



# CANADIAN ATHLETICS PERFORMANCE PATHWAY (CAPP) SELECTION POLICY 2021-2022

## Able-bodied and Para athletes

Athletics Canada (AC) runs a High Performance (HP) program whose purpose is: *To systematically guide and support Canadian athletes along a sustainable pathway to Olympic and Paralympic medals.*

A key part of the program is to identify and support named athletes who have the potential to contribute directly to our Olympic & Paralympic success. These athletes are supported through AC's Canadian Athletics Performance Pathway (CAPP) program.

In addition, Sport Canada (SC) provides direct support to athletes through its Athlete Assistance Program (AAP), which is also known as Carding.

This document outlines how AC selects athletes for CAPP and nominates athletes for AAP.

The document is structured as follows:

- |                                       |                                                         |
|---------------------------------------|---------------------------------------------------------|
| <b>1. Introduction</b>                | High-level overview of CAPP.                            |
| <b>2. CAPP Programs &amp; Levels</b>  | Details of how CAPP is structured.                      |
| <b>3. Selection Process</b>           | The mechanics of the selection process.                 |
| <b>4. Athlete Progression</b>         | Expectations for CAPP athletes' progression over time.  |
| <b>5. Podium Program</b>              | The specifics of Podium Program selection.              |
| <b>6. Transition Program</b>          | The specifics of Transition Program selection.          |
| <b>7. Talent Confirmation Program</b> | The specifics of Talent Confirmation Program selection. |
| <b>8. AAP Nomination Process</b>      | The mechanics of the AAP (Carding) nomination process.  |
| <b>9. Membership Requirements</b>     | Requirements for program membership.                    |
| <b>10. Membership types</b>           | Types of CAPP program members.                          |
| <b>11. Eligible Performances</b>      | Requirements for eligible performances.                 |
| <b>12. Current Top Lists</b>          | How world rankings are calculated and used.             |
| <b>13. Change History</b>             | Changes to this document                                |

The following information is contained in appendices in a separate document (to allow for ease of updates).

Appendix 1: Able-bodied CAPP Consideration Standards

Appendix 2: Able-bodied Average Top Lists standards

Appendix 3: Para CAPP Consideration Standards & "top half" values.

Appendix 4: Frequently Asked Questions

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## 1. PROGRAM INTRODUCTION

### 1.1 CAPP's Aims

CAPP is AC's implementation of its Strategic Plan initiative to "Systematically guide and support athletes along a sustainable pathway to Olympic and Paralympic medals."

The aim of AC's HP program is to: *Increase the number of Canadian athletes at major championships who:*

- *improve on their pre-event ranking,*
- *set new season's bests,*
- *set new personal bests,*
- *place in the top half of their field,*
- *place in the top eight, or*
- *win a medal.*

### 1.2 HP Philosophy

Membership of CAPP is offered as an investment in an athlete to help them reach and maintain the **Podium** level of the program. CAPP membership is not intended to be offered as a reward for past success.

CAPP is an integrated program for our Olympic and Paralympic athletes that recognizes the varying needs of the different event groups, different athletes and different coaches.

AC believes that the keys to a successful HP program in athletics are (in order):

1. Athletes
2. Coaches
3. Support services (eg medical services and the sports sciences)
4. Facilities & Equipment
5. Competition

AC believes that outstanding physical potential, world class processes and outstanding mental resilience are required for sustained success at the World and Olympic/Paralympic level.

### 1.3 Stakeholders and Partners

CAPP program is resourced by AC with the valued support of our partners including Own The Podium (OTP), Sport Canada (SC), the Canadian Olympic & Paralympic Sport Institute Network (COPSIN), the Canadian Olympic Committee (COC), the Canadian Paralympic Committee (CPC), Commonwealth Sport Canada (CSC), 94Foward, Ontario High Performance Sport Initiative (OHPSI), B2Ten and AC's Branches, partners, sponsors and supporters.

### 1.4 Underlying Programs

CAPP consolidates and aligns a number of AC's previous support programs including "Enhanced Funding", "NextGen Funding" and AAP.

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### 1.5 Limitations

The benefits offered to members of the CAPP program are limited by AC's resources and may also be limited by additional rules of our supporting partners. Resourcing priorities may impact the number of athletes supported at the various program levels. Varying Provincial / Territorial priorities are also likely to impact resourcing; however every effort will be made to achieve full alignment of the program across Canada for the greatest level of consistency.

### 1.6 Definition of Common Terms

#### 1.6.1 CAPP Year

The CAPP Year typically runs from October 1 to September 30. Occasionally the dates of the major championships mean that the CAPP year may be extended for all, or some, CAPP athletes.

#### 1.6.2 AAP Year

The AAP (Sport Canada's "Athlete Assistance Program" or Carding) year typical starts one month after the CAPP Year for able-bodied athletes and two months after the CAPP Year for Para athletes. The exact dates are agreed with Sport Canada each year and published as early as possible.

#### 1.6.3 World Championships

"World Championships" refers to the biennial senior outdoor championships organised by World Athletics (WA) and World Para Athletics (WPA). Unless specifically stated otherwise this phrase does not refer to other global championships organised by WA or WPA such as the World Indoor Championships, World Cross Country Championships, World Relay Championships, World U20 Championships, etc.

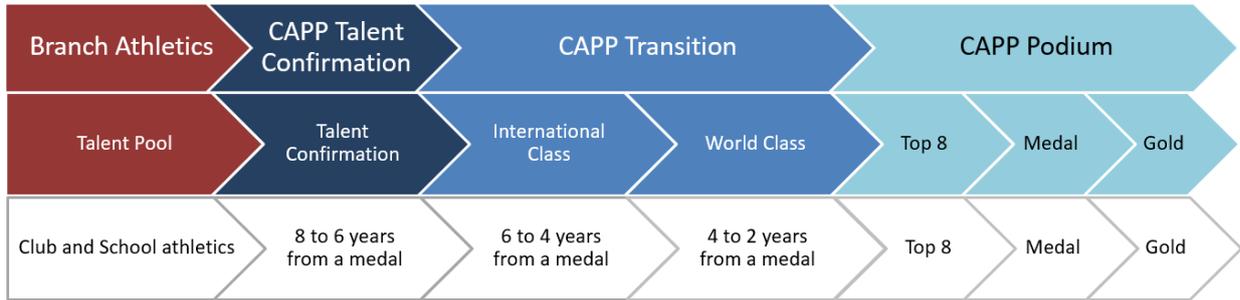
#### 1.6.4 Podium Benchmark Events

The "Podium Benchmark Events" are the Olympic Games, Paralympic Games and the World Championships. In the 2022 to 2024 cycle, due to COVID, the Commonwealth Games is being held in the same year as the World Championships and therefore is not considered a Podium Benchmark Event, that distinction may change in the 2025 to 2028 cycle.

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## 2. PROGRAM STRUCTURE

### 2.1 CAPP Programs & Levels



Program	Level	Criteria
Podium	Gold	Gold medallist at a recent Podium Benchmark Event with the Realistic Capacity to sustain this level of performance at the next Podium Benchmark Event.
	Medal	Silver or Bronze medallist at a recent Podium Benchmark Event with the Realistic Capacity to sustain this level of performance at the next Podium Benchmark Event.
	Top 8	Fourth to eighth place at a recent Podium Benchmark Event, or an equivalent performance, with the Realistic Capacity to place in the top eight at the next Podium Benchmark Event.
Transition	World Class	Individual Athletes and Relay Teams with the Realistic Capacity to reach the <b>Podium</b> program within two years.
	International	Individual Athletes with the Realistic Capacity to reach the <b>Podium</b> program within four years.
Talent Confirmation	Talent Confirmation	Individual Athletes showing the potential eventually to perform at the <b>Podium</b> program level and with the Realistic Capacity to progress to the <b>Transition</b> program within two years.

Additional classification and depth of field criteria may also apply to Para athletes.

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### 2.2 Realistic Capacity

Throughout this document reference is made to an athlete's Realistic Capacity to progress within the sport and achieve extremely high levels of success. Judging an athlete's Realistic Capacity is a subjective exercise based on a combination of the available evidence, expert opinion, objective performance data and statistical modelling.

It is important that athletes and their coaches understand and accept that the CAPP program will constantly assess and re-assess these characteristics against the best in the world and not just the best in Canada.

Our expectations of an athlete are in three key areas: 1) physical potential; 2) processes; and 3) mental resilience and depend on an athlete's training age and experience within the sport. For example, we expect that **Podium** athletes will always have world class processes and demonstrate performance on demand. We do not expect **Talent Confirmation** program athletes to be perfect across all three areas – however, we do expect these athletes to improve quickly once they are in our program.

