



2020 IAAF WORLD INDOOR CHAMPIONSHIPS

SELECTION CRITERIA

Selection Criteria Amendments

• **November 25, 2019** – Appendix A (p. 9). Corrected typo in AC Indoor Qualification Standard for Men's Shot Put.



OVERVIEW

All nominations will be made in accordance with Athletics Canada's (AC) National Team — Selection Rules Book. AC is limited in entries by IAAF rules and regulations that will always take precedence should there be any contradictions contained within the Selection Criteria (the "Criteria"). Attached to the Criteria, and forming an integral part of it, are two Appendices: Appendix A: 2020 IAAF World Indoor Championships Selection Standards and Appendix B: Athletics Canada (AC) National Relay Team Athlete Agreement. The National Team Committee (NTC) is responsible for the implementation of the Criteria and has the sole authority and discretion to make all decisions relating to the selection of the team for the IAAF World Indoor Championships in Athletics.

1 GENERAL INFORMATION

1.1 Event Location

• Nanjing, China

1.2 Important Dates

| DATES | DESCRIPTION | LOCATION |
|-------------------|--|---|
| April 1, 2019 – | Confirmed Selection Qualifying Period | |
| February 23, 2020 | (indoor or outdoor performances) | |
| January 1, 2020 – | Provisional Selection Qualifying Period | |
| February 23, 2020 | (indoor performance only) | |
| February 23, 2020 | Athlete Declaration Deadline | - Ai |
| February 24, 2020 | Athletics Canada Team Selection | |
| March 4, 2020 | IAAF to publish list of invited athletes | |
| March 4, 2020 | Deadline to submit training and competition plan for the period March 4-15, 2020 | Email to: Nicole.Clarke@athl etics.ca |
| TBD TBD | Depart Canada | All |
| March 13-15, 2020 | Athletics Competition | Nanjing, CHN |
| March 16, 2020 | Return to Canada | |

1.3 Eligibility

To be eligible to participate in the 2020 World Indoor Championships, an Athlete must meet the following requirements:

- be a registered member of an Athletics Canada Branch at the time of qualification and through the 2020 IAAF World Indoor Championships;
- hold Canadian Citizenship by the Final Selection Date;
- declare interest via the Online Form as per the dates outlined in section 1.2;
- comply with the Final Phase Preparation Requirements as outlined in section 4;
- be otherwise eligible to participate in the 2020 IAAF World Indoor Championships;
- have a Canadian passport valid for at least 6 months after the 2020 IAAF World Indoor Championships; and

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1.4 Events

60m, 400m, 800m, 1500m, 3000m, 60mH, HJ, PV, LJ, TJ, SP, HEP (M), PENT (W), 4 x 400m.

1.5 Maximum per Event

The IAAF allows a maximum of two (2) athletes per country per individual event. The IAAF allows a maximum of 6 athletes per relay team.

1.6 Final Declaration Date

Athletes are required to declare their interest to participate by completing the online form no later than February 23, 2020. Failure to complete declaration by the deadline will render the athlete ineligible for selection.

1.7 Final Selection Date and Team Announcement

The NTC will make team selections, including both automatic and provisional selections, immediately following the end of the Qualifying Period on February 24. AC will announce the selection through established communication channels (Branches, AC website, High Performance Newsletter); athletes selected to the team will be contacted directly. Provisional selections will be confirmed as soon as possible after the IAAF publishes the list of invited athletes by March 4, 2020.

1.8 Funding

This team will be 100% funded by Athletics Canada.

2 TEAM OBJECTIVES

- To improve upon Athletics Canada's number of medals, top 8, top 12, and top 16 finishes from the most recent World Indoor Championships.
- 2018 medals = 1, top 8 = 3, top 12 = 8, top 16 = 10

3 SELECTION PROCESS

All selections will be made in accordance with Athletics Canada's (AC) <u>National Team – Selection</u> Rules Book.

