





2022 World Mountain & Trail Running Championships Chiang Mai, Thailand November 3-6, 2022

version 1.0

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2. Change History

3. Overview

- a. These Selection Criteria ("Criteria") set out Athletics Canada's selection processes for the 2022 World Mountain & Trail Running Championships team along with the eligibility and qualification requirements that an athlete must satisfy in order to be considered for selection.
- b. Entries to 2022 World Mountain & Trail Running Championships are limited by the bylaws, rules and regulations of the following Governing Bodies:
 - i. Athletics Canada ("AC");
 - ii. The 2022 World Mountain & Trail Running Championships Local Organizing Committee ("LOC"); and
 - iii. Canadian Multisport Governing Body (as applicable)
 - iv. Canadian Mountain Running Association (CMRA)
 - v. Association of Canadian Ultramarathoners (ACU)
- c. If there are contradictions between any of the Governing Bodies' bylaws, rules and/or regulations and these Criteria, then the more restrictive will take precedence. Note that this clause is notwithstanding any qualification standards set by a Governing Body, AC reserves its right to set standards that are stricter than those set by any Governing Body.
- d. AC's World Mountain & Trail Running Championships Selection Panel ("Selection Panel") is responsible for the contents of this Criteria and has the sole authority and discretion to make changes to its contents. The Selection Panel has the sole authority and discretion to make decisions relating to the selection of athletes based on these criteria. The Selection Panel is covered in Section 10, below.

4. Key Dates

a. Qualification Period starts	January 1, 2019
b. 2021 Quebec Mega Trail Race	August 13, 2021
c. 2021 Classic Up & Down Mountain Running Championships	September 4, 2021
d. 2021 Vertical Uphill Mountain Running Championships	October 30, 2021
e. 2022 Canadian Mountain & Trail Running Championships	TBD
f. <u>e.</u> Qualification Period ends	September 4, 2022
g.fDeclaration Deadline	September 4, 2022
h.g. Selection Meeting	September 7, 2022
<u>∔h.</u> Team Travel Date	TBD
<u>j.i.</u> Competition Dates	November 4-6, 2022

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Each date will be considered to start at midnight (00:00am) and end at 11:59pm in the athlete's local time zone, unless stated otherwise above.

5. Team Objectives

- a. This selection process is designed to align with AC's Strategic Plan 2028. As such, it seeks to prioritize the selection of athletes who have demonstrated an ability to contribute to the following performance targets at the 2022 World Mountain & Trail Running Championships, presented in priority order:
 - i. Total number of medals;
 - ii. Total number of top 8 finishes;
 - iii. Total number of athletes finishing in the top half of their field;
- b. Mountain Running Specific Objectives
 - i. To improve upon the team scoring finish from 2019 World Mountain Running Championships.
 - ii. 2019 World Mountain Running Championships Team Results: Senior Women 11th, Senior Men 8th, Junior/U20 Women 9th, Junior/U20 Men 10th.

6. Funding / Travel Expenses

- a. This team will be self-funded.
- b. Members of the Canadian team will have meals provided by the Local Organizing Committee (LOC) from the morning of Nov 3rd the morning of Nov 7th, 2022
- c. The LOC is offering special rates on hotels for athletes, team officials and families with full hospitality.
- d. LOC is offering the special fare ticket to all participants & officials in limited allotment. For more information please contact: **secretariat@wmtrc2021thailand.com**

7. 2022 World Mountain & Trail Running Championship Events

a. Events

AC may select athletes for the Events listed immediately below. Each Event is contested separately by men and by women, unless stated otherwise:

i. Trail Running:

Long Trail 80km

Short Trail 40km

ii. Mountain Running

Classic Up & Down

Classic Up & Down (Junior/U20)

Senior Vertical Uphill

b. Maximum Entries per Event

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i. Trail Running:

Long Trail 80km - up to six (6) athletes may be selected. Short Trail 40km - up to six (6) athletes may be selected.

ii. Mountain Running

Classic Up & Down - up to four (4) athletes may be selected. Classic Up & Down (Junior/U20) - up to four (4) athletes may be selected. Senior Vertical Uphill - up to four (4) athletes may be selected.

