



2019 IAAF WORLD CHAMPIONSHIPS SELECTION CRITERIA

OVERVIEW

All nominations will be made in accordance with Athletics Canada’s (AC) [National Team – Selection Rules Book](#). AC is limited in entries by IAAF rules and regulations that will always take precedence should there be any contradictions contained within the Selection Criteria (the “Criteria”). Attached to the Criteria, and forming an integral part of it, are two Appendices. The National Team Committee (NTC) is responsible for the implementation of the Criteria and has the sole authority and discretion to make all decisions relating to the selection of the team for the IAAF World Championships in Athletics.

1 GENERAL INFORMATION

1.1 Event Location

- Doha, Qatar

1.2 Important Dates

| Qualifying Periods | | |
|---------------------------------|---|---|
| DATES | EVENTS | NOTES |
| March 7, 2018 – August 24, 2019 | Marathon, 10,000m, Race Walks and Combined Events | See Appendix A for Qualifying Standards |
| Sept 7, 2018 – August 24, 2019 | Qualifying Period for all other events | |
| Important Dates | | |
| DATES* | DESCRIPTION | LOCATION |
| May 26, 2019 | Declaration Deadline for Initial Marathon Selection | Online Form |
| May 27, 2019 | Initial Selection for Marathon | |
| June 13, 2019 | Selection Trials (10,000m) | Burnaby, BC |
| June 13, 2019 | Declaration Deadline for Initial Selection for 10,000m and Race Walks | Online Form |
| June 14, 2019 | Initial Selection for 10,000m and Race Walks | |
| July 6 – 7, 2019 | Selection Trials (Combined Events) | Ottawa, ON |
| July 25 – 28, 2019 | Selection Trials (Canadian Championships) | Montreal, QC |
| August 24, 2019 | Final Declaration Deadline all events | Online Form |
| August 26, 2019 | Final Team Selection | |
| TBD* | Depart Canada | |
| TBD* | Final Preparation Camp | Sant Cugat, Spain |
| Sept 27 – Oct 6, 2019 | Athletics Competition | Doha, Qatar |

*TBD Dates – any dates that are to be determined, will be announced on the AC website as soon as possible after the determination.

1.3 Eligibility

To be eligible to participate in the 2019 World Championships, an Athlete must meet the following requirements:



- be a registered member of an Athletics Canada Branch at the time of qualification and through the 2019 IAAF World Championships;
- hold Canadian Citizenship by the Final Selection Date – August 26, 2019;
- declare interest via the Online Form as per the dates outlined in section 1.2;
- comply with the Final Phase Preparation Requirements as outlined in section 4;
- be otherwise eligible to participate in the 2019 IAAF World Championships;
- have a Canadian passport valid until at least April 6, 2020;
- compete at a Canadian Championships during the Qualifying Period as outlined in Section 3.5; and
- the NTC will consider requests to compete on any other National Team on a case-by-case basis.

1.4 Events

100m, 200m, 400m, 800m, 1500m, 5000m, 10,000m, Marathon, 3000m S/C, 100mH (women), 110mH (men), 400mH, HJ, PV, LJ, TJ, SP, DT, HT, JT, HEP/DEC, 20km RW, 50km RW, 4 x 100m, 4 x 400m, mixed 4x400m.

1.5 Maximum per Event

The IAAF allows a maximum of three (3) athletes per country per individual event**, provided they have achieved the IAAF standard during the Qualifying Period. The IAAF allows a maximum of 6 athletes per relay team.

**Exception: Wild Cards (see Section 3.2) do not count toward event maximums.

1.6 Declaration Dates

Athletes are required to declare their interest to participate by completing the online form by the deadlines stated in section 1.2. **Failure to complete declaration by the deadline will render the athlete ineligible for selection.**

1.7 Initial Selection Meetings and Team Announcements

The NTC will hold Initial Selection Meetings for the Marathon (May 27, 2019) and the Walks and 10,000m (June 14, 2019). The purpose of these Initial Selection Meetings is to give long distance endurance athletes extra time to prepare for the 2019 World Athletics Championships. At these meetings the NTC may only select athletes who have declared by the Initial Declaration Deadlines also indicated in Section 1.2. AC will announce the initial selections through established communication channels (Branches, AC website, bulletin); athletes selected to the team will be contacted directly.