An athlete's chronological age will not be a deciding factor in retaining/selecting athletes for CAPP but an athlete's training and competition age will be considered and either may become a deciding factor.

1) Factors that provide evidence to an athlete's physical potential include:

- Training age.
- Year-on-year performance progression compared to their global peers.
- Technical and tactical skills.
- Physical resilience to stress, injury and illness.
- Physical attributes.

2) Factors that provide evidence to an athlete's processes include:

- Daily Training Environment (DTE) including:
  - o Coaching;
  - o Access to Facilities & Equipment; and
  - o Access to Sport Science & Sports Medicine support.
- Planning for the short, medium and long term.
- Engagement with CAPP / AC and the wider Canadian sporting network.
- Lifestyle management.
- Professionalism.

3) Factors that provide evidence to an athlete's mental resilience include:

- Competition history, especially their record at major championships.
- Approach to challenges, such as illness and injury.
- Training commitment.
- Sport commitment.

AC may require an athlete and/or their coach to complete an Athlete Capacity Template to help to assess the athlete's Realistic Capacity to progress.

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### 3. SELECTION PROCESS

#### 3.1 Selection Panel

3.1.1 The purpose of the Selection Panel is to, within the rules and guidelines laid out in this Selection Policy:

- a) Add athletes to CAPP, determining the appropriate CAPP level;
- b) Retain athletes on CAPP, determining the appropriate CAPP level;
- c) Exit athletes from CAPP; and
- d) Nominate athletes to SC for AAP support.

3.1.2 The Selection Panel will consist of voting members, non-voting experts and observers.

3.1.3 CAPP and AAP selection decisions will be made by the voting members of the Selection Panel. The voting members may request the non-voting experts for their expert advice/opinion at any time.

3.1.4 The voting members or Selectors of the Selection Panel will consist of the following (all AC employees):

- High Performance Director (HPD) (chair),
- Head Coach,
- Para Performance Lead,
- Talent Confirmation Lead,
- Para Performance Manager,
- Hub Lead (East), and
- Hub Lead (West).

3.1.5 The Selection Panel will also consist of non-voting experts, observers and note-takers as invited by the HPD as follows:

- a) **Non-voting experts:** The role of the non-voting experts will be to provide opinions on their specific field of expertise when asked. They will have no power to vote. They could include, but are not limited to:
  - AC's HP Operations Senior Manager (to comment on logistical and financial matters) and
  - AC's Chief Medical Officer (CMO) or their representative (to comment on medical issues).
- b) **Observers:** The role is to observe and provide feedback on the selection process when asked. They will have no power to vote. They could include, but are not limited to:
  - A nominee of Own the Podium, and
  - A nominee of AC's Athlete Council.
- c) **Note takers:** The note takers will have no power to vote. Their role will be to act as secretariat to the Selection Panel.

3.1.6 To avoid conflicts of interest no member of the Selection Panel, voting or non-voting, may be seeking inclusion on any level of CAPP or Carding.

3.1.7 The HPD, in consultation with AC's CEO, may vary the voting members of the Selection Panel should circumstances require. For example, if one of the named Selectors is ill or otherwise unavailable.

#### 3.2 Selection Dates

3.2.1 There will typically be two Selection Meetings per year for each program (two for the Olympic program and two for the Paralympic program) as follows:

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- a) An “End of Year Selection Meeting” for each program - as soon as practical after the Podium Benchmark event.
  - b) A “Mid-year Review” for each program - as soon as practical after March 31, given the National & International competition calendars.
- 3.2.2 The exact dates of the Selection Meetings will be published on the AC website as early as possible.
- 3.2.3 Athletes may only be added to the CAPP program or moved between levels at one of these Selection Meetings.
- 3.2.4 Athletes will only be Exited at a Selection Meeting or if their eligibility for CAPP changes (see section 9).
- 3.2.5 CAPP membership will start on October 1 (after the End of Year Selection Meeting) or April 1 (after the Mid-year Review) or when the athlete has successfully completed any required assessments and returned all of the requested paperwork, whichever is later.
- 3.2.6 In general, CAPP membership will run from the relevant Selection Meeting until the end of the CAPP Year. That is typically twelve months from the End of Year Selection Meeting or six months from the Mid-year Review. However, if deemed appropriate by the Selectors, CAPP membership may be offered for a reduced time period (typically not less than six months).
- 3.3 **Order of Selection Decisions**
- 3.3.1 Able-bodied and Para athlete selections will be considered separately.
- 3.3.2 At each stage the Selectors will only consider eligible athletes (see section 9) and eligible performances (see section 11).
- 3.3.3 The Selectors will consider athletes for CAPP levels in the order of **Gold, Medal, Top 8, World Class, International** and finally **Talent Confirmation**.
- 3.3.4 At each level, athletes will be allocated for Automatic Selection or Discretionary Selection as described in the “Program” sections (see sections 5, 6 and 7) and then:
- 3.3.5 Athletes eligible for Automatic Selection will be added or retained unless:
- a) The athlete failed a formal CAPP Target (see section 3.3.7); or
  - b) The selection would violate the rules for progression between CAPP program levels (see section 4);  
or
  - c) The athlete was previously a CAPP Relay Team member (section 4.2).
- In these cases the athlete will be considered as eligible for Discretionary Selection.
- 3.3.6 Athletes eligible for Discretionary Selection will be considered as follows:
- a) The Selectors will prioritize athletes who they consider best to match the characteristics of the program level (see section 2).

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- b) The Selectors may use any factors that they consider relevant in making this decision. Factors may include, but not be limited to:
  - i. An AC Athlete Capacity Template (ACT) if the athlete has completed and returned one;
  - ii. The athlete's year-on-year progression compared to previously successful major championships athletes;
  - iii. Any medical information provided by AC's CMO; and
  - iv. Notes taken by the athlete's Athlete Performance Advisor (APA) where relevant.
- c) The Selectors will take account of the guidelines on athlete progression (see section 4) as well as any specific limitations on athlete numbers mentioned in the "Program" sections (see sections 5, 6 and 7).
- d) The Selectors will take into account any CAPP Targets set for the athlete (see section 3.3.7).
- e) For the avoidance of doubt, there is no guarantee of selection for Discretionary Selection athletes. In fact, the expectation is that many more athletes will be considered than will be selected.

### 3.3.7 CAPP Targets:

- a) Targets may be set for CAPP members in order for them to retain their program membership.
- b) An athlete who failed to meet their Targets may be exited from the program whether or not they achieved the Automatic or Discretionary selection criteria for any level of the program
- c) The Selectors may, at their own discretion, decide to set aside the fact that an athlete failed their Targets if they consider that mitigating circumstances apply and, in their opinion, the athlete is still showing the Realistic Capacity to meet the aims of the program.
- d) Targets:
  - i. Will be set by the HPD in conjunction with the APAs. Targets may include outcomes (for example competition or physical testing results) or athlete processes (for example attendance at specified activities or a minimum level of communications with the program).
  - ii. Will be communicated to the athlete concerned in writing (which may be by email) at least three months before the relevant CAPP Selection Meeting.

### 3.4 **Para Athlete Guides**

- 3.4.1 In specific Para events the WPA rules allow a visually impaired track athlete to use a guide runner. For these events we may also support a guide at the same CAPP level as the selected athlete. The guide must meet all of the same eligibility criteria as other athletes in the program and be approved by AC's Para Performance Lead.
- 3.4.2 An athlete's supported guide will be agreed upon with the Para Performance Lead each year. In exceptional circumstances AC's Para Performance Lead, in agreement with the HPD, may split the guide support across two athletes or decline to support a guide who we do not believe will help the athlete to reach and then maintain the Podium program level.

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- 3.4.3 If an athlete who requires a Para Athlete Guide is exited from the program, then their guide is also exited from the program.
- 3.4.4 If, for any reason, an athlete changes their guide during the season – or decides that they no longer wish to have a guide – then the exiting guide may be immediately exited from the program and a new guide offered CAPP membership. This change will be at the sole discretion of the HPD who will consult with AC's Para Performance Lead.
- 3.4.5 Where limitations on athlete numbers are mentioned in this document (outside of AAP card allocations) an athlete and their guide will be considered as “using” one place. The reason for this clause is to ensure that visually impaired athletes with guides are not unintentionally excluded from the program to optimise quota numbers.