c. Maximum Events per Athlete

- LOC restrictions: There are no restrictions on the number of events for which an athlete may be selected, although Scheduling Conflicts (see below) may make some "doubles" impractical.
- ii. Scheduling conflicts: Where the Selection Panel believe that a likely scheduling conflict will impact an individual athlete's and/or the overall team's ability to meet the Team Objectives (Section 5) they may limit the number of events for which they select the impacted athlete(s).
- iii. **Note:** Based on the timetable and the variation between events for the 2022 World Mountain & Trail Running Championships, it is anticipated that the only realistic double would be the Vertical Uphill race and the Classic Up & Down race. However, in exceptional circumstances, other doubles would be considered, but are generally discouraged and will come into consideration in the selection process.

8. Selection Process

- a. The Selection Panel (Section 10) will make decisions in person or electronically, guided by these Criteria, on the Selection Meeting Date[s] (Section 4.g4.d).
- b. A Qualified Athlete is an Eligible Athlete (Section 11) who has achieved one or more Eligible Performances (Section 1413).
- c. The Selection Panel will only consider Qualified Athletes (see above).

i. Selection Process – Classic Up & Down Event (Senior)

The Selection Process for the Senior Teams for the Classic Up & Down race will involve <u>five four (45)</u> steps. These steps will be followed until a maximum of four (4) athletes have been selected.

Step 1 – Automatic Selection

The top two placing athletes at the 2021 Canadian Classic Up and Down Mountain Running Championships on Saturday, September 4, 2021 will be selected.

Step 2 - Automatic Selection

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The top two placing athletes at the 2022 Canadian Classic Up & Down Mountain Running Championships will be selected.

Step 23 – Additional Selections

Should any athlete(s) in Step $\underline{12}$ decline their spot, the position will be offered to the next best athlete, in order of finish, by the athletes placing 3rd through 5th at the Championships.

Step 34 – World Rankings

If any spots remain, they will be filled by those athletes ranked in the Top 50 of the <u>Mountain Running World Rankings</u> at the end of the Qualifying Period (see Section 4) will be selected based on descending order until the maximum team size four (4) has been reached.

Step 45 – At Large Qualifier

If any spots remain, they will be filled by the selection committee based on performances at any mountain running, trail running, cross-country, road running or track (5000m, 10,000m and 3000m SC only) events in 2021 and 2022, with a preference to athletes who competed at the Canadian Classic Up & Down Mountain Running Championships in either 2021 or 2022. Results from 2019, including the 2019 World Mountain Running Championships, may also be considered but will be given less weight. "At Large Qualifiers" will only be selected if the athlete(s) demonstrate 'competitive readiness' described in Section 9.

In making these decisions related to Individual Events the Selection Panel will take into account, but not be limited to, the following factors (the order of factors does not imply an order of priority for the Selection Panel):

- Best performance during the Qualifying Period;
- Head-to-head results during the Qualifying Period;
- Results at the National Championships in this event;
- Athlete Strengths (I.e., Ascending, descending, etc.)
- Health and fitness levels that indicate optimal competitive readiness;
- Competition evidence of the ability to performance on demand, preferably in the same event and at this level of competition;
- The impact of the likely competition schedule for athletes competing in one or more events.

ii. Selection Process – Classic Up & Down Event (Junior/U20)

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The Selection Process for the Junior/U20 Teams will involve four three (34) steps. These steps will be followed until a maximum of four (4) athletes have been selected.

Step 1 - Automatic Selection

The top two placing Junior/U20 athletes at the 2021 Canadian Classic Up & Down Mountain Running Championships on Saturday, September 4, 2021 will be selected.

Step 2 - Automatic Selection

The top two placing Junior/U20 athletes at the 2022 Canadian Classic Up & Down Mountain Running Championships will be selected.

Step 32 – Additional Selections

Should any athlete(s) in Step 2 decline their spot, the position will be offered to the next best athlete, in order of finish, by the athletes placing 3rd through 5th at the Championships.