3.1 The National Team Committee (NTC)

The NTC is comprised of:

- Chair
- Voting Members Athletics Canada Technical Staff (two), Event Specialists (two),
 Branch Representatives (two, as designated by Branch Council), and Athlete
 Representatives (two, as designated by the Athlete Directors). In the case of a tie, the
 Chair of the NTC has the tie-breaking vote.
- Non-Voting Can be asked to be present at parts of an NTC Selection Meeting depending on expertise and input required, but might include: Athletics Canada coaching and Integrated Support Team ("IST") staff as necessary, statistician, legal advisor, as required.

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3.2 Selection for Track and Field Events (excluding Relays, see section 3.4)

Step 1 - Confirmed Selections by IAAF Qualification Standard:

Up to two eligible athletes (see section 1.3) who achieve the necessary IAAF Qualifying Standard (see Appendix A) during the Confirmed Selection Qualifying Period (see section 1.2) will be selected.

If the number of athletes that achieve the IAAF Qualification Standard exceeds the maximum per event (2), the NTC will rank the qualified athletes in priority order that they consider the athletes are likely to finish at the 2020 World Indoor Championships in the relevant event. Athletes will be nominated in this ranking order until the Event Quota is full. To assist the NTC in this ranking decision they will consider the factors listed below, as well as any other factors that they consider relevant:

- World and domestic ranking;
- Current form and fitness;
- Proven ability to perform on demand, and;
- Recent Head-to-Head record against other athletes under consideration.

For the avoidance of doubt, an athlete's world and domestic ranking in the event under consideration is important but is not the only factor in making a nomination.

Step 2 – Provisional Selection by AC Indoor Qualification Standard:

If the maximum number of athletes per event (2) has not been met after Step 1, additional athletes that have met the AC Indoor Qualification Standard (appendix A) during the Provisional Selection Qualifying Period (see section 1.2) will be provisionally selected. This is a provisional selection subject to athletes appearing on the IAAF invitation list to be published by March 4. Note that the AC Indoor Qualification Standard has been calculated as the IAAF Indoor Standard plus 2% and must be achieved *indoors* during the period January 1, 2020 and February 23, 2020.

If the number of athletes that achieve the AC Qualification Standard plus any confirmed selections (from step 1) exceed the maximum per event (2), the NTC will rank the provisionally qualified athletes in the order that consider that they likely to finish at the 2020 World Indoor Championships in the relevant event. The factors to be considered by the NTC when ranking athletes will include, but may not be limited to:

- World and domestic ranking;
- Current form and fitness;
- Proven ability to perform on demand, and;
- Recent Head-to-Head record against other athletes under consideration.

For the avoidance of doubt, an athlete's world and domestic ranking in the event under consideration is important but is not the only factor in making a nomination

Important notes regarding provisional selected athletes:

- A Provisionally Selected athlete cannot replace a confirmed athlete selected in stage 1.
- The ranking order of Provisionally Selected athletes will only be used if the IAAF ask us to



choose between two or more athletes for an invitation.

- If the IAAF only invite one athlete of several ranked by the NTC (in the same event), the invitation will be <u>accepted</u> regardless of the NTC ranking.
- If the IAAF invite an athlete who is not Provisionally Selected by the NTC then the invitation will be declined.

3.3 Selection for Combined Events

For the Combined Events, participation is **by IAAF invitation** only. All eligible athletes who receive an invitation by IAAF will be selected. IAAF invitations will be determined as follows:

- the winner of the 2019 Combined Events Challenge
- the five best athletes from the 2019 Outdoor Lists (as at 31 December 2019), limited to a maximum of one per country
- the five best athletes from the 2020 Indoor Lists (as at 24 February 2020)
- one athlete which may be invited at the discretion of the IAAF

3.4 Selection for Relays

Team Qualification – General Requirements

Relay teams must be ranked in the top 8 nations on the IAAF <u>outdoor</u> Top List during the Qualifying Period (see section 1.2). Teams must be 100% comprised of eligible athletes (as per section 1.3).

Relay Eligibility Pool

Athletes will be selected to the AC National Team relay eligibility pool (the "Eligibility Pool") based upon nomination by the AC Relay Coach (using his/her discretion) after considering the principles and criteria set out in Appendix B.