### 3.5 **Exit from the program**

Members of the previous year's CAPP program who are not retained on the new program will be formally “Exited” from CAPP. They will be informed of the decision to Exit them, along with a brief description of the reason why, in writing. It is expected that the athletes will be informed of their Exit from the program verbally before receiving written notification if that is practical. Athletes have the right to a detailed explanation of the selection decision upon request.

### 3.6 **Non-selection to the program**

Athletes considered for, but not selected to the program will not be informed individually. Athletes have the right to an explanation of the selection decision upon request.

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### 4. ATHLETE PROGRESSION

#### 4.1 Progression between CAPP levels

CAPP athletes are expected to show consistent progression, against the rest of the world, up through the program levels towards the podium. Once an athlete reaches a program level they are not expected to drop back to a lower level, the exception to this general rule is that it is possible for a **Podium** athlete to miss the top eight at any particular Podium Benchmark Event but retain their Realistic Capacity to return to the **Podium** program.

##### 4.1.1 Athletes Retained on CAPP

If an athlete is retained on the CAPP program, the following transitions will be allowed:

Previous CAPP level	Allowed new CAPP levels
Podium program	World Class or higher
World Class level	World Class or higher
International level	International or higher
Talent Confirmation program	Talent Confirmation or higher

Exceptions may be made for:

- individual athletes changing their main event (see 4.3 below); or
- for relay members retained as individual athletes (see 4.2 below)

##### 4.1.2 Athletes returning to CAPP, former individual members

If an athlete has previously been an individual member of CAPP, or on an equivalent previous AC program, then normally they must return to CAPP as follows:

Highest prior CAPP level	Allowed new CAPP levels
Podium program	World Class or higher
World Class level	World Class or higher
International level	International or higher
Talent Confirmation program	International or higher

Exceptions may be made for:

- individual athletes changing their main event (see 4.3 below);
- for relay members retained as individual athletes (see 4.2 below); or
- former World Class, or higher, athletes when all of the following apply:
  - They were not a member of CAPP for the previous two CAPP Years;
  - They achieved at least the International Consideration Standard during the Qualification Period;
  - The CAPP Selection Panel believes that the athlete fits the characteristics of an International level CAPP athlete.

Note: This last exception (c) is specifically & solely designed for athletes who were grandfathered onto the very first CAPP program at the World Class level and the World Class consideration standard was set substantially above their personal best at the time.

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### 4.2 Former CAPP Relay Team members returning to CAPP as an Individual Athlete

Former CAPP Relay Team members may return to CAPP, or be retained on CAPP, as an Individual Athlete. In these cases:

- 4.2.1 The athlete's Previous CAPP Level (for the purposes of applying these progression rules) will be considered to be **International** unless they were previously an Individual CAPP member at **World Class** level or higher, in which case their Previous CAPP Level will be considered to be **World Class**.
- 4.2.2 The athlete will be considered as if they had Discretionary Selection status (in other words any Automatic Qualification status will not apply).

### 4.3 Change of main event

Occasionally athletes may change their main event focus or their main event may have been removed from the Olympic / Paralympic medal program. In these circumstance the Selectors, at their sole discretion, may waive the progression rules above as long as the new event is expected to be on the next Olympic / Paralympic medal program and the athlete meets the criteria for addition to, or retention on, CAPP in their new event. For the avoidance of doubt, changes between the following will not normally be considered a change of main event: 100m and 200m; 200m and 400m; 800m and 1,500m; 1,500m and 5,000m; 5,000m and 10,000m; 10,000m and Marathon.

### 4.4 Year-on-year Progression

- 4.4.1 Personal best progression: **Talent Confirmation** program athletes and **Transition** program athletes are expected to show progression in their personal best every year that they are on the CAPP program. Athletes who fail to progress their personal best for two consecutive years, regardless of injuries or other circumstances, should expect to be Exited from the program. However, at their own discretion, the Selectors may choose to retain an athlete if they have good reason to believe that the athlete still has the Realistic Capacity to reach and/or maintain the **Podium** program level. When considering year-on-year progressions, due to COVID:
  - a) A failure to improve personal best during the 2020-2021 CAPP Year will not be considered when calculating year-on-year progression; but
  - b) An improvement in personal best during the 2020-2021 CAPP Year will be considered when calculating year-on-year progression.
- 4.4.2 Podium Benchmark Event teams: **World Class** level and **Podium** program athletes are expected to qualify for the Podium Benchmark Event each year. Athletes at these levels who do not make two consecutive Podium Benchmark Events, regardless of injuries or other circumstances, should expect to be Exited from the program. However, at their own discretion, the Selectors may choose to retain an athlete if they have good reason to believe that the athlete still has the Realistic Capacity to reach and/or maintain the **Podium** program level.
- 4.4.3 CAPP progression: **Talent Confirmation** program athletes and **Transition** program athletes are expected to progress to the next level of CAPP within three consecutive years. Athletes that are not promoted within this timescale, regardless of injuries or other circumstances, should expect to be Exited from the program. However, at their own discretion, the Selectors may choose to retain an athlete if they have good reason to believe that the athlete still has the Realistic Capacity to reach and/or maintain the **Podium** program level. Due to COVID, a failure to progress CAPP levels during the 2020-2021 CAPP Year will not be considered when calculating progression.

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- 4.4.4 For the avoidance of doubt, the comments in this section refer to the maximum time an athlete should normally expect to remain on any level of CAPP before being seriously considered to be Exited. The minimum time an athlete remains a member of CAPP could be as short as the time between consecutive Selection Meetings (approximately six months) but would typically not be less than one year.

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### 5. PODIUM PROGRAM

#### 5.1 Overview

The **Podium** program consists of three levels: **Gold**, **Medal** and **Top 8**. These are the highest levels of the CAPP program. Selected athletes are expected to be capable of, and fully committed to, winning Podium Benchmark Event medals. Athletes, and their coaches, should be comfortable being measured directly against their peers – the very best in the world.

Selectors will consider Individual Athletes and Relay Teams for the **Podium** program based on the Program Structure (see section 2), the Selection Process (see section 3) and the selection requirements detailed below.

Able-bodied Consideration Standards are listed in Appendix 1.

Para “top half” values are listed in Appendix 3.

#### 5.2 Gold:

Consideration	Requirement
Automatic Selection	1 <sup>st</sup> at a Podium Benchmark Event since the last CAPP Selection Meeting.
Discretionary Selection	Remaining CAPP members of the most recent <b>Gold</b> level of the program.

#### 5.3 Medal:

Consideration	Requirement
Automatic Selection	2 <sup>nd</sup> or 3 <sup>rd</sup> at a Podium Benchmark Event since the last CAPP Selection Meeting.
Discretionary Selection	Remaining CAPP members of the most recent <b>Medal</b> level of the program.

#### 5.4 Top 8:

##### 5.4.1 Able-bodied athletes:

Consideration	Requirement
Automatic Selection	4 <sup>th</sup> to 8 <sup>th</sup> at a Podium Benchmark Event since the last CAPP Selection Meeting.
Discretionary Selection	<b>Top 8</b> Consideration Standard.  Top 8 in the Current Top Lists.  Remaining CAPP members of the most recent <b>Top 8</b> level of the program.

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### 5.4.2 Para athletes:

Consideration	Requirement
Automatic Selection	4 <sup>th</sup> to 8 <sup>th</sup> & top half at a Podium Benchmark Event since the last CAPP Selection Meeting.
Discretionary Selection	Top 8 & top half in the Current Top List.  Remaining CAPP members of the most recent <b>Top 8</b> level of the program.

### 5.5 Limitations

5.5.1 There are no limitations on the number of qualified Individual Athletes who can be selected onto the **Podium** program.

### 5.6 Exits

Members of the previous year's **Podium** program who are not retained will be either:

5.6.1 Moved to the **World Class** level if the Selectors believe that an Individual Athlete or Relay Team has the Realistic Capacity to finish in the top 8 at a future Podium Benchmark Event; or

5.6.2 Exited from the CAPP program.

### 5.7 Relay specific

5.7.1 A Relay Team (see section 10.2) will only be selected if the eligible athletes individually and collectively meets the criteria for the CAPP level.

5.7.2 If a Relay Team is selected then the "Strike-4" team members (see 10.2.1 for definition) who are eligible for CAPP must be included in the Squad Athletes of up to six athletes.

5.7.3 Individual members of a Relay Team may be selected to a higher level of CAPP than their Team (due to their results in individual events or another relay squad) however they cannot be selected to a lower level of CAPP than their Team.

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## 6. TRANSITION PROGRAM

### 6.1 Overview

The CAPP **Transition** program is intended to help athletes negotiate the changes from being a very promising athlete to a Podium Benchmark Event finalist in contention for medals.

