretion of Team Head Coach in consultation with the Team Relay Coach.
7. Versatility as it pertains to relay running position is a must.
8. The goal is to assemble the best possible group of athletes in an order that will best benefit the team. Running order will be determined by the designated Team Relay Coach and athletes will be advised of the order in a timely manner.
9. Athletes who are placed in an alternate position are expected to fully participate in team practices and competitions, including dressing and warming up with the team on the day of competition, and to be prepared to contribute if needed. Alternates are expected to accompany the four selected athletes to the call room area or as far as Officials will allow.
10. Punctuality is expected at all relay events; tardiness will not be tolerated.

Relay Team Athlete Selection

All of the following factors (not listed in priority order) will be considered in relay team selection:

- Health and fitness levels that indicate optimal competitive readiness.
- Individual performance ranking as determined by 2018 AC rankings.
- Commitment to the National Relay program as determined by attitude, attendance, participation, and performance at national team camps,



- competitions, and events.
- Performance on previous relay teams.
- Assessment of relay skills and position suitability.

IMPORTANT NOTE:

All athletes, if requested by the team head coach, must be prepared to compete in relays.

4 FINAL PHASE PREPARATION REQUIREMENTS

4.1 Injury or Illness

Athletes who arrive at an international competition injured or ill take a disproportionate amount of IST time and resources that should be spent on preparing athletes that are healthy and ready to compete. It is therefore AC's intention to work with the selected athletes that have been injured or ill to help them recover in time for the competition with a minimal impact to training, or (in the event that full recovery is not possible for this competition) to ensure full recovery so that full training can resume and long-term potential is optimized. With this in mind, the NTC reserves the right to deselect injured/ill athletes who are not sufficiently healthy/fit to perform at their best at the competition.

From the moment of selection, and ongoing until the 2018 Jamaican U18 Invitational, athletes have an obligation to immediately report any injury, illness, or change in training status that could affect their ability to compete at their highest level. Failure to properly report injury or illness prior to the event may result in the athlete being deselected and held financially responsible for all the athlete's costs associated with the event. Any notification must be sent immediately to Corey Dempsey at cdempsey@athletics.ca.

Once notified of an athlete's injury, illness or change in training status that could affect their performance, AC team staff will work with the athlete, coach and local/national team IST resources to ensure that a complete injury and illness assessment has occurred and a recovery plan is in place. This assessment will include a determination of the athlete's potential for recovery and ability to compete. This determination will comprise of two steps:

STEP 1: Medical Clearance

Generally done by local IST in collaboration with AC's national IST and consists of 2 phases:

1. An initial medical evaluation and paramedical assessment(s) to confirm the diagnosis and determine if/when the athlete is fit to return to full training or competition.
2. A functional evaluation by IST with experience specific to the event demands (and injury or illness if applicable). This may include assessment of the athlete's movement pattern, for example, during a run, hurdle, jump, walk, or throw to identify dysfunctional movement patterns that may be contributing to the injury and potentially increase the risk of re-injury or undermine their competition performance.



STEP 2: Specific Evaluation

Following medical clearance by the medical team, a more comprehensive physical readiness test (the “Performance Test”) to compete will be established as follows:

- Determination of the Performance Test will involve the AC national event group coach, the event head coach, and the personal coach.
- The Performance Test will vary according to the event, injury or illness.
- The Performance Test will be objective, measurable, fair, realistic, specific to the event, and challenging.

In the case that the athlete is deemed unfit to resume training/competition, or does not meet the Performance Test standard, the athlete would be declared unready for competition and the results of the two steps will be forwarded to the NTC for a decision.

The NTC will use all available information at their disposal including performance results and progress in the final phase, suitability of the training and competition plan, fitness and other final phase indicators, consultation with the AC national event group coach, AC national IST leads, the athlete’s personal IST, and any other performance related information (ie Performance Test results when applicable) to determine if the injured/ill athlete will be deselected and will not travel with the team.

The NTC may nominate the next eligible athlete, provided that the alternate athlete has proven their preparation during the final phase and meets all event specific requirements in regards to qualifying standards and timelines.

4.3 Health Questionnaire and Anti-Doping

Upon selection, all athletes will be required to complete a Medical Information Form. These questionnaires will ask athletes to declare all supplements and medications that are being used prior, during and after the event. Athletes who need to take medications while competing **must** ensure they have a completed and approved IAAF Therapeutic Use Exemption (TUE), if required, prior to selection. **Note:** It is not the responsibility of the AC team physicians to complete the documents for TUEs on behalf of the athlete. This should be done by the physician who prescribed the medication that requires the TUE. AC team physicians are available, however, for questions related to whether or not a TUE is required. Information regarding the TUEs for IAAF events can be found here:

<https://www.iaaf.org/about-iaaf/documents/anti-doping>.

5 APPEALS

Only athletes who are eligible to be considered for selection (see sections 1.3 and 3) and who have achieved the Qualifying Standard (see Appendix A) during the Qualifying Period (see section 1.2) may submit an appeal for selection to the Commissioner’s Office. Please refer to the [National Team Selection – Rule Book](#) and the [AC Rules and By-laws](#) Section 140.06 & 140.07 for further information. An appeal has to be submitted to the Commissioners Office at athleticscanadacommissioner@gmail.com.



Contact the Chief Financial Officer Sylvie King (sylvie.king@athletics.ca) for payment of the applicable \$250 appeal fee. The appeal will not be reviewed until the appeal fee has been paid.

6 AMENDMENTS TO THE CRITERIA

The NTC reserves the right to amend the Criteria prior to the Selection Date. The NTC may amend the Criteria under the following circumstances:

1. When additional (or new) information that is deemed relevant by the NTC to the Criteria is provided by external parties, such as (but not limited to) an event organizing committee, Sport Canada, the Canadian Olympic Committee, IAAF, or any other relevant organization, as applicable; and
2. To correct, clarify or amend any inconsistencies, errors or omissions in the Criteria.

Any amendments made by the NTC are deemed to come into effect immediately upon publication on the AC website. The NTC will publish the amended Criteria by whatever means and wherever the original Criteria were published.



APPENDIX A
2018 JAMAICAN U18 INVITATIONAL
ATHLETICS CANADA (AC) SELECTION STANDARDS

Men	Event	Women
10.85	<i>100m</i>	12.15
22.05	<i>200m</i>	25.15
49.25	<i>400m</i>	57.00
1:54.25	<i>800m</i>	2:13.50
3:58.50	<i>1500m</i>	4:33.00
8:42.00	<i>3000m</i>	9:46.00
14.15	<i>100/110m Hurdles</i>	14.25
54.75	<i>400m Hurdles</i>	1:02.25
6:05.00*	<i>2000m SC</i>	7:14.00
2.06m	<i>High Jump</i>	1.77m
4.65m	<i>Pole Vault</i>	3.80m
7.25m	<i>Long Jump</i>	6.00m
14.80m	<i>Triple Jump</i>	12.50m
18.20m	<i>Shot Put</i>	15.40m
55.50m	<i>Discus</i>	44.00m
67.00m	<i>Hammer</i>	60.00m
66.00m	<i>Javelin</i>	49.00m

***Note:** The height of the barriers in the Men's 2000m SC will be 36" (91.4cm) during the U18 Jamaican Challenge, but standards achieved over 33" (84.0cm) barriers will be accepted for qualifying purposes.

**Standards must be achieved in accordance with the Performance Regulations outlined in section 2 of the [National Team Selection – Rules Book](#)*