Step <u>34</u> – At Large Qualifier

If any spots remain, they will be filled by the selection committee based on performances at any mountain running, trail running, cross-country, road running or track (5000m, 10,000m and 3000m SC only) events in 2021 and 2022, with a preference to athletes who competed at the 2021 or 2022. Canadian Classic Up & Down Mountain Running Championships. Results from 2019, including the 2019 World Mountain Running Championships, may also be considered but will be given less weight. "At Large Qualifiers" will only be selected if the athlete(s) demonstrate 'competitive readiness' described in Section 9.

In making these decisions related to Individual Events the Selection Panel will take into account, but not be limited to, the following factors (the order of factors does not imply an order of priority for the Selection Panel):

- Best performance during the Qualifying Period;
- Head-to-head results during the Qualifying Period;
- Results at the National Championships in this event;
- Athlete Strengths (I.e., Ascending, descending, etc.)
- Health and fitness levels that indicate optimal competitive readiness;
- Competition evidence of the ability to performance on demand, preferably in the same event and at this level of competition;
- The impact of the likely competition schedule for athletes competing in one or more events.

iii. Selection Process – Vertical Uphill Event (Senior)

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The Selection Process for the Senior Teams for the Vertical Uphill race will involve five four (45) steps. These steps will be followed until a maximum of four (4) athletes have been selected.

Step 1 – Automatic Selection

The top two placing athletes at the 2021 Canadian Vertical Uphill Mountain Running Championships on Saturday, October 30, 2021 will be selected.

Step 2 - Automatic Selection

The top two placing athletes at the 2022 Canadian Vertical Uphill Mountain Running Championships will be selected.

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Step <u>2</u>3 – Additional Selections

Should any athlete(s) in Step 2 decline their spot, the position will be offered to the next best athlete, in order of finish, by the athletes placing 3rd through 5th at the Championships.

Step 34 – World Rankings

Athletes who are ranked in the Top 50 of the <u>Mountain Running World Rankings</u> at the end of the Qualifying Period (see Section 4) will be selected based on descending order until the maximum team size four (4) has been reached.

Step 45 – At Large Qualifier

If any spots remain, they will be filled by the selection panel based on performances at any mountain running, trail running, cross-country, road running or track (5000m, 10,000m and 3000m SC only) events in 2021 and 2022, with a preference to athletes who competed at the 2021 and 2022 Canadian Vertical Uphill Mountain Running Championships. Results from 2019, including the 2019 World Mountain Running Championships, may also be considered but will be given less weight. "At Large Qualifiers" will only be selected if the athlete(s) demonstrate 'competitive readiness' described in Section 9.

In making these decisions related to Individual Events the Selection Panel will take into account, but not be limited to, the following factors (the order of factors does not imply an order of priority for the Selection Panel):

- Best performance during the Qualifying Period;
- Head-to-head results during the Qualifying Period;
- Results at the National Championships in this event;
- Athlete Strengths (I.e., Ascending, descending, etc.)
- Health and fitness levels that indicate optimal competitive readiness;

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- Competition evidence of the ability to performance on demand, preferably in the same event and at this level of competition;
- The impact of the likely competition schedule for athletes competing in one or more events.

iv. Selection Process - Long Trail 80km

The Selection Process for the Long Trail 80km will involve three two (23) steps. These steps will be followed until a maximum of four six (64) athletes have been selected.

Step 1 – Automatic Selection

The top placing (1st Place) athlete at the 2021 Quebec Mega Trail Race (80km Distance) held on August 13, 2021 will be selected.

Step 2 - Automatic Selection

The top placing (1st Place) athlete at the 2022 Canadian National Championships (80km Distance) will be selected.

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Step 23 – At Large Qualifier

Remaining spots will be filled by the selection panel based on performances at any mountain running, trail running, road running events in 2021 and 2022. Results from 2019, including the 2019 World Trail Running Championships, may also be considered but will be given less weight. "At Large Qualifiers" will only be selected if the athlete(s) demonstrate 'competitive readiness' described in Section 9.