The **World Class** level is the higher level of the Transition program. Members of this level of the program are expected regularly to finish at least in the top half of the field at Podium Benchmark Events.

The **International** level is the lower level of the Transition program. Members of this level of the program are expected regularly to gain selection to Podium Benchmark Events.

Selectors will consider Individual Athlete and Relay Teams for the **Transition** program based on the Program Structure (see Section 2), the Selection Process (see section 3) and the selection requirements detailed below.

Able-bodied Consideration Standards are listed in Appendix 1.

Para Consideration Standards and “top half” values are listed in Appendix 3.

### 6.2 World Class:

#### 6.2.1 Able-bodied athletes:

Consideration	Requirement
Automatic Selection	9 <sup>th</sup> to 12 <sup>th</sup> at a Podium Benchmark Event since the last CAPP Selection Meeting.  Top 12 in the Current Top Lists.
Discretionary Selection	<b>World Class</b> Consideration Standard.  Top 16 in the Current Top Lists.  Top 32 and top half of the field at a Podium Benchmark Event since the last CAPP Selection Meeting.  Won an Individual athletics medal at one of the following events since the last CAPP Selection Meeting: - the Commonwealth Games - Pan Am Games (Senior) - the WA World Race Walking Team Championships (Senior, Individual medal) - the WA World Indoor Championships  Considered for the <b>Podium</b> program but not selected.  Remaining members of the most recent <b>World Class</b> level of the program.

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### 6.2.2 Para athletes:

Consideration	Requirement
Automatic Selection	<p>9<sup>th</sup> to 12<sup>th</sup> &amp; top half at a Podium Benchmark Event since the last CAPP Selection Meeting.</p> <p>Top 12 &amp; top half in the Current Top List.</p>
Discretionary Selection	<p><b>World Class</b> Consideration Standard.</p> <p>Top 16 &amp; top half in the Current Top List.</p> <p>Top half of the field at a Podium Benchmark Event since the last CAPP Selection Meeting.</p> <p>Won an Individual athletics medal at the following events since the last CAPP selection:</p> <ul style="list-style-type: none"> <li>- the Commonwealth Games</li> <li>- ParaPan Am Games</li> </ul> <p>Considered for the <b>Podium</b> program but not selected.</p> <p>Remaining members of the most recent <b>World Class</b> level of the program.</p>

### 6.3 International:

#### 6.3.1 Able-bodied athletes:

Consideration	Requirement
Automatic Selection	Top 16 in the Current Top List.
Discretionary Selection	<p><b>International</b> Consideration Standard.</p> <p>Top 32 in the Current Top List.</p> <p>Selected to represent Canada in athletics at one of the following events since the last CAPP Selection Meeting:</p> <ul style="list-style-type: none"> <li>- the Olympic Games</li> <li>- the WA World Championships (Senior)</li> <li>- the Commonwealth Games</li> <li>- Pan Am Games (Senior)</li> <li>- the WA World Race Walking Team Championships (Senior)</li> <li>- the WA World Indoor Championships</li> </ul> <p>Won an Individual athletics medal at one of the following events since the last CAPP Selection Meeting:</p> <ul style="list-style-type: none"> <li>- NACAC Athletics Championships (Senior)</li> <li>- World University Games (FISU)</li> <li>- Jeux de la Francophonie</li> <li>- WA World Cross Country Championships (Senior, Individual medal)</li> <li>- WA Half Marathon Championships</li> </ul> <p>Considered for the <b>World Class</b> level of the program but not selected.</p> <p>Remaining members of the most recent <b>International</b> level of the program.</p>

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### 6.3.2 Para athletes:

Consideration	Requirement
Automatic Selection	Top 16 & top half in the Current Top List.
Discretionary Selection	<p><b>International</b> Consideration Standard.</p> <p>Top 32 &amp; top half in the Current Top List.</p> <p>Selected to represent Canada in athletics at one of the following events since the last CAPP Selection Meeting:</p> <ul style="list-style-type: none"> <li>- the Paralympic Games</li> <li>- the WPA World Championships (Senior)</li> <li>- ParaPan Am Championships</li> <li>- the Commonwealth Games</li> </ul> <p>Considered for the <b>World Class</b> level of the program but not selected.</p> <p>Remaining members of the most recent <b>International</b> level of the program.</p>

### 6.4 Limitations

- 6.4.1 No more than three Individual Athletes will be selected onto any **Transition** program level in any one event. (For example, the able-bodied women's 400m counts as one event and so no more than three athletes can be selected as Individual Athletes onto the **International** level for the able-bodied women's 400m.) For the avoidance of doubt, Relay Team members do not count towards these totals.
- 6.4.2 The **World Class** level of the program will be limited to 22 able-bodied and 10 Para Individual Athletes and/or Relay Teams (a Relay Team will be counted as using one of these places, a Para Athlete Guide will not be counted as using one of these places).
- 6.4.3 The **International** level of the program will be limited to 21 able-bodied and 14 Para Individual Athletes.
- 6.4.4 The Selectors may select more athletes than the numbers indicated above – however to do so will impact resources across the entire program. For that reason additional athletes will be only selected in exceptional circumstances, for example if it proves impossible for the Selectors to differentiate between the Realistic Capacity of a number of athletes.

### 6.5 Exits

Members of the previous year's **Transition** program who are not retained will be exited from the CAPP program.

### 6.6 Relay specific

- 6.6.1 Relay Teams (see section 10.2) can only be selected at the **World Class** level, not **International**.
- 6.6.2 A Relay Team will only be selected if the eligible athletes individually and collectively meets the criteria for the CAPP level.

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- 6.6.3 Individual members of a Relay Team may be selected to a higher level of CAPP than their Team (due to their results in individual events or another relay squad) however they cannot be selected to a lower level of CAPP than their Team.

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## 7. TALENT CONFIRMATION PROGRAM

### 7.1 Overview

The **Talent Confirmation** program is intended to give Athletics Canada time to gain a better understanding of an athlete and their DTE to determine if the athlete truly has the potential to make Podium Benchmark Event finals and challenge for medals.

The **Talent Confirmation** program is only for Individual Athletes and not Relay Teams.

We will not consider Marathon or 50k walk athletes for the **Talent Confirmation** program.

The selection of athletes on the **Talent Confirmation** program is more subjective than the other program levels because they have had less time in the sport and less is known about them.

It is expected that **Talent Confirmation** athletes are improving quickly year-on-year and are relatively new to the sport and to their event.

Selectors will consider Individual Athletes for the **Talent Confirmation** program based on the Program Structure (see section 2), the Selection Process (see section 3) and the selection requirements detailed below.

Able-bodied Consideration Standards are listed in Appendix 1.

Para Consideration Standards and “top half” values are listed in Appendix 3.

### 7.2 Talent Confirmation:

#### 7.2.1 Able-bodied:

Consideration	Requirement
Automatic Selection	Medal at a WA World U20 Championships since the last CAPP Selection Meeting.  Top 3 in U20 Current Top Lists. Top 3 in U23 Current Top Lists.
Discretionary Selection	<b>Talent Confirmation</b> Consideration Standard.  Selected to represent Canada in athletics at one of the following events since the last CAPP Selection Meeting: - the WA World U20 Championships - the NACAC Athletics Championships (U23) - the WA World Race Walking Team Championships (U20) - the Pan Am U20 Championships  Ranked: - top 16 in U20 Current Top Lists (with U20 implements, heights and/or spacing) - top 64 in Current Top Lists  Won an Individual athletics medal at one of the following events since the last CAPP Selection Meeting: - the WA World Cross Country Championships (U20, Individual medal)

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	<p>- the Canada Games</p> <p>Considered for the <b>Transition</b> program but not selected (and eligible for the <b>Talent Confirmation</b> program).</p> <p>Remaining members of the most recent <b>Talent Confirmation</b> level of the program.</p>
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7.2.2 The Head Coach can nominate additional able-bodied athletes to be considered for Discretionary Selection to the **Talent Confirmation** program. Note that these athletes will not be eligible for consideration for AAP (Carding).