1.8 Selection Meeting and Team Announcement

The NTC will make final team selections following the end of the Qualifying Period on August 26, 2019. Note that if quota slots remain for the Marathon, Walks and 10,000m events the NTC may select additional declared and qualified athletes at this meeting – see further details in section 3.2 – Step 2 below. AC will announce the final team through established communication channels (Branches, AC website, bulletin); athletes selected to the team will be contacted directly.



1.9 Funding

This team will be 100% funded by Athletics Canada.

2 TEAM OBJECTIVES

- To improve upon our country ranking and the number of medals, top 8, top 12, and top 16 finishes from the most recent World Championships.
- 2017 country ranking = 14th, medals = 0, top 8 = 12, top 12 = 17, top 16 = 22

3 SELECTION PROCESS

All selections will be made in accordance with Athletics Canada's (AC) [National Team – Selection Rules Book](#).

NOTE: It is the responsibility of the athlete to submit eligible performances to Athletics Canada at results@athletics.ca in order to be considered for selection.

3.1 The National Team Committee (NTC)

The NTC is comprised of:

- **Chair**
- **Voting Members** - Athletics Canada Technical Staff (two), Event Specialists (two), Branch Representatives (two, as designated by Branch Council), and Athlete Representatives (two, as designated by the Athlete Directors). In the case of a tie, the Chair of the NTC has the tie-breaking vote.
- **Non-Voting** – Can be asked to be present at parts of an NTC Selection Meeting depending on expertise and input required, but might include: Athletics Canada coaching and Integrated Support Team (“IST”) staff as necessary, statistician, legal advisor, as required.

3.2 Selection for all Individual Events

The IAAF set a maximum number of athletes (the “Event Quota”) that can be entered for each individual event (see section 1.5).

Step 1 - Automatic Selection

Athletes will be automatically selected under the following three scenarios, provided they achieve the necessary Qualifying Standard (see Appendix A) within the Qualifying Period (see section 1.2) and meet the eligibility requirements outlined in section 1.3:

A – National Champions: Canadian athletes who finish 1st place at the selection trials (see section 1.2) will automatically be selected.

NOTE: For the purposes of selection, ties at the selection trials will be broken in the following priority order:

- 1) Best performance within the Qualifying Period
- 2) Head-to-head results within the Qualifying Period
- 3) Most recently achieved standard

If the tie is still not broken, the NTC will use its discretion to do so considering the additional factors outlined in Step 2 (below).



B – Wild Cards:

- Reigning World Outdoor Champions will be automatically selected
- Winner of 2019 Diamond League will be automatically selected
- Leader (at the end of qualification period) of any of the following will be automatically selected:
 - IAAF Hammer Throw Challenge
 - IAAF Race Walk Challenge
 - IAAF Combined Events Challenge

C – 2019 IAAF World Cross Country Championships: Athletes who finish in the top 15 in the Senior Men’s and Women’s races at the 2019 IAAF World Cross Country Championships will be automatically selected for the 10,000m.

Step 2 - Additional Selections

Athletes not selected for an event in Step 1 (above), or in any relevant Initial Selection Meeting, who have met the eligibility requirements of section 1.3 and achieved the necessary Qualifying Standard (see Appendix A) during the Qualifying Period (see section 1.2) will be known as “Additional Athletes”.

Initial Selection Meetings (Marathon, Walks and 10,000m only)

The NTC may select Additional Athletes in the relevant event(s).

If athletes need to be ranked for selection the process outlined in the Final Selection Meeting section (below) will be used.

