

**Canadian women with NACAC standard (as of July 2)**  
**Championnats Seniors de la NACAC 2018 - Norme**

<b>Event/Épreuve</b>	<b>Max. # entries</b>	<b>Standard</b>	<b>Perf.</b>	<b>Wind</b>	<b>Name / Nom</b>	<b>Date</b>
<b>100m</b>	2	11.26	11.17	0.9	BUCHANAN, LEYA	13/5/18
<b>200m</b>	2	23.1	22.7	0.9	EMMANUEL, CRYSTAL	12/4/18
			22.76	0.6	STIVERNE, AIYANNA-BRIGITTE	7/4/18
<b>400m</b>	2	52.1	51.62		WATSON, SAGE	17/3/18
			51.93		STIVERNE, AIYANNA-BRIGITTE	17/3/18
<b>800m</b>	2	2:01:00				
<b>1500m (mile)</b>	3	4:07.50 (4:26.70)	04:05.8		STAFFORD, GABRIELA	2/6/18
			04:07.3		SIFUENTES, NICOLE	2/6/18
<b>5000m</b>	3	15:22.0	15:15.4		SECCAFIEN, ANDREA	16/6/18
			15:16.3		VAN BUSKIRK, KATE	3/5/18
			15:18.4		O'CONNELL, JESSICA	10/6/18
			15:20.7		CLIFF, RACHEL	17/5/18
<b>10000m</b>	3	32:15.0	31:50.2		WODAK, NATASHA	9/4/18
			31:56.9		CLIFF, RACHEL	3/5/18
<b>100mH</b>	2	12.98				
<b>400mH</b>	2	56.1	54.55		WATSON, SAGE	7/6/18
<b>3000m SC</b>	3	09:42.0	09:38.8		LALONDE, GENEVIEVE	2/6/18
<b>20km RW</b>	3	1:36:00				
<b>High jump</b>	2	1.94m				
<b>Long jump</b>	2	6.75m	6.92m		NETTEY, CHRISTABEL	28/3/18
<b>Triple jump</b>	2	14.10m				
<b>Pole vault</b>	2	4.55m	4.75m		NEWMAN, ALYSHA	13/4/18
<b>Shot put</b>	2	17.75m	18.48m		CREW, BRITTANY	25/3/18
<b>Hammer</b>	2	71.00m				
<b>Discus</b>	2	61.20m				
<b>Javelin</b>	2	61.40m	61.53m		GLEADLE, LIZ	12/5/18
<b>4x100m</b>	6	No standard				
<b>4x400m</b>	6	No standard				