All athletes who have been named to the Eligibility Pool will be eligible for selection to the relay team. Athletes must sign the Relay Team Athlete Agreement (Appendix B) to be eligible for selection to the team for the event. Being named to the Eligibility Pool does not guarantee selection to a relay team.

Final Relay Team Selection

Notwithstanding the Criteria or the provisions of the Relay Team Athlete Agreement, whether AC will enter a specific relay team will depend on the number, quality and final phase preparation of eligible athletes. If the Head Coach determines that there are insufficient numbers of high level athletes to form a relay team that will be capable of finishing Top 8 at the 2020 IAAF World Indoor Championships, the NTC reserves the right not to enter a given relay team.

Selection of athletes from the Eligibility Pool to the Relay Team will be made by the NTC based upon the recommendation of the Head Coach and an assessment of the principles and criteria set out in Appendix B. A maximum of 6 athletes may be selected.

Relay Position Assignments

Once a Relay Team is selected, individual athlete selection and running position for the actual event will be at the discretion of the Event Relay Coach.



3.5 World Indoor Tour

Any eligible athlete (see section 1.3) who is the overall winner of the 2020 World Indoor Tour in their event will be automatically selected by Wild Card. Wild Card selections are in addition to the maximum number of athletes per event (see section 1.5).

4 FINAL PHASE PREPARATION REQUIREMENTS

Athletes are expected to demonstrate final phase preparation and be able to deliver a peak performance at the IAAF World Indoor Championships. An athlete's selection will not be confirmed until they complete the process outlined below and they will be deselected if the process is not completed.

4.1 Training and Competition Plan

Selected athletes (and/or their coaches) are required to present a training and competition plan for the time period March 4-15, 2020 to Athlete Services Manager, Nicole Clarke at Nicole.clarke@athletics.ca on or before March 4, 2020.

All plans must address the following:

- 1. The schedule and list of planned competitions, travel and training locations. (NOTE: plans must follow AC published event specific time frames for the final preparation camp).
- 2. Present a training cycle for the final phase showing patterns of training load and recovery on a weekly basis.
- 3. Injury prevention and medical intervention strategies if applicable.

Athletes must notify AC in **WRITING** of any changes to their plans.

4.2 Injury or Illness

Athletes who arrive at an international competition injured or ill consume a disproportionate amount of IST time and resources that should be spent on preparing healthy athletes to compete at their best. It is therefore AC's intention to work with the selected athletes that have been injured or ill to help them recover in time for the competition with a minimal impact to training, or (in the event that full recovery is not possible for this competition) to ensure full recovery so that full training can resume and long-term potential is optimized. With this in mind, the NTC reserves the right to deselect injured/ill athletes who are not sufficiently healthy/fit to perform at their best at the competition.

Once selected, and ongoing until the World Indoor Championships, athletes are required to immediately report any injury, illness, or change in training status that could affect their ability to compete at their highest level. Failure to properly report injury or illness prior to the event may result in the athlete being deselected and held financially responsible for all the athlete's costs associated with the event. Notification must be sent immediately to Nicole Clarke at Nicole.clarke@athletics.ca.

Once notified of an athlete's injury, illness or change in training status that could affect

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their performance, AC team staff will work with the athlete, coach and local/national team IST resources to ensure that a complete injury and illness assessment has occurred and a recovery plan is in place. This assessment will include a determination of the athlete's potential for recovery and ability to compete at their best. This determination will comprise of two steps:

STEP 1: Medical Clearance

Generally done by local IST in collaboration with AC's National IST and consists of 2 phases:

- a) An initial medical evaluation and paramedical assessment(s) to confirm the diagnosis and determine if/when the athlete is fit to return to full training or competition.
- b) A functional evaluation by IST with experience specific to the event demands (and injury or illness if applicable). This may include assessment of the athlete's movement pattern, for example, during a run, hurdle, jump, walk, or throw to identify dysfunctional movement patterns that may be contributing to the injury and potentially increase the risk of re-injury or undermine their competition performance.

