

Men's Canadian Championship Records

Event / Épreuve	Perf.	Name / Nom	Date
100m	9.89	Bruny Surin	1998
200m	19.96	Brendon Rodney	2016
400m	45.03	Tyler Christopher	2008
800m	1:44.93	Gary Reed	2007
1500m	3:38.03	Taylor Milne	2008
5000m	13:25.16	Sean Kaley	2000
10000m	28:14.30	Jeff Schiebler	2000
110mH	13.27	Mark McKoy	1985
400mH	49.68	Adam Kunkel	2007
3000m SC	8:25.82	Graeme Fell	1986
High jump	2.34	Derek Drouin	2015
Pole vault	5.60	Shawnacy Barber	2015
Long jump	8.02	Edrick Floreal	1989
Triple jump	16.56	Edrick Floreal	1989
Shot put	22.21	Dylan Armstrong	2012
Discus throw	64.84	Jason Tunks	2001
Hammer throw	78.52	James Steacy	2008
Javelin throw	80.17	Scott Russell	2001

Women's Canadian Championship Records

Event / Épreuve	Perf.	Name / Nom	Date
100m	11.08	Philomena Mensah	1998
200m	22.64	Jillian Richardson	1989
400m	50.57	Charmaine Crooks	1990
800m	1:59.32	Melissa Bishop	2016
1500m	4:04.51	Malindi Elmore	2004
5000m	15:08.90	Emilie Mondor	2003
10000m	32:14.52	Courtney Babcock	2002
100mH	12.60	Perdita Felicien	2004
400mH	55.29	Rosey Edeh	1993
3000m SC	9:50.99	Erin Teschuk	2016
High jump	1.95	Nicole Forrester	2008
Pole vault	4.40	Alysha Newman	2016

Long jump	6.61	Donna Smelie	1985
Triple jump	13.92	Tabia Charles	2008
Shot put	18.12	Julie Labonte	2011
Discus throw	59.58	Carmen Lonesco	1978
Hammer throw	71.89	Sultana Frizell	2010
Javelin throw	60.13	Elizabeth Gleadle	2012