In making these decisions related to Individual Events the Selection Panel will take into account, but not be limited to, the following factors (the order of factors does not imply an order of priority for the Selection Panel):

- Best performance during the Qualifying Period;
- Head-to-head results during the Qualifying Period;
- Results at the National Championships in this event;
- Athlete Strengths (I.e., Ascending, descending, etc.)
- Health and fitness levels that indicate optimal competitive readiness;
- Competition evidence of the ability to performance on demand, preferably in the same event and at this level of competition;
- The impact of the likely competition schedule for athletes competing in one or more events.

v. Selection Process - Short Trail (40KM)

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The Selection Process for the Short Trail 40km will involve three two (23) steps. These steps will be followed until a maximum of four six (64) athletes have been selected.

Step 1 – Automatic Selection

The top placing (1st Place) athlete at the 2021 Quebec Mega Trail Race (50km Distance) held on August 13, 2021 will be selected.

Step 2 - Automatic Selection

The top placing (1st Place) athlete at the 2022 National Championships (50km Distance) will be selected.

Step 3 – At Large Qualifier

Remaining spots will be filled by the selection panel based on performances at any mountain running, trail running, road running events in 2021 and 2022. Results from 2019, including the 2019 World Trail Running Championships, may also be considered but will be given less weight. "At Large Qualifiers" will only be selected if the athlete(s) demonstrate 'competitive readiness' described in Section 9.

In making these decisions related to Individual Events the Selection Panel will take into account, but not be limited to, the following factors (the order of factors does not imply an order of priority for the Selection Panel):

- Best performance during the Qualifying Period;
- Head-to-head results during the Qualifying Period;
- Results at the National Championships in this event;
- Athlete Strengths (I.e., Ascending, descending, etc.)
- Health and fitness levels that indicate optimal competitive readiness;
- Competition evidence of the ability to performance on demand, preferably in the same event and at this level of competition;
- The impact of the likely competition schedule for athletes competing in one or more events.

9. Competitive Readiness

a. Competitive readiness will be determined by the selection committee based on at least the following: distance behind the winner at the 2021 or 2022 Canadian Championship Events, overall finishing times at the 2021 or 2022 Canadian Championship Event or other event, and potential placing at the 2022 World Mountain & Trail Running Championships. For the avoidance of doubt, the selection panel reserves the right not to name any athlete to the team if it believes that they are not capable of finishing within 25% of the winning time at

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2022 World Mountain & Trail Running Championships and could potentially interfere with race logistics.

10. Selection Meeting(s)

- a. The Selection Panel (Section <u>1110</u>) will make decisions on the date(s) as indicated in Section 4 to select the team according to these Criteria.
- b. The Chair of the Selection Panel will decide if the meeting will be held in person or electronically, for example by voice or video conferencing or by email.
- c. AC will keep a written record of the proceedings of the Selection Meeting and its outcomes.
- d. The outcome will be published via an Official Team Announcement (Section <u>Error! Reference source not found.11</u>).

11. Selection Panel

The Selection Panel is comprised of the following:

Voting Members – Athletics Canada Technical Staff (one), Canadian Mountain Running Association Representative (one), Association of Canadian Ultra Marathoners Representative (one), Athletics Canada Branch Representatives (two), and Athlete Representative (one). The Chair of the Selection Panel will only vote in the event of a tie.

Non-Voting Members – Can be asked to be present at parts of a Selection Meeting depending on expertise and input required but might include: Athletics Canada coaching and Integrated Support Team ("IST") staff, statistician, legal advisor, technical specialists, as required.

- a. The 2022 World Mountain & Trail Running Championships Selection Panel has the sole authority and discretion to make decisions relating to the selection of athletes for the 2022 World Mountain & Trail Running Championships up until the Team Travel Date (Section 4.h4.e).
- b. From the Team Travel Date (Section <u>4.h</u>4.e) forwards "On-site Decision Making Authority" will apply (Section <u>1615</u>).

12. Official Team Announcement

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- a. The composition of the selected team will be announced by AC, on the AC website, as soon as practical after the Selection Meeting (Section 4.g4.d).
- b. Athletes may be contacted directly by AC prior to the Official Team Announcement to confirm their selection or non-selection.