STEP 2: Specific Evaluation

Following medical clearance by the medical team, a more comprehensive physical readiness test (the "Performance Test") to compete will be established as follows:

- Determination of the Performance Test will involve the the AC Head Coach or his/her delegate, the event Head Coach, and the Personal Coach.
- The Performance Test will vary according to the event, injury or illness.
- The Performance Test will be objective, measurable, fair, realistic, specific to the event, and challenging.

If the athlete is deemed unfit to resume training/competition, or does not meet the Performance Test standard, the athlete would be declared unready for competition and the results of the two steps will be forwarded to the NTC for a decision.

The NTC will use all available information at their disposal including performance results and progress in the final phase, suitability of the training and competition plan, fitness and other final phase indicators, consultation with the AC Head Coach (who may in turn consult the Team Coach), AC National IST leads, the athlete's personal IST, and any other performance related information (e.g. Performance Test results when applicable) to determine if the injured/ill athlete will be deselected and will not travel with the team.

The NTC may select the next eligible athlete, provided that the alternate athlete has proven their preparation during the final phase and meets all event specific requirements in regards to qualifying standards and timelines.

4.3 Health Questionnaire and Anti-Doping

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Upon selection, all athletes will be required to complete a Medical Information Form. These questionnaires will ask athletes to declare all supplements and medications that are being used prior, during and after the event. Athletes who need to take medications that contain substances that are on the applicable version of World Anti-Doping Agency's Prohibited List must ensure they have a completed and approved CCES and/or IAAF Therapeutic Use Exemption (TUE), if required, prior to the use of such medications and prior to nomination. **Note**: It is not the responsibility of the AC team physicians to complete and submit TUE applications on behalf of the athlete. This should be done by the physician who prescribed the medication. AC team physicians are available, however, for questions related to whether or not a TUE is required.

Information regarding the TUEs can be found here: http://athletics.ca/national-team/anti-doping-programs/therapeutic-use-exemptions/ and here https://www.iaaf.org/about-iaaf/documents/anti-doping.

5 APPEALS

Please refer to the "National Team Selection Rules Book" and the AC Rules and By-laws Section 140.06 & 140.07 for full information on the AC appeals process. The process is also summarised at http://athletics.ca/wp-content/uploads/2018/05/Process-for-Submitting-Appeals-EN.pdf

Appeals must be submitted to the following e-mail address: Commissioner@athletics.ca.

Contact appeals@athletics.ca for payment options of the \$250 appeal fee. The appeal will not be reviewed until the appeal fee has been paid.

6 AMENDMENTS TO THE CRITERIA

The NTC reserves the right to amend the Criteria prior to the Selection Date. The NTC may amend the Criteria under the following circumstances:

- When additional (or altered) information that is deemed relevant by the NTC to the Criteria
 is provided by external parties, such as (but not limited to) an event organizing committee,
 Sport Canada, the Canadian Olympic Committee, IAAF, or any other relevant organization;
 and
- 2. To correct, clarify or amend any inconsistencies, errors or omissions in the Criteria.

Any changes made by the NTC are deemed to come into effect immediately upon publication on the AC website. The NTC will publish the amended Criteria by whatever means and wherever the original Criteria were published.



APPENDIX A 2020 IAAF WORLD INDOOR CHAMPIONSHIPS SELECTION STANDARDS

IAAF QUALIFICATION STANDARDS (STEP 1 - QUALIFYING PERIOD: APR 1, 2019 – FEB 23, 2020)