7.2.3 Para athletes:

Consideration	Requirement
Automatic Selection	N/A (no automatic route to selection).
Discretionary Selection	<p><b>Talent Confirmation</b> Consideration Standard.</p> <p>Ranked first in the U20 Current Top Lists (with U20 implements, heights and/or spacing)</p> <p>Selected to represent Canada in athletics at one of the following events since the last CAPP Selection Meeting:</p> <ul style="list-style-type: none"> <li>- the WPA World U20 Championships.</li> </ul> <p>Considered for the <b>Transition</b> program but not selected (and eligible for the <b>Talent Confirmation</b> program).</p> <p>Remaining members of the most recent <b>Talent Confirmation</b> level of the program.</p>

7.2.4 The Para Performance Lead can nominate additional Para athletes to be considered for Discretionary Selection to the **Talent Confirmation** program. Note that these athletes will not be eligible for consideration for AAP (Carding).

### 7.3 Limitations

7.3.1 No more than three Individual Athletes will be selected onto the **Talent Confirmation** program in any one event. (For example, the able-bodied men's 100m counts as one event and so no more than three Individual Athletes can be selected onto the **Talent Confirmation** program for the able-bodied men's 100m.)

7.3.2 The **Talent Confirmation** program will be limited to 27 able-bodied and 18 Para Individual Athletes (a Para Athlete Guide will not be counted as using one of these places).

7.3.3 The Selectors may select more athletes than the numbers indicated above – however to do so will impact resources across the entire program. For that reason additional athletes will be only selected in exceptional circumstances, for example if it proves impossible for the Selectors to differentiate between very strong candidates.

**7.4 Exits**

Members of the previous year's **Talent Confirmation** program who are not retained will be exited from the CAPP program.

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### 8. AAP NOMINATION PROCESS

#### 8.1 Overview and Eligibility

- 8.1.1 Sport Canada's (SC's) Athlete Assistance Program (AAP) is a sport-funding program that contributes to an athlete's pursuit of excellence. For full details see SC's AAP – Policies, Procedures and Guidelines at <https://www.canada.ca/en/canadian-heritage/services/funding/athlete-assistance.html>
- 8.1.2 AAP is referred to as "carding" and athletes receiving AAP are referred to as being "carded".
- 8.1.3 The overview of the carding selection process is intended to help athletes and coaches understand the rules used to allocate cards. The Selectors will be guided by the detailed sections that follow.

#### Overview of Carding Nomination Process

**STEP 1: Athletes must declare for carding on AC's website by the date published on the AC website.**

When an athlete declares for carding they must also state if they are seeking Health Card status or NCAA card status.

**STEP 2: Only athletes eligible for consideration for one of the CAPP levels will be eligible for consideration for a Card.**

**STEP 3: Athletes selected for CAPP will be ranked in order.**

Within each CAPP level athletes are ranked by their "Athlete Score" (a number of World Athletics or WPA points from a pre-set target).

**STEP 4: The Selectors will consider athletes, in ranking order, and allocate cards until there are no cards left.**

The Selectors will decide which card to allocate to an athlete as follows:

- First a Senior International Card (SR1 or SR2) if they are eligible; or
- Next a Senior National Card (C1 or SR) if they are eligible; and
- Finally a Development Card (D) if they are eligible.

**STEP 5: If any cards remain then athletes considered for CAPP but not selected will be ranked in order based on their CAPP consideration level.**

Note that typically there will be no cards remaining after Step 4. However, if cards do remain, athletes will be ranked within the CAPP consideration levels using their "Athlete Score" and then the remaining cards will be allocated as in Step 4.

**STEP 6: The selectors will identify a list of athletes to be placed on a "Hold List".**

This list is in case more Cards become available, for example due to appeals. The number of athletes placed on the Hold List will typically be equivalent to the value of 5 SR cards (see section 8.5).

**STEP 7: The Selectors will nominate carded athletes to SC and publish the confirmed list on AC's website as soon as SC ratifies the nominations.**

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8.1.4 In the event of a discrepancy between this document and the Sport Canada Policies, Procedures and Guidelines, Sport Canada will prevail.

8.1.5 To be eligible to be considered for support through AAP, an athlete must:

- a) Declare that they wish to be considered for carding on or before the date published on the AC website using the declaration form on the AC website. In the declaration process the athlete must state if they wish to be considered for Health Card status (see section 8.14) or NCAA Card status (see section 8.15).
- b) Be eligible for both the CAPP and Carding programs (see section 9).

8.1.6 AC nominates athletes to SC for carding; actual selection for carding is at SC's sole discretion.

### 8.2 AAP Consideration Pool

8.2.1 The AAP Consideration Pool will consist of all athletes eligible for consideration for the CAPP program except for athletes nominated by the Head Coach or Para Performance Lead nominations for the **Talent Confirmation** program.

8.2.2 An athlete must be in the AAP Consideration Pool in order to be carded, but being in the AAP Consideration Pool does not guarantee a card.

8.2.3 It is expected that athletes selected for CAPP will form the bulk of AC's nominations for AAP each year. However, being a CAPP athlete does not guarantee a Card (for example if there are insufficient Cards for all CAPP athletes) and, although unlikely, an athlete may be offered a Card without being offered membership of CAPP (for example if there are Cards remaining after all CAPP athletes have been Carded).

### 8.3 Card types and tiers

8.3.1 There are three main types of AAP card for which AC can nominate athletes: Senior International, Senior National and Development.

8.3.2 The types of AAP cards are tiered as follows:

Type	Tier	Max Time	Overview
Senior International	SR1	n/a	Allocated when first qualified or re-qualified for a Senior International Card
	SR2	One year	Allocated the year after an SR1 card (if not re-qualified for an SR1)
Senior National	C1	4 to 6 Years	Allocated to athletes eligible for a Senior National Card
	SR		For the first year eligible for a Senior National Card For subsequent years of Senior National Cards
Development	D	4 to 6 Years	Allocated when not yet eligible for a Senior National or Senior International Card

8.3.3 In addition, SC may award special short term cards to athletes selected to the Olympic & Paralympic Games.

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8.3.4 There are also special card statuses that can be assigned to injured, ill or pregnant athletes (Health Card status) and for athletes at an international academic institution (generically called NCAA Card status even if the athlete is not on an NCAA scholarship at an USA college).

### **8.4 Card Quotas**

8.4.1 SC offers AC a dollar value that can be used for cards for able-bodied athletes (Able-bodied Quota) and a separate dollar value that can be used for cards for Para athletes (Para Quota).

8.4.2 AC will only use SC's Able-bodied Quota for able-bodied athletes and will only use SC's Para Quota for Para athletes.

### **8.5 Maximizing the Allocation of cards and the Athlete "Hold List"**

8.5.1 AC will endeavour to nominate sufficient athletes to utilise the entire Able-bodied Quota and Para Quota offered by SC.

8.5.2 There is an appeals process that can change card levels or who is allocated a Card, this can change the total number of athletes who we can Card. Therefore, to account for this effect, the Selectors will place the last few athletes who could receive a Card on a Hold List. These athletes must still complete the required SC paperwork.

8.5.3 The Selectors will ensure that there is sufficient Card quota (dollar value) to Card the athletes on the Hold List subject to the SC's approval process and/or appeals processes. It is possible that, due to the mechanics of the SC's approval process or the appeals process, some athletes on the Hold List will not receive a card despite completing all of the requested paperwork. AC will inform athletes on the Hold List whether or not they will receive a card as soon as practical.

8.5.4 The number of athletes on the Hold List will vary depending on circumstances and advice from SC. However the number will typically be around the equivalent of five Senior Cards per program (e.g. counting Para and able-bodied separately).

8.5.5 For the avoidance of doubt, being on the Hold List does not guarantee receiving a card.

### **8.5.6 Partial Card**

To utilise all of the dollar value offered by SC it is possible that an athlete is offered a "partial card" which is worth a fixed fraction of a full "standard" card. As a guide typically there needs to be at least \$4,000 of nominal dollar value remaining for SC to award a partial card.

### **8.6 AAP Nomination Meeting and AAP Selection Meeting**

8.6.1 Athletes will be nominated for cards by the Selectors at the AAP Nomination Meeting that will be held once per year as soon as practical after the CAPP End of Year Selection Meeting.

8.6.2 SC will set the date of the subsequent AAP Selection Meeting where they will confirm AC's nominations.

8.6.3 The exact dates of the AAP Nomination Meeting and the AAP Selection Meeting will be published on the AC website as early as possible.