13. Eligible Athletes

To be considered for selection for this team:

a. Declaration:

Athletes must declare their interest to compete by submitting the electronic declaration form, published on the AC website, by the Final Declaration Deadline (Section 4.f4.e). Note that by declaring interest for this team, the athlete agrees to be bound by AC Bylaws and Technical Rules and obligations specific within this Selection Criteria which include Team Travel Obligations (Section 14) and the Appeals process (Section 16).

b. Eligibility to Represent Canada:

- i. Athletes must hold Canadian Citizenship.
- ii. Athletes must hold a Canadian passport valid until at least 6-months after the end of 2022 World Mountain & Trail Running Championships.

c. Membership Requirements:

- Athletes must be a registered member of an AC Branch at the time of qualification and through the 2022 World Mountain & Trail Running Championships
- ii. Athletes must also be a registered member of the Canadian Mountain Running Association (for the Classic Up & Down and Vertical Uphill) <u>or</u> the Association of Canadian Ultrarunners (for the 40k or 80k trail distances);

d. Age Restrictions

- o Junior/U20 athletes must be aged 16-19 on December 31, 2022
- o The lower age limit for the senior mountain races is 18 on December 31, 2022
- o The lower age limit for the trail races is 20 on December 31, 2022

e. Anti-doping Compliance

- i. Athletes must comply with the anti-doping rules of WA, AC, CCES, WADA and any other anti-doping organization with authority over the athlete.
- ii. Athletes must complete any anti-doping eLearning courses as required.

f. Good Standing

Athletes must be in good standing with AC, AC Branches, CMRA, ACU, CCES, WA and all other

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Governing Bodies listed in Section 3.b.

g. Forms and Agreements

Athletes must sign, submit and comply with all required forms and agreements, including:

- i. Health Questionnaire (Electronic Pre-Participation Questionnaire)
- ii. Athlete Agreement
- iii. COVID-19 International Travel Waiver

14. Eligible Performances

- a. An Eligible Performance will be a competition result that:
 - i. Was achieved within the Qualification Period (Section 4); and
 - ii. Was achieved by an Eligible Athlete (Section 11); and

15. Team Travel Obligations

- a. Athletes who wish to participate on a National Team are required to comply with AC travel plans (including participation in pre-competition and pre-target-event training camps and competitions) as they pertain to training schedules, travel and accommodation schedules.
- b. By declaring interest for consideration for this team, athletes agree to fully participate in both the final preparation camp (if relevant) and the full duration of the event specified in Section 4 of this Criteria.
- c. By accepting a position on this team, athletes also agree to travel on the official traveling dates.
- d. In extraordinary circumstances, exceptions to these Team Travel Obligations may be granted at AC's sole discretion. The request for an exemption must be made in writing to Athletics Canada in advance of travel dates, requests must be made on or before the Final Declaration Deadline (Section 4.f4.c).
- e. Failure to comply with these Team Travel Obligations may result in de-selection from this team and may affect current high performance support status (for example CAPP or AAP support) and/or future high performance support eligibility. Any additional costs incurred as a result of failure to comply with these Team Travel Obligations will be the sole responsibility of the athlete.

16. On-Site Decision Making Authority

a. To ensure at-competition decisions may be made quickly and decisively in the best interest of performance, the following delegation of authority and processes for making final

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confirmation of entries onsite at the will apply. This includes, but is not limited to, decisions around removal of an athlete from the team, injuries and /or use of alternates, etc.

- b. Starting on the Team Travel Date (Section <u>4.h</u>4.e) all final Decision Making Authority ("DMA") will reside with the team's appointed Head Coach.
- c. As per competition regulations, the athletes entered to compete in individual events will be confirmed during the competition. The timing is to be confirmed by the LOC but typically confirmations will be made before noon two days before the first day of competition and before 9am the day before each remain day of competition. Any final changes of the team will be made by the Head Coach (or whomever has the DMA).

