



2019 PAN AMERICAN GAMES SELECTION CRITERIA

Selection Criteria Amendments

- **March 1, 2019 – Appendix A & B**
 - Updated Pan American Selection Standards and APA Target Event Quotas
http://www.panamsports.org/downloads/pdf/qualification-system-manual-lima-2019.pdf?fbclid=IwAR0-1UIxn-YQHMOeOWb_ps3tjTetFmBWrlEYFObGi3jfFwsuBG3EgVNVmE



2019 PAN AMERICAN GAMES

SELECTION CRITERIA

OVERVIEW

Athletics Canada ("AC") nominates athletes for the Pan American Games to the Canadian Olympic Committee ("COC") who make the final selections of the team. All nominations will be made in accordance with AC's [National Team – Selection Rules Book](#). AC is limited in entries by Pan American Sports Organization ("PASO") and the Association of Pan American Athletics ("APA") rules and regulations that will always take precedence should there be any contradictions contained within the Selection Criteria (the "Criteria"). Attached to the Criteria, and forming an integral part of it, are appendices.

The National Team Committee ("NTC") is responsible for drafting the Criteria for nomination for the 2019 Pan American Games, in consultation with the COC.

AC's Selection Committee is responsible for the nomination of athletes; these Criteria will be used for all nominations. For clarifications or questions on the contents of these criteria, please contact *Jared MacLeod* (jmacleod@athletics.ca).

The COC is responsible for final selection of athletes from the nominations made by AC's Selection Committee.

1 GENERAL INFORMATION

1.1 Event Location

Lima, Peru

1.2 Important Dates

Important Dates		
DATES	DESCRIPTION	LOCATION
January 1, 2018 – June 16, 2019	Qualifying Period (Marathon, Walks, Combined Events)	
May 1, 2018 – June 16, 2019	Qualifying Period (all other events)	
March 4, 2019	Declaration Deadline	Online Form
June 17, 2019	Selection Date	
June 21, 2019	AC to nominate team to COC	
June 24, 2019	COC confirms selections	
June 26, 2019	APA / PASO confirms additional athlete invitations	
TBD	Depart Canada	
July 26 – August 11, 2019	Pan American Games	Lima, Peru
August 12, 2019	Depart Peru	



1.3 Eligibility

To be eligible to participate in the 2019 Pan American Games, an athlete must meet all of the following requirements:

- be a registered member of a provincial branch of AC (“Branches”) at the time of qualification and through the 2019 Pan American Games;
- hold Canadian citizenship as per the Regulations of the Pan American Games, by the nomination date – June 21, 2019;
- declare interest via the Online Form as per the dates outlined in section 1.2;
- comply with the Final Phase Preparation Requirements as outlined in section 4;
- be otherwise eligible to participate in the 2019 Pan American Games;
- have a Canadian passport valid for at least 6 months after the 2019 Pan American Games – February 11, 2020; and
- Must sign and submit COC Athlete Agreement and eligibility and conditions forms

1.4 Events

100m, 200m, 400m, 800m, 1500m, 5000m, 10,000m, Marathon, 3000m S/C, 100mH/ 110mH, 400mH, 20km Race Walk, 50km Race Walk, HJ, PV, LJ, TJ, SP, DT, HT, JT, Heptathlon/Decathlon, 4 x 100m, 4 x 400m

1.5 Event Quota

A maximum of two (2) athletes per country per individual event* and a maximum of six (6) athletes per relay event.

* The APA may invite additional athletes in any event that did not meet its target number of entries (see Appendix B); they will make these additional invitations on June 26, 2019 (see 3.2.3 for how the NTC will consider these invitations).

1.6 Team Quota

AC will expect to have a maximum Team Quota of 45 athletes, however AC reserves the right to increase the Team Quota should budget allow.

1.7 Declaration Deadline

Athletes are required to declare their interest to participate by completing the Online Form no later than March 4, 2019. **Failure to complete the Online Form by the deadline will render the athlete ineligible for selection.**

1.8 Selection Date and Team Announcement

The NTC will make team nominations on June 17, 2019*. AC will announce the team through established communication channels in conjunction with the COC communications team (including Branches, the AC website, bulletins). Additionally, athletes nominated to the team will be contacted directly.