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### 8.7 Nomination Order

8.7.1 Able-bodied athletes and Para Athletes will be considered separately.

8.7.2 Athletes will be considered in steps as follows:

Step	Athletes in step	Ranking Target	
		Able-bodied	Para
1	Selected to the <b>Podium</b> program	Average World Top 8	Average World Top 8 & top half (“Podium Standard”)
2	Selected to the <b>World Class</b> level	Average World Top 12	95% of the Podium Standard
3	Selected to the <b>International</b> level	Average World Top 16	90% of the Podium Standard
4	Selected to the <b>Talent Confirmation</b> program	Senior: Average World Top 32 U20: Average U20 World Top 3	80% of the Podium Standard
5	Eligible for consideration for the <b>Podium</b> program but not selected	Average World Top 8	Podium Standard
6	Eligible for consideration for the <b>World Class</b> level but not selected	Average World Top 12	95% of the Podium Standard
7	Eligible for consideration for the <b>International</b> level but not selected	Average World Top 16	90% of the Podium Standard
8	Eligible for consideration for the <b>Talent Confirmation</b> program but not selected	Senior: Average World Top 32 U20: Average U20 World Top 3	80% of the Podium Standard

8.7.3 For able-bodied events the Average Top Lists will be calculated based on the previous four years and as set out in section 12.

8.7.4 For Para events the Average Top Lists will be calculated based on the previous four years and as set out in section 12.

8.7.5 Within each step athletes will be selected in ranking order of “Athlete’s Score” (see below) from the smallest score to the largest score.

8.7.6 Able-bodied athlete’s “Athlete’s Score” will be calculated as the difference between the World Athletics points (see section 8.16) for their best eligible performance (see section 11) and the World Athletics score for their Ranking Target (see section 8.7.2).

8.7.7 Para athlete’s “Athlete’s Score” will be calculated as the difference between the WPA points (see section 8.16) for their best eligible performance (see section 11) and the WPA score for their Ranking Target (see section 8.7.2). For combined classes the WPA score for the highest classification in the combination will be used (e.g. for a T53/54 combination the WPA score for T54 will be used.) For details of how classes or events not covered by the WPA scores will be managed see sections 8.7.8 and 8.7.9.

8.7.8 The WPA has published neither scoring tables nor historical rankings for some classes or events, at the time of writing that includes the “new” lower limb classes T61—64 and F61—F64. Until new scoring tables and ranking lists are published, athletes in these classes will be scored based on the equivalent “old” T42—T44 classes. In these cases the Selectors may use their expertise, and evidence from comparing world ranking lists, to make adjustments (up or down) to the rankings of effected athletes if appropriate.

8.7.9 The WPA has published ranking lists but not scoring tables for some classes or events, at the time of writing that includes all of the Marathon events. In these cases the Selectors may use their expertise,

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and evidence from comparing world ranking lists, to rank athletes for carding.

8.7.10 If an athlete is eligible for a Health Card status (see section 8.14) then for ranking purposes the athlete's best eligible performance in the previous AAP Year will be used to calculate their "Athlete Score" and to resolve any ties.

8.7.11 If there is a tie between athletes (e.g. they have the same CAPP level and "Athlete Score") the tie will be broken by the Selectors who will prioritize the athlete who has the most Realistic Capacity to win an Olympic/Paralympic/World Championships medal in the future. If that cannot be determined, then the Selectors will prioritize the athlete who has the most Realistic Capacity to progress to their next level of CAPP in the shortest time.

### 8.8 Nomination Card Level

The following process will be used to determine the card level and card status for which an athlete will be nominated. The process depends on previously awarded cards.

8.8.1 First, the athlete will be considered for a Senior International Card (see section 8.11) and, if eligible, they will be nominated for the appropriate card (SR1 or SR2).

8.8.2 Next, the athlete will be considered for a Senior National Card (see section 8.12) and, if eligible, they will be nominated for the appropriate card (C1 or SR).

8.8.3 Finally, the athlete will be considered for a Development Card (see section 8.13) and, if eligible, they will be nominated for a D card.

### 8.9 Nomination Card Status

Nominated cards will be allocated "Health Card status" and/or "NCAA Card status" according to the guidelines in sections 8.14 and 8.15 below. For the avoidance of doubt only SC may award Olympic and Paralympic Senior Card status.

### 8.10 Para Athlete Guides

8.10.1 If a guide has been agreed for a Para athlete (see section 3.4) they will be nominated for a card at the same level as the athlete who they guide (within SC rules and assuming that sufficient cards remain).

8.10.2 If a Para athlete with an agreed guide is given Health Card status (see section 8.14) then their guide will be given the same status.

### 8.11 Senior International Cards

Athletes eligible under the following rules will be nominated for a Senior International card:

8.11.1 Able-bodied athletes who place in top 8 at a World Championships or at an Olympic Games are eligible for an SR1 card the following AAP Year.

8.11.2 Para athletes who place in top 8 and top half of the field at a WPA World Championships or at a Paralympic Games are eligible for an SR1 card the following AAP Year.

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8.11.3 In the case of relays, all relay team members who actually ran in the relevant relay at a World Championships, Olympic Games or Paralympic Games are eligible for an SR1 card the following AAP Year. For the avoidance of doubt travelling as a relay squad member to one of these events does not make an athlete eligible for a Senior International Card unless the athlete competed in the relay or another individual event.

8.11.4 An SR2 card will be allocated for the AAP Year after an athlete was awarded an SR1 card, assuming that they remain eligible and they have not requalified for a “new” SR1 card.

8.11.5 For the avoidance of doubt, there is no limit on how many consecutive years an athlete may be nominated for SR1 cards, if they continue to achieve eligible top 8 places.

### 8.12 Senior National Cards

Subject to the time limits in 8.12.3 athletes eligible under the following rules will be nominated for a Senior National card:

8.12.1 Athletes will be eligible for Senior National Cards if:

- a) They were selected to compete for Canada in athletics at one the following championships – the World Championships, Olympic Games, or Paralympic Games; and
- b) They were at least 18 years old in the year of that championship.

For the avoidance of doubt, an athlete selected to one of these championships but who does not compete, for example due to injury or relay squad selection decision, is eligible for a Senior National Card.

8.12.2 A C1 card will be allocated if the athlete has never previously been allocated a Senior card otherwise a SR card will be allocated.

8.12.3 Athletes will only be eligible for a Senior National Card for a maximum of four years without achieving a Senior International Card or since they last held a Senior International Card.

- a) If requested by the Selectors and agreed by SC this period can be extended up to a maximum of six years, subject to the points below.
- b) If requested by the Selectors and agreed by SC, this period can be extended up to a maximum of seven years if and only if the athlete was Carded in the previous year (being their sixth year of Senior National Cards) and the seventh year includes an Olympic or Paralympic Summer Games.
- c) Any years that an athlete received a Health Card (see section 8.14) will NOT be counted towards these time limits.
- d) Due to COVID-19, any athlete who received a Senior National Card for 2020-2021 cycle will NOT be counted towards these time limits.

### 8.13 Development Cards

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Subject to the time limits in 8.13.3 athletes eligible under the following rules will be nominated for a Development card:

- 8.13.1 Athletes aged 18 years old or older (in the year of the Selection Meeting) will be eligible for a Development Card if they have never previously been allocated a Senior card.
- 8.13.2 Athletes under 18 years old (in the year of the Selection Meeting) will be eligible for a Development Card if their only previous Senior card was an Olympic Senior Card or a Paralympic Senior Card.
- 8.13.3 Athletes will only be eligible for a Development Card for a maximum of four years.
  - a) If requested by the Selectors and agreed by SC this period can be extended up to maximum of six years, subject to the points below.
  - b) Any years that an athlete received a Health Card (see section 8.14) will NOT be counted towards these time limits.
  - c) Due to COVID-19, any athlete who received a Development Card for 2020-2021 cycle will NOT be counted towards these time limits.

### 8.14 **Health Card status**

The purpose of Health Card status is for an athlete to “pause” the carding time limits for one year. Without a Health Card athletes have a standard of four years to progress from a Development Card to a Senior Card and a standard of four years to repeat their qualification for a Senior card.

- 8.14.1 Health Card status will only be considered for athletes who meet the following requirements:
  - a) have declared that they want to be considered for a Health Card;
  - b) were carded in the previous AAP Year; and
  - c) either:
    - i. have a Performance Limiting Injury (see section 9.2); or
    - ii. are pregnant or have recently given birth.
- 8.14.2 Once an athlete has declared for a Health Card, AC’s CMO will request the athlete to provide the applicable medical information on a confidential basis (the “Medical Information”), and the athlete will consent to providing such Medical Information. All Medical Information will be treated in accordance with all applicable privacy laws. In addition to the Medical Information, the Selectors, in consultation with AC’s CMO, may request any additional information necessary to assess an athlete’s return to training and return to competition plans.
- 8.14.3 Athletes may be nominated for Health Card status due to injury/illness only once (e.g. only once in their career).
- 8.14.4 A Health Card will be granted for injury/illness provided that the Selectors, based on their professional opinion and consultation with AC’s CMO, deem it reasonable that the athlete will:
  - a) within one AAP year return to training; and
  - b) within two AAP years return to competition at a performance level of at least equal to, or better than, the performance level that such athlete had achieved prior to their injury/illness.