17. Appeals

a. Who Can Appeal

Athletes who are directly affected by a selection decision have the right to appeal.

b. Filling a First Appeal

- i. Athletes should refer to the Commissioner's Office Terms of Reference for the full procedure for filing an appeal (see http://athletics.ca/federation/governance/policies-rules-laws/).
- ii. In the first instance, Appeals must be sent to the AC Commissioners' Office via e-mail (to <u>commissioner@athleticscommissioner.ca</u>) within the Appeals Period (Section 17.c16.c below).
- iii. All appeals must be accompanied by a fee of \$250 (payable to Athletics Canada). This amount will be returned if the appeal is successful. Contact appeals@athletics.ca for payment options.

c. Appeals Period

The Appeals Period starts when the Official Team Announcement is made (see Section Error! Reference source not found.11) and ends five (5) calendar days later. (So if the Official Team Announcement is made on Monday the Appeals Period ends at midnight on the following Saturday.)

d. Grounds for an Appeal

The Commissioners' Office will determine whether an appeal will be considered, based on the following factors:

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- i. The Selection Panel failed to follow the processes outlined in this Selection Criteria;
- ii. The selection decision was based on an error of fact; or
- iii. The selection decision was influenced by bias, bias being defined as a lack of neutrality to such an extent that the Selection Panel was unable to consider other views.

e. Affected Parties

If it is determined by the Commissioner that a first Appeal, if successful, would displace another athlete nominated to the team as per this Selection Criteria, then that athlete will be consulted as part of the Commissioner's deliberations, and will be bound by the Commissioner's decision.

f. Injury or illness

Where an Appeal relates to injury or illness, the athlete must supply documentation from a medical practitioner diagnosing the injury or illness. In deciding such appeals, AC's Commissioners' Office may obtain input from the AC Chief Medical Officer, or designate. Any decision by the Commissioner on an appeal relating to illness or injury must take into consideration the athlete's ability to fulfill the Competitive Readiness Requirements contained in this Selection Criteria.

g. Right to a Second Appeal

If an athlete is not satisfied with the decision of the Commissioner, a formal second appeal may be available, timelines permitting, pursuant to The Commissioner's Office – Terms of Reference (see http://athletics.ca/federation/governance/policies-rules-laws/) to the Sport Dispute Resolution Centre of Canada (SDRCC).

18. Amendments

AC reserves the right to amend this Selection Criteria. If amendments are made, they will be communicated as soon as possible through the AC website.

Athletics Canada is carefully following the evolution of the coronavirus on the global and domestic level and how it may impact this competition. Unless otherwise required by exceptional and unforeseen circumstances related to the impact of the coronavirus, Athletics Canada will respect this selection criteria as written.

However, situations related to the coronavirus pandemic may arise that require this criteria to be modified. Any modifications will be made promptly and as often as required following developments that directly impact the criteria (including Athletics Canada's decision whether or not to send a team). In such circumstances, any modifications will be communicated to all affected individuals as soon as possible.

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Further, situations may arise that do not allow this criteria to be modified or applied as written due to time constraints or other exceptional and unforeseen circumstances. In such situations, any decision, including selection decisions, will be made by the individual(s) with decision-making authority, as stated in this criteria in accordance with the stated performance objectives as stated herein. Should it be necessary to make any decision in this manner, Athletics Canada will communicate with all affected individuals as soon as possible.

In addition to the above, the Selection Panel may amend the Criteria under the following circumstances:

- 1) When additional (or altered) information that is deemed relevant by the Selection Panel to the Criteria is provided by external parties, such as (but not limited to) an event organizing committee, Sport Canada, the Canadian Olympic Committee, World Athletics, or any other relevant organization; and
- 2) To correct, clarify or amend any inconsistencies, errors or omissions in the Criteria.

Any amendments made by the Selection Panel are deemed to come into effect immediately upon publication on the AC website. The Selection Panel will publish the amended Criteria by whatever means and wherever the original Criteria were published.

19. Unforeseen Circumstances

a. In situations where unforeseen circumstances do not allow the process for selection as contemplated in this Selection Criteria to be implemented, the Selection Panel reserves the right to determine an appropriate course of action. Depending on the circumstances, such course of action may involve implementation of an alternate process for selection.

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