*NTC will submit nominations to the COC on June 21, 2019.

1.9 Funding

This team will be 100% funded.



2 TEAM OBJECTIVES

- Compared to the most recent Pan American Games, to win more medals and increase the number of Canadian athletes who:
 - win medals;
 - place in the top 8;
 - place in the top half of their field;
 - improve their personal best;
 - improve their seasonal best; or
 - improve on their pre-event ranking.

3 SELECTION PROCESS

All nominations will be made in accordance with AC's [National Team – Selection Rules Book](#).

NOTE: It is the responsibility of the athlete to submit eligible performances to Athletics Canada at results@athletics.ca in order to be considered for nomination.

3.1 The National Team Committee (previously defined as the NTC)

The NTC is comprised of the following members:

- **Chair**
- **Voting Members** – AC Technical Staff (two), Event Specialists (two), Branch Representatives (two, as designated by Branch Council), and Athlete Representatives (two, as designated by the Athlete Directors). In the case of a tie, the Chair of the NTC has the tie-breaking vote.
- **Non-Voting** – At the discretion of the Chair, individuals may be asked to be present at parts of an NTC Selection Meeting depending on expertise and input required, which might include: Any AC coaching staff, Integrated Support Team (“IST”) staff, a statistician, a legal advisor or any other individual, as required.

3.2 Nomination Process

3.2.2 Athlete Nominations

a) Athletes who have met the eligibility requirements of section 1.3 and achieved the necessary Qualifying Standard (see Appendix A) during the Qualifying Period (see section 1.2) will be known as “Qualified Athletes”.

b) Relay teams eligible for invitation by the APA will be known as “Qualified Relays” (see section 3.3).

c) All Qualified Athletes will be ranked using their World Ranking (see section 3.2.4 (a)).

d) All Qualified Relays will be added to this ranking list, and will be ranked using their World Ranking (see section 3.2.4 (b)).

e) Qualified Athletes and/or Qualified Relays will be nominated in this ranking order until the individual Event Quotas are filled and the overall Team Quota is filled (see sections 1.5 and 1.6) or until no more Qualified Athletes and Qualified Relays remain.



Each Qualified Relay will use six (6) Team Quota slots, reduced by one each time a relay member is also nominated to an individual event. The Qualified Relay team must include any athletes nominated to the corresponding individual event (eg all male athletes nominated for the 100m must be included in the men's 4x100m.) The Head Coach may recommend reducing any Qualified Relay to five (5) athletes.

f) If, using this ranking order, a number of Qualified Athletes and/or Qualified Relays tie for the remaining Event Quota or Competition Quota then the NTC will rank them in the order that, in their sole opinion, they consider that they are likely to finish at the 2019 **IAAF World Championships** in the corresponding event. Athletes and/or teams will be selected in this ranking order until the relevant Quota is full. The NTC may consider any factors that they consider relevant, in any order that they consider relevant, to rank athletes. These factors will include, but may not be limited to:

- i. World and domestic ranking;
- ii. Current form and fitness;
- iii. Proven ability to perform on demand
- iv. Head-to-head record against each other during the Qualifying Period

g) Once the process above is complete (the Team Quota is filled), nominated athletes who are qualified for additional events that have remaining Event Quota spots can be nominated for those events provided that the NTC believes that competing in the additional event will not negatively impact the athlete's ability to compete in their main event. If more athletes qualify for additional event nominations than there are remaining Event Quota spots then the process outlined in 3.2.1.f) above will be used to rank athletes.

3.2.3 Additional Invitations

It is possible that APA / PASO will send AC / COC invitations for additional athletes to compete at the Games on or after the selection date to make up their target number of athletes per event (See Appendix B).

These invitations will be considered on a case-by-case basis, using the guidelines in 3.2.2 but invitations by the APA for athletes who are not eligible (eg. who have not declared or who have not achieved a valid qualifying standard) will not be accepted.