The NTC may, at their sole discretion, choose to leave Event Quota spaces to be filled in the Final Selection Meeting, even if that means that one or more Additional Athletes are not selected at this stage. For the avoidance of doubt, any remaining Event Quota places will be filled in the Final Selection Meeting.

Reasons for the NTC to not select all possible Additional Athletes in the Initial Selection Meeting include, but are not limited to, the NTC considering it reasonable that by the Final Selection Meeting:

- Qualified but currently ill or injured athlete(s) can return to a demonstrated fitness level that would rank them above other Additional Athletes or
- As yet unqualified athlete(s) can qualify and rank higher than other athletes under consideration.

Any appeals against selections at an Initial Selection Meeting must be made immediately after that meeting and not after the Final selection meeting.

For the avoidance of doubt: Athletics Canada will not select athletes for individual events who are **only** qualified to be entered due to:

- Their status as a current NACAC area champion;
 - Performances set outside of Athletics Canada Qualification Period (see section 1.2);
- or



- IAAF invitations based on the IAAF Top Performance Lists (world ranking lists).

Final Selection Meeting (all events)

If (after Step 1) and any relevant Initial Selection Meeting:

- the number of Additional Athletes is within the remaining Event Quota, all of the Additional Athletes will be selected.
- the number of Additional Athletes exceeds the remaining Event Quota, the NTC will rank the Additional Athletes in the order that, in their sole opinion, they consider the athletes are likely to finish at the 2019 World Championships in the corresponding event. Athletes will be selected in this ranking order until the Event Quota is full. The NTC may consider any factors that they consider relevant, in any order that they consider relevant, to rank athletes. These factors will include, but may not be limited to:
 - World and domestic ranking;
 - Current form and fitness;
 - Proven ability to perform on demand;
 - Finishing position at the 2019 National Championships; and
 - Recent Head-to-Head record against other athletes under consideration.

For the avoidance of doubt: an athlete's national ranking in the event under consideration is important but is not the only factor in making a selection.

3.4 Selection for Relays

Team Qualification – General Requirements

4x100m and 4x400m: The Top 10 placing teams at the 2019 IAAF World Relays and the next 6 teams from the IAAF rankings list during the Qualifying Period will be invited to compete at the 2019 IAAF World Championships. Teams must be comprised 100% of eligible athletes (as per section 1.3).

Mixed 4x400m: The Top 12 placing teams at the 2019 IAAF World Relays and the next 4 teams from the IAAF rankings list during the Qualifying Period will be invited to compete at the 2019 IAAF World Championships. Teams must be comprised 100% of eligible athletes (as per section 1.3).

Athlete Selection – 4x100m and 4x400m

- All athletes selected for the individual 100m (4x100m) or individual 400m (4x400m) will be **automatically selected** for the relevant relay squad [IAAF rule]
- If not already selected, the National Champions at 100m (4x100m) or 400m (4x400m) will be **automatically selected** for the relevant relay squad
- Others, to make up a squad of up to five, will be nominated by the Head Coach in consultation with the HPD. A sixth athlete may be nominated in exceptional circumstances.

Athlete Selection – Mixed 4x400m

- If M4x400m relay qualified then:
 - Up to two more males will be nominated by the Head Coach in consultation with the HPD;



- Otherwise
 - If not already selected the National Champions at 400m will be automatically selected for the mixed relay squad
 - Others, to make up a squad of up to three males, will be nominated by the Head Coach in consultation with the HPD
- If W4x400m relay qualified then:
 - Up to two more females will be nominated by the Head Coach in consultation with the HPD;
 - Otherwise
 - If not already selected the National Champions at 400m will be automatically selected for the mixed relay squad
 - Others, to make up a squad of up to three females, will be nominated by the Head Coach in consultation with the HPD
 - The Head Coach, in consultation with the HPD, will nominate athletes to complete the most competitive relay squads based on any factors considered relevant including, but limited to:
 - Current form and fitness;
 - Proven ability to Perform on Demand;
 - Specific relay skills;
 - Buy-in to, and compliance with, the National relay squad programs.For the avoidance of doubt: ranking in an individual event (e.g. the 100m for the 4x100m relay) is important but is not the only factor in making relay squad nominations.
 - Note that being selected for a relay squad does not guarantee competing at the Championships. Any athlete selected for any event may compete in any relay at the Championships ([IAAF rule])