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8.14.5 Athletes may be nominated for Health Card status due to pregnancy more than once.

8.14.6 A Health Card will be granted for pregnancy provided that the Selectors, based on their professional opinion and consultation with AC's CMO, deem it reasonable that the athlete will:

- a) within one AAP year return to training; and
- b) within two AAP years return to competition at a performance level of at least equal to, or better than, the performance level that such athlete had achieved prior to their pregnancy.

Depending on the date of giving birth or any unforeseen complications with the pregnancy or delivery, the effect of this clause might be that an athlete is awarded a Health Card for a single pregnancy for two consecutive AAP years.

8.14.7 It is expected that an athlete requesting Health Card status will not raise new medical evidence in any subsequent appeals process. The reason for this clause is that each carding decision is likely to impact the choices that the Selectors have for other athletes later in the process (as carding "dollars" are used up). This clause is intended to ensure that the AC's CMO has enough information to make a medically informed decision at the original AAP Selection meeting.

8.14.8 If the Selectors do not grant Health Card status then the athlete will be deemed to have applied for a "standard card" and will be ranked and allocated a card (or not) on that basis.

### 8.15 **NCAA Card status**

The purpose of the NCAA Card status is for an athlete to benefit from carding status and support without risking their scholarship or academic eligibility. The level of the Card (Senior International, Senior National or Development) will be determined as described above. The NCAA Card status only effects the timing of Carding payments and the annual dollar value of the Card.

8.15.1 An athlete will be given NCAA Card status if they meet all of the following:

- a) They declared that they want to be considered for a NCAA Card (see section 8.15);
- b) Would otherwise have been nominated for a Senior International, Senior National or Development Card; and
- c) Are attending a post-secondary institution outside of Canada.

8.15.2 NCAA Card status athletes will only receive AAP support during the months that they are not attending the foreign post-secondary institution.

8.15.3 If the Selectors do not grant NCAA Card status then the athlete will not be carded (this rule is to prevent the carding process inadvertently impacting an athlete's scholarship or academic eligibility).

### 8.16 **Calculation of World Athletics points and WPA points**

8.16.1 World Athletics points will be based on the latest "IAAF Scoring Tables of Athletics - Outdoor" which can be found at <https://www.worldathletics.org/about-iaaf/documents/technical-information>

8.16.2 WPA points will be based on the latest "World Para Athletics Points Scores" found at <https://www.paralympic.org/athletics/events/rules-and-regulations>

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### 9. MEMBERSHIP REQUIREMENTS

#### 9.1 Eligibility

9.1.1 In order to be eligible for membership of CAPP athletes must meet the following criteria:

- a) Satisfy all relevant World Athletics , International Olympic Committee (IOC), World Paralympic Athletics (WPA), International Paralympic Committee (IPC) eligibility and nationality rules;
- b) Hold Canadian citizenship;
- c) Be a registered member of Athletics Canada through their Branch Association;
- d) In the case of Para athletes:
  - i. **Transition and Podium** program athletes must hold an international WPA classification which is of “review” or “confirmed” status;
  - ii. **Talent Confirmation** program athletes must hold at least a national classification unless, in the opinion of the CAPP Selection Panel, national classification was not reasonably possible due to COVID restrictions in place at the time and AC’s Para Medical Lead confirms that there is a realistic chance that the athlete will meet the criteria for a national classification. If there is reasonable doubt about either of these criteria, the athlete may not be added to the program except in a CAPP Selection Meeting after a national classification is obtained.
- e) In the case of Para athletes, be in athletics event and classification combinations that are likely to be contested at the upcoming Paralympic Games;
- f) In the case of able-bodied athletes, be in athletics events that are likely to be contested at the upcoming Olympic Games;
- g) Complete and sign AC paperwork as required and on time. Such paperwork may include an Athlete Contract and/or an Athlete Agreement. The required paperwork will be made clear in the letter offering program membership;
- h) Complete CCES e-learning modules and updates as requested from time to time; and
- i) Maintain regular contact with the assigned APA providing updates on training status and training & competition plans. For Canadian based athletes this process will normally include at least two semi-formal meetings per year with the athlete’s coach and personal support team;
- j) Inform the APA within a week of any injuries or illness that impact upon the athlete’s ability to compete or that cause, or will cause, training to be modified for at least seven days;
- k) Inform the APA of being pregnant, although women are not expected to notify AC until after they have completed their first trimester (about 12 weeks);
- l) Be and remain in ‘good standing’ with AC and at all times comply with AC’s Policies, Rules and Bylaws and conduct themselves in a way that does not bring themselves, their sport or the National Team into disrepute. AC may consider past and present behavioural conduct in determining whether an athlete is in ‘good standing’. The Selectors may, in exceptional circumstances and at their sole discretion, select an athlete not in ‘good standing’ with AC when they consider that the athlete can realistically return to ‘good standing’ within a reasonable time as determined by the Selectors; in such cases athletes may not receive services or benefits from the CAPP program nor use AC training facilities until they return to ‘good standing’.

9.1.2 In addition, in order to be eligible for AAP (Carding), athletes must meet the following criteria:

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- a) Have participated in the most recent Canadian Track and Field Championships (Nationals) prior to the AAP selection unless a request for an exemption due to injury, illness, or other exceptional circumstances is approved in advance, or none of the athlete's events were offered at these Championships (due to COVID restrictions this requirement will not apply for the 2020 or 2021 Nationals);
- b) Participate in Podium Benchmark Events, representing Canada, if selected, unless specifically exempted; and
- c) Athletes must not have been ruled ineligible to participate in sport for two years or more as a result of an anti-doping rule violation and who have not, in the case of pre-2004 violations, subsequently been reinstated.
- d) Athletes must not have been serving an anti-doping rule violation sanction of less than two years of sport ineligibility at the start of the carding cycle (AC AAP Year).

### 9.2 **Injury, illness and planned absences from the sport**

- 9.2.1 There are some athletes whose performance during the new CAPP Year is likely to be affected by a "Performance Limiting Injury", "Performance Limiting Factor" or "Planned Absence" from the sport.
- 9.2.2 A Performance Limiting Injury is any medical issue that is likely to impact an athlete's Realistic Capacity to prepare and/or compete at the level required to progress through the CAPP levels. Each case will be judged on an individual's circumstances but as a rough guideline illness or injury having caused, or likely to cause, modified training for three months or more will be considered a Performance Limiting Injury.
- 9.2.3 A Performance Limiting Factor is any lifestyle issue that is likely to impact an athlete's Realistic Capacity to prepare and/or compete at the level required to progress through the CAPP levels. Examples include employment that does not allow for high performance preparation, etc.
- 9.2.4 A Planned Absence from the sport is any known and/or pre-planned extended period of time when an athlete is unable to prepare and/or compete at the level required to progress through the CAPP levels. Each case will be judged on an individual's circumstances but as a rough guideline breaks of three months or more will be considered a Planned Absence. Examples of Planned Absences include pregnancy, extended study or travel breaks, recovery from elective surgery unrelated to athletics performance, etc.
- 9.2.5 It is expected that athletes will proactively inform the Selectors, or their assigned APA if they have one, of Performance Limiting Injuries, Performance Limiting Factors or Planned Absences in advance of the published selection date along with appropriate supporting evidence. For guidance of timelines for informing AC see section 9.1.1. Any falsification or withholding of relevant information could lead to non-selection / removal from the CAPP program.
- 9.2.6 Athletes not on the previous year's CAPP program who have a known Performance Limiting Factor or Planned Absence will only be eligible for CAPP in exceptional circumstances (where the HPD considers that inclusion is in the best interests of the HP program).
- 9.2.7 Athletes on the previous year's CAPP program with a Performance Limiting Factor or Planned Absence may be retained on the program at the Selectors sole discretion. If they are retained their program level will also be at the Selectors sole discretion. In taking these decisions the Selectors will be guided by medical advice and the Program Structure (see section 2).
- 9.2.8 Athletes retained on the program with a known Performance Limiting Factor or Planned Absence will be advised to declare for AAP Health Card status if appropriate (see section 8.14).
- 9.2.9 To assess their medical status and suitability for the program both potential and current CAPP members may also be required to complete a medical form and, if deemed necessary by AC's CMO, undergo further examination. Any falsification of the medical forms will lead to immediate removal from the

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CAPP program.