3.2.4 World Rankings

(a) Individual Athletes:

An athletes' World Ranking will be calculated as follows:

The IAAF Top List (www.iaaf.org/records/toplists) will be used for Jan 1, 2019 to June 16, 2019.

Only three athletes per country in each event will be counted.

Canadian athletes will be ranked by their best performance *within the qualification period* as shown on the official AC ranking list (<http://athletics.ca/calendar-rankings/rankings/>) against the 2019 Top List.

(b) Relay Teams:



A Relay Team's World Ranking will be calculated as follows:

The IAAF Top List (www.iaaf.org/records/toplists) will be used for Jan 1, 2019 to June 16, 2019.

Only one results per national team will be counted and mixed nationality teams will not be counted.

3.3 Each Relay Team will be ranked by the best Canadian national team result *within the qualification period* against the 2019 Top List Relays

3.3.1 To be nominated relay teams must:

- a) Be invited by APA (by having finished in the top two (2) at the 2018 NACAC Senior Championships or by being ranked in the top 12 in the Pan American rankings); and
- b) The NTC determines that the team can realistically finish in the top 8 at the Pan American Games, the NTC may use any information that they consider relevant to make this decision including but not limited to recent relay world ranking lists and the athletes available for selection; and
- c) Include at least three team members nominated for individual events. (Note that the APA specify that each relay team can include a maximum of two (2) athletes who are not nominated for an individual event.)

3.3.2 For eligible relay teams (see 3.3.1)

- a) The NTC will nominate a squad of six (6) athletes per team.
- b) The squad size may be reduced to five (5) at the Head Coach's recommendation or if only three (3) squad members are nominated in individual events.
- c) All athletes nominated for the individual 100m (4x100m) or individual 400m (4x400m) will be automatically selected for the relevant relay squad.
- d) The Head Coach, in consultation with the HPD, will nominate relay squad members to the NTC based on the rules above and any factors considered relevant including, but not limited to:
 - Current form and fitness;
 - Proven ability to Perform on Demand;
 - Specific relay skills and position suitability;
 - Buy-in to, and compliance with, the National relay squad programs.

For the avoidance of doubt: ranking in an individual event (e.g. the 100m for the 4x100m relay) is important but is not the only factor in making relay squad nominations.



- The appointed Team Relay Coach, in consultation with the team's Head Coach, will determine which team members make up the relay team and the running order. Any team member may be asked to run in the relay. Potential athletes will be notified in a timely manner.
- All potential athletes will be expected to sign a "Relay Agreement" – see Appendix C, which outlines responsibilities of selected relay team members, which includes expectations and commitments to the team. Athletes who fail to sign the agreement will be removed from the relay pool.

IMPORTANT NOTE:

All athletes, if requested by the team head coach, must be prepared to compete in relays.

4 FINAL PHASE PREPARATION REQUIREMENTS

4.1 Injury or Illness

Athletes who arrive at an international competition injured or ill take a disproportionate amount of IST time and resources that should be spent on preparing athletes that are healthy and ready to compete. It is therefore AC's intention to work with the selected athletes that have been injured or ill to help them recover in time for the competition with a minimal impact to training, or (in the event that full recovery is not possible for this competition) to ensure full recovery so that full training can resume and long-term potential is optimized. With this in mind, AC reserves the right to deselect injured/ill athletes who are not sufficiently healthy/fit to perform at their best at the competition.

From the moment of selection, and ongoing until the 2019 Pan American Games, athletes have an obligation to immediately report any injury, illness, or change in training status that could affect their ability to compete at their highest level. Failure to properly report injury or illness prior to the event may result in the athlete being deselected and held financially responsible for all the athlete's costs associated with the event. Any notification must be sent immediately to Jessica Scarlato at jessica.scarlato@athletics.ca.