| WOMEN | | EVENT | MEN | |
|------------------------|------------------|-------------|------------------------|------------------|
| INDOOR | OUTDOOR | | INDOOR | OUTDOOR |
| 7.30 | 11.15 (100m) | 60m | 6.63 | 10.10 (100m) |
| 52.90 | 51.00 | 400m | 46.50 | 45.00 |
| 2:01.50 | 1:58.00 | 800m | 1:46.70 | 1:44.00 |
| 4:09.00/4:28.50 (Mile) | 4:02.00 | 1500m | 3:40.00/3:55.00 (Mile) | 3:33.00 |
| 8:49.00 | 8:30.00/14:50.00 | 3000m | 7:50.00 | 7:40.00/13:10.00 |
| | (5000m) | | | (5000m) |
| No Standard | | 4x400m | No Standard | |
| 8.16 | 12.85 (100mH) | 60mH | 7.70 | 13.40 (110mH) |
| 1.95m | | High Jump | 2.34m | |
| 4.70m | | Pole Vault | 5.80m | |
| 6.75m | | Long Jump | 8.20m | |
| 14.30m | | Triple Jump | 16.90m | |
| 18.30m | | Shot Put | 20. | 95m |

AC INDOOR QUALIFICATION STANDARDS (STEP 2 - INDOOR ONLY, QUALIFYING PERIOD JAN 1 - FEB 23, 2020)

| WOMEN | EVENT | MEN |
|------------------------|-------------|------------------------|
| 7.45 | 60m | 6.76 |
| 53.96 | 400m | 47.43 |
| 2:03.93 | 800m | 1:48.83 |
| 4:13.98/4:33.87 (Mile) | 1500m | 3:44.40/3:59.70 (Mile) |
| 8:59.58 | 3000m | 7:59.40 |
| No Standard | 4x400m | No Standard |
| 8.32 | 60mH | 7.85 |
| 1.91 | High Jump | 2.29 |
| 4.61 | Pole Vault | 5.68 |
| 6.62 | Long Jump | 8.04 |
| 14.01 | Triple Jump | 16.56 |
| 17.93 | Shot Put | 20.53 |

^{*}Standards must be achieved in accordance with the Performance Regulations outlined in section 2 of the National Team Selection – Rules Book

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Appendix B Athletics Canada (AC) National Relay Team Athlete Agreement

Overview

In order to be successful in Nanjing we must continue the momentum we built with the AC National Relay Program since Beijing in 2008. Again, the relay program's fundamental principles are identified below. Athletes who are part of the National Relay Program are expected to adhere to these principles. Athletes selected for the national relay program must sign and return this agreement by March 2, 2020.

Fundamental Principles

- 1. The relay is a team event and all members are equal.
- 2. A common vision among team members is critical for success.
- 3. Open communication is encouraged among athletes and coaches.
- 4. Full cooperation on and off the track is expected; team cohesiveness is essential.
- 5. Athletes must have an open mind and a willingness to learn and adapt to relay ideas.
- 6. Selection of the team will be at the sole discretion of AC coaching staff with approval by the NTC.
- 7. Versatility as it pertains to relay running position is a must.
- 8. The goal is to assemble the best possible group of athletes in an order that will best benefit the team performance. Running order will be determined by the designated event Relay Coach and athletes will be advised of the order in a timely manner.
- 9. Athletes who are placed in an alternate position are expected to fully participate in team practices and competitions, including dressing and warming up with the team on the day of competition, and to be prepared to contribute if needed. Alternates are expected to accompany the four selected athletes to the call room area or as far as Officials will allow.
- 10. Members will attend all National Relay Program mandatory events.
- 11. Punctuality is expected at all relay events; tardiness will not be tolerated.

Relay Team Athlete Selection

All of the following factors (not listed in priority order) will be considered in relay team selection:

- Health and fitness levels that indicate optimal competitive readiness.
- Individual performance ranking as determined by Athletics Canada's rankings during the qualifying period.
- Commitment to the National Relay program as determined by attitude, attendance, participation, and performance at national team camps, competitions, and events.
- Performance on previous relay teams.
- Assessment of relay skills and position suitability.

The designated event Relay Coach will make decisions in regards to relay team selection and positioning of relay team members.

Athlete Agreement

I have read, understand and accept the National Relay Team's principles and criteria for selection. I understand that my failure to comply with this Agreement may render me ineligible for National Team relay assignments.

| Athlete Signature: | Coach Signature: |
|--------------------|------------------|
| Print name: | Date: |