

2019 World Para Athletics Marathon Championships SELECTION CRITERIA

OVERVIEW

All nominations will be made in accordance with Athletics Canada's ("AC") National Team — Selection Rules Book. AC is limited in entries by World Para Athletics ("WPA") rules and regulations that will always take precedence should there be any contradictions contained within the Selection Criteria (the "Criteria"). Attached to the Criteria, and forming an integral part of it, is an Appendix. The National Team Committee ("NTC") is responsible for the implementation of the Criteria and has the sole authority and discretion to make all decisions relating to the selection of the team for the World Para Athletics Marathon Championships.

1 GENERAL INFORMATION

1.1 Event Location

London, GBR

1.2 Important Dates

Date	Description	Location
Jan 1, 2017 – Feb. 15, 2019	Qualifying Period	
February 15, 2019	Final Declaration Deadline	// 🗥 /
February 16, 2019	Selection Date	
April 23, 2019	Depart Canada	
April 26-27, 2019	Classification	London, GBR
April 28, 2019	Competition dates	London, GBR
April 29, 2019	Return to Canada	

1.3 Eligibility

- Must be a registered member of an Athletics Canada Branch at the time of qualification and through the WPA Marathon Championships;
- Must hold Canadian Citizenship by Jan. 1, 2019;
- Must declare interest as per the dates outlined in section 1.2;
- Must comply with Final Phase Preparation Requirements as outlined in Section 4;
- Must otherwise be eligible to participate in the WPA Marathon Championships.
- Must have a Canadian passport valid until at least October 28, 2019;
- Must sign and submit forms as required by AC and WPA;
- Must hold an active IPC License for the 2019 Season and minimally hold a "R" or "C"
 IPC Sport Classification.

1.4 Funding

This team will be 100% funded.



1.5 Maximum Entries per Event

NPCs can enter up to Six (6) eligible Athletes per marathon event (single class).

Guide Runners

May enter a maximum of two (2) Guide-runner per athlete for athletes in Sports Classes T11-T12. Guide-runners must hold an active WPA Athlete License for the 2019 season.

1.6 Qualifying Period(s)

Standards must be achieved between Jan. 1, 2017 and Feb. 15, 2019.

1.7 Final Declaration Date

Athletes are required to declare their interest to participate no later than February 15, 2019. Failure to submit forms by the deadline will render the athlete ineligible for selection.

1.8 Final Selection Date

The NTC will make final team selections by **February 16, 2019**. AC will announce the team selection through established communication channels (provincial branches, AC website, bulletins, etc.) athletes selected to the team will be contacted directly.

2 TEAM OBJECTIVES

To align with AC's High Performance Plan, the objectives of the team will be to maximize the number of athletes who finish in the top half of their field, finish in the top eight, and who win medals.

3 SELECTION PROCESS

All selections will be made in accordance with Athletics Canada's (AC) <u>National Team – Selection</u> Rules Book.

NOTE: It is the responsibility of the athlete to submit eligible performances to Athletics Canada at results@athletics.ca in order to be considered for selection.

3.1 The National Team Committee (NTC)

The NTC is comprised of:

- Chair
- Voting Members Athletics Canada Technical Staff (two), Event Specialists (two),
 Branch Representatives (two, as designated by Branch Council), and Athlete
 Representatives (two, as designated by the Athlete Directors). In the case of a tie,
 the Chair of the NTC has the tie-breaking vote.
- Non-Voting Can be asked to be present at parts of an NTC Selection Meeting depending on expertise and input required, but might include: Athletics Canada coaching and Integrated Support Team ("IST") staff as necessary, statistician, legal advisor, as required.



3.2 Selection Process

Eligible athletes (see section 1.3) will be selected in priority order based on their best World Para Athletics Rankings (3 athletes per country) in each event who have achieved the Qualifying Standard (Appendix A) during the Qualifying Period (see section 1.6) and comply with the Final Phase Preparation Requirements (section 4) may be selected.

4 FINAL PHASE PREPARATION REQUIREMENTS

4.1 Injury or Illness

Athletes who arrive at the competition injured consume a disproportionate amount of IST time and resources that should be spent on preparing healthy athletes to compete at their best. Those whose fitness has suffered due to injuries or illness are not ready to perform at their best, nor are they able to help attain the team's high performance goals. It is therefore AC's intention to work with injured or ill athletes to help them recover in time for the competition with a minimal impact to training, or (in the event that full recovery is not possible for this competition) to ensure full recovery so that full training can resume and long-term potential is optimized. With this in mind, the NTC reserves the right to deselect injured/ill athletes who are not sufficiently healthy/fit to perform at their best at the competition.

Once selected, athletes are required to immediately report any injury, illness, or change in training that could affect their ability to compete at their highest level. Failure to properly report injury or illness prior to the event may result in the athlete being deselected and financially responsible for all the athlete's costs associated with the event. Notification must be sent immediately to the event head coach.