Once notified of an athlete's injury, illness or change in training status that could affect their performance, AC team staff will work with the athlete, coach and local/national team IST resources to ensure that a complete injury and illness assessment has occurred and a recovery plan is in place. This assessment will include a determination of the athlete's potential for recovery and ability to compete. This determination will comprise of two steps:

STEP 1: Medical Clearance

Generally done by local IST in collaboration with AC's national IST and consists of 2 phases:

- a) An initial medical evaluation and paramedical assessment(s) to confirm the diagnosis and determine if/when the athlete is fit to return to full training or competition.
- b) A functional evaluation by IST with experience specific to the event demands (and injury or illness if applicable). This may include assessment of the athlete's



movement pattern, for example, during a run, hurdle, jump, walk, or throw to identify dysfunctional movement patterns that may be contributing to the injury and potentially increase the risk of re-injury or undermine their competition performance.

STEP 2: Specific Evaluation

Following medical clearance by the medical team, a more comprehensive physical readiness test (the “Performance Test”) to compete will be established as follows:

- Determination of the Performance Test will involve the AC national event group coach, the event head coach, and the personal coach.
- The Performance Test will vary according to the event, injury or illness.
- The Performance Test will be objective, measurable, fair, realistic, specific to the event, and challenging.

In the case that the athlete is deemed unfit to resume training/competition, or does not meet the Performance Test standard, the athlete would be declared unready for competition and the results of the two steps will be forwarded to the NTC for a decision.

The NTC will use all available information at its disposal including performance results and progress in the final phase, suitability of the training and competition plan, fitness and other final phase indicators, consultation with the AC national event group coach, AC national IST leads, the athlete’s personal IST, and any other performance related information (ie Performance Test results when applicable) to determine if the injured/ill athlete will be deselected and will not travel with the team.

The NTC may nominate the next eligible athlete, provided that the alternate athlete has proven their preparation during the final phase and meets all event specific requirements in regards to qualifying standards and timelines.

Substitutions after June 21, 2019 are subject to the approval of the COC Team Selection Committee and substitutions after June 26, 2019 are also subject to the PASO Late Athlete Replacement Policy.

4.2 Health Questionnaire and Anti-Doping

Upon selection, all athletes will be required to complete a Medical Information Form. These questionnaires will ask athletes to declare all supplements and medications that are being used prior, during and after the event. Athletes who need to take medications while competing **must** ensure they have a completed and approved IAAF Therapeutic Use Exemption (TUE), if required, prior to selection. **Note:** It is not the responsibility of the AC team physicians to complete the documents for TUEs on behalf of the athlete. This should be done by the physician who prescribed the medication that requires the TUE. AC team physicians are available, however, for questions related to whether or not a TUE is required. Information regarding the TUEs for IAAF events can be found here:

<https://www.iaaf.org/about-iaaf/documents/anti-doping>.



5 APPEALS

Only athletes who are eligible to be considered for selection (see sections 1.3 and 3) may submit an appeal for selection to the Commissioner's Office. Please refer to the [National Team Selection Rules Book](#) and the [AC Rules and By-Laws](#) Section 140.06 & 140.07 for further information.

An appeal has to be submitted to the following e-mail address commissioner@athletics.ca.

Contact the AC Appeals email address (appeals@athletics.ca) for payment options of the \$250 appeal fee. The appeal will not be reviewed until the appeal fee has been paid.

Due to time constraints with the COC nomination deadline, appeals must be received within 48 hours of the publication of the team list.

6 AMENDMENTS TO THE CRITERIA

The NTC reserves the right to amend the Criteria prior to the Selection Date. The NTC may amend the Criteria under the following circumstances:

1. When additional (or new) information that is deemed relevant by the NTC to the Criteria is provided by external parties, such as (but not limited to) an event organizing committee, PASO, Sport Canada, the Canadian Olympic Committee, IAAF, or any other relevant organization, as applicable; and
2. To correct, clarify or amend any inconsistencies, errors or omissions in the Criteria.

Any amendments made by the NTC are deemed to come into effect immediately upon publication on the AC website. The NTC will publish the amended Criteria by whatever means and wherever the original Criteria were published.



