



## 2019 Pan Am Race Walk Cup

### SELECTION CRITERIA

#### OVERVIEW

All selections will be made in accordance with Athletics Canada's (AC) [National Team – Selection Rules Book](#). AC is limited in entries by PASO rules and regulations that will always take precedence should there be any contradictions contained within the Selection Criteria (the "Criteria"). The National Team Committee (NTC) is responsible for the implementation of the Criteria and has the sole authority and discretion to make all decisions relating to the selection of the team for the Pan Am Race Walk Cup.

#### 1 GENERAL INFORMATION

##### 1.1 Event Location

- Lazaro Cardenas, Mexico

##### 1.2 Important Dates

Important Dates		
DATES	DESCRIPTION	LOCATION
Apr 1, 2018 – Mar 10, 2019	Qualifying Period	
March 10, 2019	Athlete Declaration Deadline	<a href="#">Online Form</a>
March 11, 2019	Team Selection Date	
April 18, 2019	Depart Canada	
April 20-21, 2019	Competition Dates	Lazaro Cardenas, Mexico
April 22, 2019	Depart Mexico	

##### 1.3 Eligibility

To be eligible to participate in the 2019 Pan Am Race Walk Cup, an Athlete must meet the following requirements:

- be a registered member of an Athletics Canada Branch at the time of qualification and through the 2019 Pan Am Race Walk Cup;
- hold Canadian Citizenship by the Final Selection Date;
- declare interest via the Online Form as per the dates outlined in section 1.2;
- comply with the Final Phase Preparation Requirements as outlined in Section 4;
- be otherwise eligible to participate in the 2019 Pan Am Race Walk Cup;
- have a Canadian passport valid until at least October 21, 2019; and
- For the junior events, only athletes born in 2000, 2001, or 2002 are eligible for selection.

##### 1.4 Events

10km RW (Junior), 20km RW (Senior), 50km RW.

##### 1.5 Maximum per Event

Up to a maximum of Three (3) Senior athletes and Two (2) U24 athletes per Senior event



and Three (3) athletes per Junior event with standard may be selected.

**1.6 Selection Trials**

There will be no Selection Trials for this event.

**1.7 Final Declaration Date**

Athletes are required to declare their interest to participate by completing the online form no later than **March 10, 2019**. **Failure to complete declaration by the deadline will render the athlete ineligible for selection.**

**1.8 Final Selection Date and Team Announcement**

The NTC will make the team selection **March 11, 2019**. AC will announce the team through established communication channels (Branches, AC website, bulletin); athletes selected to the team will be contacted directly.

**1.9 Funding**

This team will be 100% funded by Athletics Canada.

**2 TEAM OBJECTIVES**

- To select teams that can achieve a Top Half position (as a team) at the 2019 Pan American Race Walking Cup.
- To select individual athletes that can achieve a Top Half position (as individuals) at the 2019 Pan American Race Walking Cup.

**3 SELECTION PROCESS**

All selections will be made in accordance with Athletics Canada's (AC) [National Team – Selection Rules Book](#).

**NOTE: It is the responsibility of the athlete to submit eligible performances to Athletics Canada at [results@athletics.ca](mailto:results@athletics.ca) in order to be considered for selection.**

**3.1 The National Team Committee (NTC)**

The NTC is comprised of:

- **Chair**
- **Voting Members** - Athletics Canada Technical Staff (two), Event Specialists (two), Branch Representatives (two, as designated by Branch Council), and Athlete Representatives (two, as designated by the Athlete Directors). In the case of a tie, the Chair of the NTC has the tie-breaking vote.
- **Non-Voting** – Can be asked to be present at parts of an NTC Selection Meeting depending on expertise and input required, but might include: Athletics Canada coaching and Integrated Support Team (“IST”) staff as necessary, statistician, legal advisor, as required.



### 3.2 Selection

- Eligible athletes (see section 1.3) may be selected in priority order based on AC's official rankings during the qualifying period (see section 1.2); up to the maximum per event (see section 1.5) provided they have achieved the necessary qualifying standards (see section 3.3).
- Athletes who do not have the applicable 20k Standard prior to January 1, 2019 may qualify using the Modified 15k Standard to allow for full recovery prior to the competition date.
- Athletes with standard in the 20k/15k will be ranked based on percentage of standard achieved.

### 3.3 Qualifying Standards

EVENT	CLASS	STANDARD 20K/10K	MODIFIED 15K
Women 20k	Senior	1:38:00	1:13:00
Women 20k	U24	1:43:00	1:16:30
Women 50k	Senior/U24	Upon request – “proven international caliber” athlete only	
Men 20k	Senior	1:25:30	1:03:30
Men 20k	U24	1:32:00	1:08:30
Men 50k	Senior/U24	Upon request – “proven international caliber” athlete only	
Women 10k	Junior	50:00	
Men 10k	Junior	47:00	

## 4 FINAL PHASE PREPARATION REQUIREMENTS

Athletes are expected to demonstrate final phase preparation and be able to deliver a peak performance at the Pan Am Race Walk Cup. An athlete's selection will not be confirmed until they complete the process outlined below and they will be deselected if the process is not completed.

