

Sunday, March 17, 2019

TRACK

9:00	1200m TIMED FINALS	U16	Women	9:00	Shot Put FINAL	U18, U20	Men
9:15	1200m TIMED FINALS	U16	Men	9:00	High Jump FINAL	U18, U20	Men
9:30	1500m Timed FINALS	U18, U20	Women	9:00	Long Jump FINAL (A)	U18, U20	Men
9:50	1500m Timed FINALS	U18, U20	Men	9:00	Long Jump FINAL (B)	U16	Men
10:15	60m Heats	U16	Women	10:40	Triple Jump FINAL	U18, U20	Women
10:30	60m Heats	U18	Women	11:00	Pole Vault FINAL	U16, U18, U20	Women
10:45	60m Heats	U20	Women	12:00	High Jump FINAL	U18, U20	Women
10:55	60m Heats	U16	Men	12:00	Shot Put FINAL	U16	Men
11:10	60m Heats	U18	Men	13:15	Triple Jump FINAL	U16	Women
11:20	60m Heats	U20	Men				
	BREAK						
12:30	300m TIMED FINALS	U16	Women				
12:45	300m TIMED FINALS	U16	Men				
13:00	400m TIMED FINALS	U18	Women				
13:20	400m TIMED FINALS	U20	Women				
13:30	400m TIMED FINALS	U18	Men				
13:45	400m TIMED FINALS	U20	Men				
14:00	60m FINAL	U16	Women				
14:05	60m FINAL	U18	Women				
14:10	60m FINAL	U20	Women				
14:15	60m FINAL	U16	Men				
14:20	60m FINAL	U18	Men				
14:25	60m FINAL	U20	Men				