Final Relay Team Selection

Notwithstanding the Criteria or the provisions of the Relay Team Athlete Agreement, whether AC will enter a specific relay team will depend on the number, quality and final phase preparation of eligible athletes. If the Relay Coach determines that there are insufficient numbers of high-level athletes to form a relay team that will be capable of making the final at the 2019 IAAF World Championships, the NTC reserves the right not to enter a given relay team.

3.5 Canadian Championships Requirement

NOTE: Athletes must compete at a Canadian Championships during the Qualifying Period as stated in section 1.2 of these Criteria, unless they receive a medical exemption from the AC Medical Lead, Dr. Paddy McCluskey.

Combined events athletes must compete at the Canadian Championships in either the combined events or specific events as outlined in an agreement with the Team Combined Events Coach.

Race Walk athletes must compete at the Track and Field Championships.

10,000m athletes must compete at a Canadian Championships (eligible events include the 10,000m championships, the 10k Championships, the 5k Championships, the Cross-Country



Championships or the 5,000m at the Track and Field Championships).

Marathon athletes must compete at a Canadian Championships (eligible events include the Marathon Championships, the Cross-Country Championships, the Half Marathon Championships, the 10k Championships, the 10,000m Championships or the 5,000m at the Track and Field Championships).

All other athletes must compete at the Canadian Track & Field Championships in Montreal.

4 FINAL PHASE PREPARATION REQUIREMENTS

Athletes are expected to demonstrate final phase preparation and be able to deliver a peak performance at the IAAF World Championships. An athlete's selection will not be confirmed until they complete the process outlined below and they will be deselected if the process is not completed.

4.1 Injury or Illness

Athletes who arrive at an international competition injured or ill consume a disproportionate amount of IST time and resources that should be spent on preparing healthy athletes to compete at their best. It is therefore AC's intention to work with the selected athletes that have been injured or ill to help them recover in time for the competition with a minimal impact to training, or (in the event that full recovery is not possible for this competition) to ensure full recovery so that full training can resume and long-term potential is optimized. With this in mind, the NTC reserves the right to deselect injured/ill athletes who are not sufficiently healthy/fit to perform at their best at the competition.

Once selected, and ongoing until the World Championships, athletes are required to immediately report any injury, illness, or change in training status that could affect their ability to compete at their highest level. Failure to properly report injury or illness prior to the event may result in the athlete being deselected and held financially responsible for all the athlete's costs associated with the event. Notification must be sent immediately to Jessica Scarlato at jessica.scarlato@athletics.ca.

Once notified of an athlete's injury, illness or change in training status that could affect their performance, AC team staff will work with the athlete, coach and local/national team IST resources to ensure that a complete injury and illness assessment has occurred and a recovery plan is in place. This assessment will include a determination of the athlete's potential for recovery and ability to compete at their best. This determination will comprise of two steps:

STEP 1: Medical Clearance

Generally done by local IST in collaboration with AC's National IST and consists of 2 phases:

- a) An initial medical evaluation and paramedical assessment(s) to confirm the diagnosis and determine if/when the athlete is fit to return to full training or competition.
- b) A functional evaluation by IST with experience specific to the event demands (and injury or illness if applicable). This may include assessment of the athlete's movement pattern, for example, during a run, hurdle, jump, walk, or throw to identify



dysfunctional movement patterns that may be contributing to the injury and potentially increase the risk of re-injury or undermine their competition performance.

STEP 2: Specific Evaluation

Following medical clearance by the medical team, a more comprehensive physical readiness test (the “Performance Test”) to compete will be established as follows:

- Determination of the Performance Test will involve the AC National Event Group Coach, the event Head Coach, and the Personal Coach.
- The Performance Test will vary according to the event, injury or illness.
- The Performance Test will be objective, measurable, fair, realistic, specific to the event, and challenging.

In the case that the athlete is deemed unfit to resume training/competition, or does not meet the Performance Test standard, the athlete would be declared unready for competition and the results of the two steps will be forwarded to the NTC for a decision.

The NTC will use all available information at their disposal including performance results and progress in the final phase, suitability of the training and competition plan, fitness and other final phase indicators, consultation with the AC National Event Group Coach, AC National IST leads, the athlete’s personal IST, and any other performance related information (i.e. Performance Test results when applicable) to determine if the injured/ill athlete will be deselected and will not travel with the team.

The NTC may nominate the next eligible athlete, provided that the alternate athlete has proven their preparation during the final phase and meets all event specific requirements in regards to qualifying standards and timelines.

4.2 Health Questionnaire and Anti-Doping

Upon selection, all athletes will be required to complete a Medical Information Form. These questionnaires will ask athletes to declare all supplements and medications that are being used prior, during and after the event. Athletes who need to take medications while competing **must** ensure they have a completed and approved IAAF Therapeutic Use Exemption (TUE), if required, prior to selection. **Note:** It is not the responsibility of the AC team physicians to complete the documents for TUEs on behalf of the athlete. This should be done by the physician who prescribed the medication that requires the TUE. AC team physicians are available, however, for questions related to whether or not a TUE is required. Information regarding the TUEs for IAAF events can be found here:

<https://www.iaaf.org/about-iaaf/documents/anti-doping>.

5 APPEALS

Only athletes who are eligible to be considered for selection (see sections 1.3 and 3) and who have achieved the standard (see Appendix A) during the Qualifying Period (see section 1.2) may submit an appeal for selection to the Commissioner’s Office. Please refer to the National Team Selection – Rule Book and the AC Rules and By-laws Section 140.06 & 140.07 for further information. An appeal must be submitted to the following e-mail address athleticscanadacommissioner@gmail.com.



Contact the Director of Finance Sylvie King (Sylvie.king@athletics.ca) for payment options of the \$250 appeal fee. The appeal will not be reviewed until the appeal fee has been paid.

6 AMENDMENTS TO THE CRITERIA

The NTC reserves the right to amend the Criteria prior to the Selection Date. The NTC may amend the Criteria under the following circumstances:

1. When additional (or altered) information that is deemed relevant by the NTC to the Criteria is provided by external parties, such as (but not limited to) an event organizing committee, Sport Canada, the Canadian Olympic Committee, IAAF, or any other relevant organization; and
2. To correct, clarify or amend any inconsistencies, errors or omissions in the Criteria.

Any changes made by the NTC are deemed to come into effect immediately upon publication on the AC website. The NTC will publish the amended Criteria by whatever means and wherever the original Criteria were published.



APPENDIX A
2019 IAAF WORLD CHAMPIONSHIPS
AC SELECTION STANDARDS (OUTDOOR ONLY)