APPENDIX A 2019 PAN AMERICAN GAMES SELECTION STANDARDS

Women's	Events	Men's
11.60	100m	10.30
23.40	200m	20.60
53.45	400m	46.10
2:04.00	800m	1:48.80
4:22.00	1,500m	3:47.50
16:48.00	5,000m	14:10.00
34:10.00	10,000m	29:50.00
2:50:00	Marathon	2:20:00
13.20	100m /110m H	13.80
56.30	400m H	50.70
10:15.00	3,000m S/C	8:55.00
1:37:00	20km RW	1:25:00
4:55:00	50km RW	4:15:00
1.80	High Jump	2.22
6.48	Long Jump	7.90
13.60	Triple Jump	16.50
4.15	Pole Vault	5.20
16.30	Shot Put	18.50
65.40	Hammer	68.00
54.30	Discus	60.00
53.00	Javelin	76.00
5570	Heptathlon/Decathlon	7300

**Standards must be achieved in accordance with the Performance Regulations outlined in section 2 of the*

National Team Selection – Rules Book

In the case of Race Walks, performances achieved at Race Walk Events staged at International Competitions defined under IAAF Rule 1.1 (a), (b), (c), (d), (e), (f), (g) or (j) are valid towards the achievement of the Entry Standards providing the following conditions (where applicable) are respected:

- *The course is (or will be) measured by an IAAF/AIMS Grade “A” or “B” International Road Race Course Measurer*
- *A minimum of 3 International or Area Race Walking Judges are on duty*



APPENDIX B APA TARGET EVENT QUOTAS

Event	Target Quota
100m	24
200m	24
400m	18
800m	16
1,500m	14
5,000m	14
10,000m	14
Marathon	18
100m /110m H	16
400m H	16
3,000m S/C	14
20km RW	14
50km RW	14
High Jump	14
Long Jump	16
Triple Jump	16
Pole Vault	14
Shot Put	14
Hammer	14
Discus	14
Javelin	14
Heptathlon/Decathlon	14
4x100m Relay	12
4x400m Relay	12



Appendix C

Athletics Canada (AC) National Relay Team Athlete Agreement

Overview

In order to be successful in Lima we must continue the momentum we built with the AC National Relay Program since Beijing in 2008. Again, the relay program's fundamental principles are identified below. Athletes who are part of the National Relay Program are expected to adhere to these principles. Athletes selected for the national relay program must sign and return this agreement by June 16, 2019.

Fundamental Principles

1. The relay is a team event and all members are equal.
2. A common vision among team members is critical for success.
3. Open communication is encouraged among athletes and coaches.
4. Full cooperation on and off the track is expected; team cohesiveness is essential.
5. Athletes must have an open mind and a willingness to learn and adapt to relay ideas.
6. Selection of the team will be at the sole discretion of AC coaching staff with approval by the NTC.
7. Versatility as it pertains to relay running position is a must.
8. The goal is to assemble the best possible group of athletes in an order that will best benefit the team. Running order will be determined by the designated event Relay Coach and athletes will be advised of the order in a timely manner.
9. Athletes who are placed in an alternate position are expected to fully participate in team practices and competitions, including dressing and warming up with the team on the day of competition, and to be prepared to contribute if needed. Alternates are expected to accompany the four selected athletes to the call room area or as far as Officials will allow.
10. Members will attend all National Relay Program mandatory events.
11. Punctuality is expected at all relay events; tardiness will not be tolerated.

Relay Team Athlete Selection

All of the following factors (not listed in priority order) will be considered in relay team selection:

- Placing at the Selection Trials in his/her individual event.
- Health and fitness levels that indicate optimal competitive readiness.
- Individual performance ranking as determined by 2019 Athletics Canada rankings.
- Commitment to the National Relay program as determined by attitude, attendance, participation, and performance at national team camps, competitions, and events.
- Performance on previous relay teams.
- Assessment of relay skills and position suitability.

The designated event Relay Coach will make decisions in regards to relay team selection and positioning of relay team members.

Athlete Agreement

I have read, understand and accept the National Relay Team's principles and criteria for selection. I understand that my failure to comply with this Agreement may render me ineligible for National Team relay assignments.

Athlete Signature:	Coach Signature:
Print name:	Date: