

Saturday, March 16, 2019

TRACK

11:45	60m Hurdles - PENTATHLON	U16, U18, U20	Men
12:00	60m Hurdles Heats	U16, U18, U20	Women
12:15	60m Hurdles Heats	U16, U18, U20	Men
12:30	60m Hurdles - PENTATHLON	U16, U18, U20	Women
12:50	200m Timed FINALS	U16	Women
13:10	200m Timed FINALS	U18	Women
13:35	200m Timed FINALS	U20	Women
13:45	200m Timed FINALS	U16	Men
14:05	200m Timed FINALS	U18	Men
14:30	200m Timed FINALS	U20	Men
15:00	1500m Racewalk FINAL	U16	W/M
15:15	3000m Racewalk FINAL	U18, U20	W/M
15:45	2000m Timed FINALS	U16	Women
15:55	2000m Timed FINALS	U16	Men
	BREAK		
17:20	3000m Timed FINALS	U18, U20	Women
17:35	3000m Timed FINALS	U18, U20	Men
17:50	800m Timed FINALS	U16	Women
18:00	800m Timed FINALS	U18, U20	Women
18:15	800m Timed FINALS	U16	Men
18:25	800m Timed FINALS	U18, U20	Men
18:40	1000m - PENTATHLON	U16, U18, U20	Men
18:50	800m - PENTATHLON	U16, U18, U20	Women
19:00	60m Hurdles FINAL	U16	Women
19:05	60m Hurdles FINAL	U18	Women
19:10	60m Hurdles FINAL	U20	Women
19:15	60m Hurdles FINAL	U16	Men
19:20	60m Hurdles FINAL	U18	Men
19:25	60m Hurdles FINAL	U20	Men
19:45	4x200m Timed FINALS	U16	Women
19:55	4x200m Timed FINALS	U18	Women
20:05	4x200m Timed FINALS	U20	Women
20:15	4x200m Timed FINALS	U16	Men
20:25	4x200m Timed FINALS	U18	Men
20:35	4x200m Timed FINALS	U20	Men

FIELD

8:30	Weight Throw FINAL	U18, U20	Women
9:30	High Jump FINAL (A)	U16	Women
10:15	Weight Throw FINAL	U18, U20	Men
12:30	Long Jump - PENTATHLON	U16, U18, U20	Men
13:30	High Jump - PENTATHLON (A)	U16, U18, U20	Women
13:30	Long Jump FINAL	U16, U20	Women
13:45	Shot Put - PENTATHLON	U16, U18, U20	Men
14:00	Pole Vault FINAL	U16, U18, U20	Men
15:15	Shot Put - PENTATHLON	U16, U18, U20	Women
15:30	Long Jump FINAL	U18	Women
15:45	High Jump - PENTATHLON (A)	U16, U18, U20	Men
16:15	Shot Put FINAL	U18, U20	Women
16:30	High Jump FINAL (B)	U16	Men
17:15	Long Jump - PENTATHLON	U16, U18, U20	Women
18:15	Triple Jump FINAL	U16	Men
19:45	Triple Jump FINAL	U18, U20	Men
20:00	Shot Put FINAL	U16	Women