### 4.1 Injury or Illness

Athletes who arrive at an international competition injured or ill consume a disproportionate amount of IST time and resources that should be spent on preparing healthy athletes to compete at their best. It is therefore AC's intention to work with carded athletes that have been injured or ill to help them recover in time for the competition with a minimal impact to training, or (in the event that full recovery is not possible for this competition) to ensure full recovery so that full training can resume and long-term potential is optimized. With this in mind, the NTC reserves the right to deselect injured/ill athletes who are not sufficiently healthy/fit to perform at their best at the competition.

Once selected, and ongoing until the Pan Am Race Walk Cup, athletes are required to immediately report any injury, illness, or change in training status that could affect their ability to compete at their highest level. Failure to properly report injury or illness prior to the event may result in the athlete being deselected and held financially responsible for all the athlete's costs associated with the event. Notification must be sent



immediately to Jessica Scarlato at [jessica.scarlato@athletics.ca](mailto:jessica.scarlato@athletics.ca).

Once notified of an athlete's injury, illness or change in training status that could affect their performance, AC team staff will work with the athlete, coach and local/national team IST resources to ensure that a complete injury and illness assessment has occurred and a recovery plan is in place. This assessment will include a determination of the athlete's potential for recovery and ability to compete at their best. This determination will comprise of two steps:

#### **STEP 1: Medical Clearance**

Generally done by local IST in collaboration with National IST and consists of 2 phases:

- a) An initial medical evaluation and paramedical assessment(s) to confirm the diagnosis and determine if/when the athlete is fit to return to full training or competition.
- b) A functional evaluation by IST with experience specific to the event demands (and injury or illness if applicable). This may include assessment of the athlete's movement pattern, for example, during a run, hurdle, jump, walk, or throw to identify dysfunctional movement patterns that may be contributing to the injury and potentially increase the risk of re-injury or undermine their competition performance.

#### **STEP 2: Specific Evaluation**

Following functional clearance by the medical team, a more comprehensive physical readiness test (the "Performance Test") to compete will be established as follows:

- Determination of the Performance Test will involve the AC National Event Group Coach, the event Head Coach, and the Personal Coach.
- The Performance Test will vary according to the event, injury or illness.
- The Performance Test will be objective, measurable, fair, realistic, specific to the event, and challenging.

If readiness cannot be established the athlete's selection and entry will not be confirmed and he/she will not travel with the team

In the case that the athlete is deemed unfit to resume training/competition, or does not meet the Performance Test standard, the athlete would be declared unready for competition and the results of the two steps will be forwarded to the NTC for a decision.

The NTC will use all available information at their disposal including performance results and progress in the final phase, suitability of the training and competition plan, fitness and other final phase indicators, consultation with the AC National Event Group Coach, AC National IST leads, the athlete's personal IST, and any other performance related information (ie Performance Test results when applicable) to determine if the





injured/ill athlete will be deselected and will not travel with the team.

The NTC may nominate the next eligible athlete, provided that the alternate athlete has proven their preparation during the final phase and meets all event specific requirements in regards to qualifying standards and timelines.

#### **4.3 Health Questionnaire and Anti-Doping**

Upon selection, all athletes will be required to complete a Medical Information Form. These questionnaires will ask athletes to declare all supplements and medications that are being used prior, during and after the event. Athletes who need to take medications while competing **must** ensure they have a completed and approved IAAF Therapeutic Use Exemption (TUE), if required, prior to selection. **Note:** It is not the responsibility of the AC team physicians to complete the documents for TUEs on behalf of the athlete. This should be done by the physician who prescribed the medication that requires the TUE. AC team physicians are available, however, for questions related to whether or not a TUE is required. Information regarding the TUEs for IAAF events can be found here:

<https://www.iaaf.org/about-iaaf/documents/anti-doping>.

## **5 APPEALS**

Only athletes who are eligible to be considered for selection (see sections 1.3 and 3) and who have achieved the standard (see Appendix A) during the Qualifying Period (see section 1.2) may submit an appeal for selection to the Commissioner's Office. Please refer to the National Team Selection – Rule Book and the AC Rules and By-laws Section 140.06 & 140.07 for further information. An appeal has to be submitted to the following e-mail address [athleticscanadacommissioner@gmail.com](mailto:athleticscanadacommissioner@gmail.com).

Contact the Director of Finance Sylvie King (Sylvie.king@athletics.ca) for payment options of the \$250 appeal fee. The appeal will not be reviewed until the appeal fee has been paid.

Due to the final entry deadline, appeals must be received within 48 hours of the publication of the team list.

## **6 AMENDMENTS TO THIS DOCUMENT**

The NTC reserves the right to amend the Criteria prior to the Selection Date. The NTC may amend the Criteria under the following circumstances:

1. When additional (or altered) information that is deemed relevant by the NTC to the Criteria is provided by external parties, such as (but not limited to) an event organizing committee, Sport Canada, the Canadian Olympic Committee, IAAF, or any other relevant organization; and
2. To correct, clarify or amend any inconsistencies, errors or omissions in the Criteria.

Any changes made by the NTC are deemed to come into effect immediately upon publication on the AC website. The NTC will publish the amended Criteria by whatever means and wherever the original Criteria were published.