Once notified of an athlete's injury, illness or change in training that could affect their performance, AC team staff will work with the athlete, coach and local/national team IST resources to ensure that a recovery plan is in place. The plan will include a determination of the athlete's potential for recovery and ability to compete at their best. This determination will follow and be made in two steps:

STEP 1: Medical Clearance

Generally done by local IST in collaboration with National IST and consists of 2 phases:

- a) An initial medical evaluation and paramedical assessment(s) to determine if the athlete is fit to return to full training or competition. This would occur once stabilization of health has been achieved and may include a functional evaluation of movement patterns; and,
- b) A dynamic functional evaluation will be carried out by IST that would be specific to the event (and injury or illness if applicable). This would assess the athlete's movement pattern during a wheel, for example, to better identify dysfunctional



movement patterns that could increase the risk of re-injury or undermine a competition performance.

STEP 2: Specific Evaluation

Following functional clearance by the medical team, a more comprehensive physical readiness test (the "Performance Test") to compete will be established as follows:

- Determination of the Performance Test will involve the AC Lead of Para Performance, the event Head Coach, and the Personal Coach.
- The Performance Test will vary according to the event, injury or illness.
- The Performance Test will be objective, measurable, fair, realistic, specific to the event, and challenging.

In the case that the athlete is deemed unfit to resume training/competition or that dysfunctional movement patterns are identified in either steps, the athlete would be declared unready for competition and the results of the two steps will be forwarded to the NTC for a decision.

The NTC will use all available information at their disposal including performance results and progress in the final phase, suitability of the training and competition plan, fitness and other final phase indicators, consultation with the AC Lead of Para Performance, AC National IST leads, the athlete's personal IST, and any other performance related information to determine if the athlete will be deselected and will not travel with the team.

The NTC may nominate the next eligible athlete, provided that the alternate athlete has proven their preparation during the final phase and meets all event specific requirements in regards to qualifying standards and timelines.

4.3 Health Questionnaire and Anti-Doping

Upon nomination, all athletes will be required to complete a Medical Information Form. These questionnaires will ask athletes to declare all supplements and medications that are being used prior, during and after the event. Athletes who need to take medications while competing that are on the WADA Prohibited List **must** have a completed and approved IPC Therapeutic Use Exemption prior to nomination.

5 APPEALS

Only athletes who are eligible to be considered for selection (as per sections 1.3 and 3) and who have achieved the standard (as per Appendix A) may submit an appeal for nomination to the Commissioner's Office. Please refer to the National Team Selection – Rule Book and the AC Rules and By-laws Section 140.06 & 140.07 for further information. An appeal has to be submitted to the following e-mail address athleticscanadacommissioner@gmail.com.

Due to the entry deadline, appeals must be submitted within 48 hours of the publication of the team list.



Contact the Director of Finance Sylvie King (<u>Sylvie.king@athletics.ca</u>) for payment options of the \$250 appeal fee.

6 AMENDMENTS TO THIS CRITERIA

The NTC reserves the right to amend the Criteria prior to the Selection Date. The NTC may amend the Criteria under the following circumstances:

1. When additional (or altered) information that is deemed relevant by the NTC to the Criteria is provided by external parties, such as (but not limited to) an event organizing committee, Sport Canada, the Canadian Paralympic Committee, WPA, or any other relevant organization; and 2. To correct, clarify or amend any inconsistencies, errors or omissions in these Criteria.

Any change made by the NTC are deemed to come into effect immediately upon publication on the AC website. The NTC will publish the amended Criteria by whatever means and wherever the original Criteria were published.

Event Viability Criteria

A minimum of five (5) athlete entries from three (3) NPC's is necessary to sustain an individual medal event on the program.

World Para Athletics shall review the event viability following the close of the final entry by name on Feb. 22, 2019. In the case as event did not meet the above viability criteria by final entry, World Para Athletics reserve the right to either cancel such events or run them as non-medal events.

In the case the entry number of an event drops below the aforementioned event viability criteria due to with-drawls after Feb. 22, 2019, the event shall be run as a Medal Event and the medals will be allocated under the "minus one" rule.





APPENDIX A ATHLETICS CANADA (AC) SELECTION STANDARDS

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EVENT	CLASS	MIN. ENTRY STANDARDS	
MEN			
Men's Marathon T12	T11/12	3:00:00	
Men's Marathon T46	T45/46	3:00:00	
Men's Marathon T54	T52/T53/54	1:35:00	
WOMEN			
Women's Marathon T12	T11/12	3:35:00	
Women's Marathon T54	T52/T53/54	1:58:00	

^{*}Standards must be achieved on a recognized legal road course in accordance with the Performance Regulations outlined in section 2 of the <u>National Team Selection – Rules Book.</u>