| Women's A | Events | Men's A |
|--|----------------------|--|
| 11.24 | 100m | 10.10 |
| 23.02 | 200m | 20.40 |
| 51.80 | 400m | 45.30 |
| 2:00.60 | 800m | 1:45.80 |
| 4:06.50 (4:25.20) | 1,500 (mile) | 3:36.00 (3:53.10) |
| 15:22.00 | 5,000m | 13:22.50 |
| 31:50.00 | 10,000m | 27:40.00 |
| 2:37:00 | Marathon | 2:16:00 |
| 12.98 | 100m /110m H | 13.46 |
| 56.00 | 400m H | 49.30 |
| 9:40.00 | 3,000m S/C | 8:29.00 |
| 1:33:30 | 20km RW | 1:22:30 |
| 4:30:00 | 50km RW | 3:59:00 |
| 1.94 | High Jump | 2.30 |
| 6.72 | Long Jump | 8.17 |
| 14.20 | Triple Jump | 16.95 |
| 4.56 | Pole Vault | 5.71 |
| 18.00 | Shot Put | 20.70 |
| 71.00 | Hammer | 76.00 |
| 61.20 | Discus | 65.00 |
| 61.50 | Javelin | 83.00 |
| 6300 | Heptathlon/Decathlon | 8200 |
| Top 10 at IAAF World Relays plus 6 from top lists | 4 x 100m Relay | Top 10 at IAAF World Relays plus 6 from top lists |
| Top 10 at IAAF World Relays plus 6 from top lists | 4 x 400m Relay | Top 10 at IAAF World Relays plus 6 from top lists |
| Top 12 at IAAF World Relays plus 4 from top lists | Mixed 4 x 400m Relay | Top 12 at IAAF World Relays plus 4 from top lists |

***Standards must be achieved in accordance with the Performance Regulations outlined in section 2 of the National Team Selection – Rules Book**

In the case of Race Walks, performances achieved at Race Walk Events staged at International Competitions defined under IAAF Rule 1.1 (a), (b), (c), (d), (e), (f), (g) or (j) are valid towards the achievement of the Entry Standards providing the following conditions (where applicable) are respected:

- **The course is (or will be) measured by an IAAF/AIMS Grade “A” or “B” International Road Race Course Measurer**
- **A minimum of 3 International or Area Race Walking Judges are on duty**



Appendix B

Athletics Canada (AC) National Relay Team Athlete Agreement

Overview

In order to be successful in Doha we must continue the momentum we built with the AC National Relay Program since Beijing in 2008. Again, the relay program's fundamental principles are identified below. Athletes who are part of the National Relay Program are expected to adhere to these principles. Athletes selected for the national relay program must sign and return this agreement by August 24, 2019.

Fundamental Principles

1. The relay is a team event and all members are equal.
2. A common vision among team members is critical for success.
3. Open communication is encouraged among athletes and coaches.
4. Full cooperation on and off the track is expected; team cohesiveness is essential.
5. Athletes must have an open mind and a willingness to learn and adapt to relay ideas.
6. Selection of the team will be at the sole discretion of AC coaching staff with approval by the NTC.
7. Versatility as it pertains to relay running position is a must.
8. The goal is to assemble the best possible group of athletes in an order that will best benefit the team. Running order will be determined by the designated event Relay Coach and athletes will be advised of the order in a timely manner.
9. Athletes who are placed in an alternate position are expected to fully participate in team practices and competitions, including dressing and warming up with the team on the day of competition, and to be prepared to contribute if needed. Alternates are expected to accompany the four selected athletes to the call room area or as far as Officials will allow.
10. Members will attend all National Relay Program mandatory events.
11. Punctuality is expected at all relay events; tardiness will not be tolerated.

Relay Team Athlete Selection

All of the following factors (not listed in priority order) will be considered in relay team selection:

- Placing at the Selection Trials in his/her individual event.
- Health and fitness levels that indicate optimal competitive readiness.
- Individual performance ranking as determined by 2019 Athletics Canada rankings.
- Commitment to the National Relay program as determined by attitude, attendance, participation, and performance at national team camps, competitions, and events.
- Performance on previous relay teams.
- Assessment of relay skills and position suitability.

The designated event Relay Coach will make decisions in regards to relay team selection and positioning of relay team members.

Athlete Agreement

I have read, understand and accept the National Relay Team's principles and criteria for selection. I understand that my failure to comply with this Agreement may render me ineligible for National Team relay assignments.

| | |
|--------------------|------------------|
| Athlete Signature: | Coach Signature: |
| Print name: | Date: |