### 9.3 Change of eligibility

9.3.1 If an athlete's eligibility for the program changes, the Selectors may end the athlete's CAPP membership at their sole discretion either as soon as practical after the athlete's status has changed, or at one of the CAPP Selection Meetings.

9.3.2 Examples of how an athlete's eligibility might change include, but are not limited to, a change of nationality, a change to a Para athlete's classification or the classifications to be contested at the next Paralympic Games, a change of Para Athlete Guide (see section 3.4), an anti-doping violation, a violation of AC's Code of Conduct, etc.

### 9.4 Age restrictions

9.4.1 The following age restrictions will apply to all able-bodied athletes.

9.4.2 The same age restrictions will be used as guidelines (as opposed to rules) for selection of Para athletes. Younger Para athletes than suggested may be considered for the CAPP program when, in the opinion of the Selectors, CAPP membership at an earlier age is in the best interests of the athlete concerned and the program as a whole.

9.4.3 U20 athletes (eligible as a World Athletics U20 athlete [World Athletics Rule 141] at the time of the relevant Selection Meeting) may be members on any level of CAPP in any event except the Marathon and the 50k Walk.

9.4.4 U18 athletes (eligible as a World Athletics U18 athlete [World Athletics Rule 141] at the time of the relevant Selection Meeting) will only be included on the program in exceptional circumstances. They may only be included on the **Talent Confirmation** program and may not be selected for the 10,000m, Marathon or Walking events of 20k or further. Male U18 athletes may not be selected for the decathlon or throws.

9.4.5 U16 athletes (athlete too young to be a World Athletics U18 athlete [World Athletics Rule 141] at the time of the relevant Selection Meeting) will not be selected for CAPP.

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### 10. MEMBERSHIP TYPES

There are several types of CAPP program members as follows:

- 10.1 "Individual Athlete": an athlete competing in an individual athletics event likely to be on the 2024 Olympic program or an individual athletics event and classification combination likely to be on the 2024 Paralympic program.
- 10.2 "Relay Team": the squad of up to six athletes forming a team in a relay event likely to be on the 2024 Olympic or 2024 Paralympic athletics program.
  - 10.2.1 When a Relay Team qualifies for Automatic Selection the "Strike-4" are those four athletes who actually ran in the race that earned Automatic Selection (the team selected to run in the final unless they DNS, DNF or are DQ's, in which case the team that ran in the last qualifying round are the "Strike-4").
  - 10.2.2 If a particular Relay Team is not eligible for Automatic Selection then there is no "Strike-4".
  - 10.2.3 The "Strike-4" only keep their status for one CAPP Year.
  - 10.2.4 The remainder of the Relay Team, to make the team up to maximum of six athletes, are referred to as "Squad Athletes".
  - 10.2.5 "Squad Athletes" for a Mixed Relay must be selected to maintain a gender balance in the squad.
  - 10.2.6 There is no requirement for the Squad Athletes to have been selected for, or competed in, any specific competition or to have achieved any specific qualification time.
  - 10.2.7 Only one Relay Team may be selected per relay medal event on the Olympic / Paralympic program. The Selectors may only select Relay Teams that, individually and collectively, show the Realistic Capacity to meet the aims of the program.
  - 10.2.8 400m Relay Team members will be considered for, and counted towards, both mixed gender and single gender relay events.
- 10.3 "Para Athlete Guides": means guide runners for visually impaired athletes (see section 3.4).

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### 11. ELIGIBLE PERFORMANCES

For a performance to be eligible for consideration for CAPP, retention on CAPP or for AAP ranking purposes the following must apply:

- 11.1 The athlete must be an Individual Associate member of Athletics Canada (e.g. a member of an AC Branch) in good standing with AC and their Branch at the time of the qualifying performance.
- 11.2 All of the technical conditions for setting an AC national record must be met (for example, including but not limited to, course certification, acceptable wind conditions, etc).
- 11.3 Para athlete specific:
  - 11.3.1 For **Transition** and **Podium program** athletes: performance must be acceptable by WPA for inclusion in their official ranking lists (which includes, but may not be limited to, the requirements that the athlete is internationally classified, holds a current WAP licence, and the competition is itself is sanctioned by the WPA).
  - 11.3.2 For **Talent Confirmation** level athletes: athletes must be nationally classified unless, in the opinion of the CAPP Selection Panel, national classification was not reasonably possible due to COVID restrictions in place at the time.
- 11.4 For the avoidance of doubt, indoor performances will be allowed for consideration.
- 11.5 Eligible Performance Dates:
  - 11.5.1 The date range for eligible performances will be published in advance of each CAPP selection meeting and will always run from the end of the previous qualification period. Typically for the “End of Year Selection Meeting” performances will be accepted between April 1 and August 31, 2022 and for the “Mid-year Review” performances will be accepted between September 1 and March 31 the following year. However these dates may vary depending on the International Competition Calendar
  - 11.5.2 There may be a different range of eligible performance dates for the Para program and the able-bodied program.

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### 12. CURRENT TOP LISTS

- 12.1 In the notes below “Top List” means the ordered list of world’s best legal performances with the following conditions:
- 12.2 Unless otherwise stated the senior Top Lists will be used.
- 12.3 Only three athletes per nation per event will be counted when considering senior & U23 rankings.
- 12.4 Only two athletes per nation per event will be counted when considering U20 rankings.
- 12.5 The U20 rankings will be based on performances set with WA / WPA U20 implements, heights and/or spacing.
- 12.6 At the “End of Year Selection Meeting” an athlete’s “Current Top List” will be their best eligible performance compared to the Top Lists for January 1 to August 31 in the current year.
- 12.7 At the “Mid-year Review” an athlete’s “Current Top List” will be their best eligible performance compared to the Top Lists for January 1 to December 31 in the previous year.
- 12.8 Able-bodied specific:
- 12.8.1 The website <https://www.worldathletics.org/records/toplists> will be used as the source of Top Lists data.
- 12.9 Para specific:
- 12.9.1 Classification combinations used at the next Paralympic Games will be used for ranking, if necessary combining individual classification ranking lists. In these cases lists will be combined by absolute performances (and not converted to WPA points and then combined).
- 12.9.2 Only the “top half” of the published WPA ranking list will be considered, the “top half” will be calculated as follows:
- a) We will consider the relevant medal event WPA ranking list for the most recent complete year in which a WPA World Championships or Paralympic Games were held.
  - b) Up to three athletes per nation will be counted.
  - c) This number will be divided by two and any fraction will be rounded down.
- 12.9.3 The ranking website [www.paralympic.org/world-rankings/athletics](http://www.paralympic.org/world-rankings/athletics) will be used as the source of Top Lists data.

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### 13. CHANGE HISTORY

The following are the significant changes from the 2020-2021 CAPP Selection Policy

- 1.6.3 Added definition of World Championships
- 3.1 Specified Selection Panel authority
- 3.3.7 Updated CAPP Targets section
- 3.4.4 Added text to allow for the possibility of a Para athlete no longer needing a guide (not just changing guide)
- 4.1.2 Clarity on progression rules including:
  - o new ability to allow a grandfathered World Class athletes back under specific circumstances.
  - o Expectation to reach benchmark event each year.
  - o Clearer rules for relay athletes returning as individual athletes
- 6 & 7. Changes to consideration criteria for various program levels
  - o Moved Pan Am Games (Senior) medal up to World Class discretionary
  - o Added Pan Am Games (Senior) selection to International discretionary
  - o Added Commonwealth Games selection to Para International discretionary
  - o Added Pan Am U20 selection to Talent Confirmation discretionary
  - o Removed U20 / WU20 / WPAU20 records from Talent Confirmation discretionary
- 7.2.3 Removed Para World U20 medal from automatic criteria for Para Talent Confirmation program (due to too big a range of standards and small fields at this event to date). That leaves no automatic route into the Para Talent Confirmation program.
- 8.12 Commonwealth Games no longer earns a Senior Card. Removed Commonwealth Games selection from athlete eligibility rules for Senior National Card.
- 8.12.3 Addition of 7<sup>th</sup> year of carding extension possibility if last year leads into Olympic or Paralympic Summer Games
- 11. National Team Selection Rules Book references replaced with “internal to document” Eligible Performance rules, including reworked “eligible performance dates”
- Checked all references / links
- Tidied up language around “World Rankings” and “Top Lists” to avoid confusion with recent changes to WA’s names.
- Updated the way top half is calculated (12.9.2.a) for Para athletes, to be specific about counting three per nation.