

## **Canadian Cross Country Championships / Championnats canadiens de cross-country**

### **SHUTTLE SERVICE – BELLS CORNERS ROUTE SERVICE DE NAVETTE – ROUTE BELLS CORNERS**

Between/entre

**Terry Fox athletic facility (TFAF)**  
2960 Riverside Dr., Ottawa, ON K1V 8N4

**Days Inn by Wyndham Ottawa West**  
350 Moodie Dr, Ottawa, ON K2H 8G3

**Holiday Inn Express & Suites Ottawa West**  
2055 Robertson Rd, Ottawa, ON K2H 5Y9

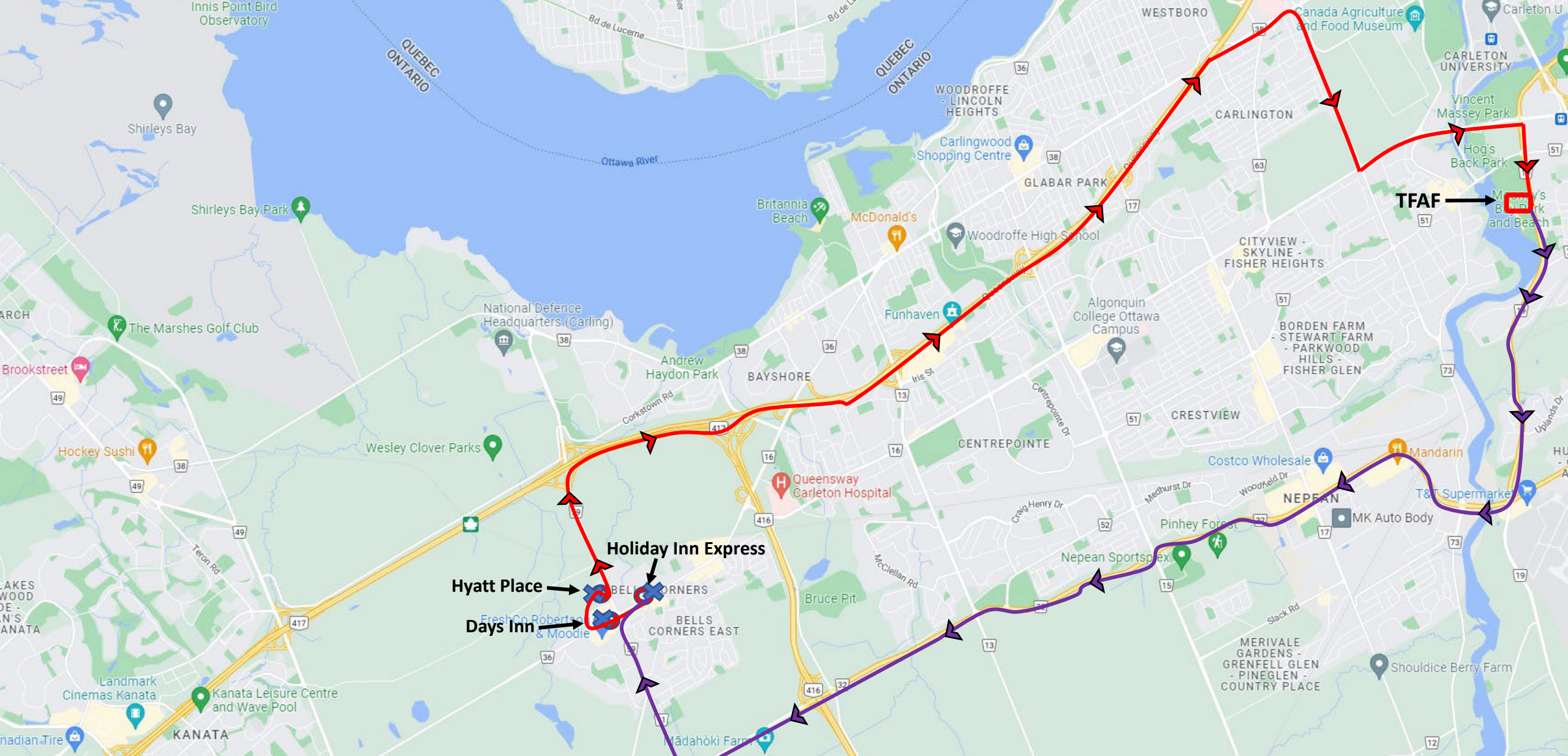
**Hyatt Place Ottawa – West**  
300 Moodie Dr, Ottawa, ON K2H 9G1

### **Friday, November 25<sup>th</sup> / Vendredi 25 novembre**

<b>Departure/Départ - HIX &amp; Suites</b>	<b>Departure/Départ - Days Inn</b>	<b>Departure/Départ - Hyatt Place</b>	<b>Arrival/Arrivée - TFAF</b>	<b>Departure from TFAF towards Hotels/ Départ de TFAF vers les hôtels</b>
10:30 a.m.	10:35 a.m.	10:40 a.m.	11:00 a.m.	11:05 a.m.
11:30 a.m.	11:35 a.m.	11:40 a.m.	12:00 p.m.	12:05 p.m.
12:30 p.m.	12:35 p.m.	12:40 p.m.	1:00 p.m.	1:05 p.m.
1:30 p.m.	1:35 p.m.	1:40 p.m.	2:00 p.m.	2:05 p.m.
2:30 p.m.	2:35 p.m.	2:40 p.m.	3:00 p.m.	3:05 p.m.
3:30 p.m.	3:35 p.m.	3:40 p.m.	4:00 p.m.	4:10 p.m.

### **Saturday, November 26<sup>th</sup> / Samedi 26 novembre**

<b>Departure/Départ - HIX &amp; Suites</b>	<b>Departure/Départ - Days Inn</b>	<b>Departure/Départ - Hyatt Place</b>	<b>Arrival/Arrivée - TFAF</b>	<b>Departure from TFAF towards Hotels/ Départ de TFAF vers les hôtels</b>
7:30 a.m.	7:35 a.m.	7:40 a.m.	8:00 a.m.	8:05 a.m.
8:30 a.m.	8:35 a.m.	8:40 a.m.	9:00 a.m.	9:05 a.m.
9:30 a.m.	9:35 a.m.	9:40 a.m.	10:00 a.m.	10:05 a.m.
10:30 a.m.	10:35 a.m.	10:40 a.m.	11:00 a.m.	11:05 a.m.
11:30 a.m.	11:35 a.m.	11:40 a.m.	12:00 p.m.	12:05 p.m.
12:30 p.m.	12:35 p.m.	12:40 p.m.	1:00 p.m.	1:05 p.m.
1:30 p.m.	1:35 p.m.	1:40 p.m.	2:00 p.m.	2:05 p.m.
2:30 p.m.	2:35 p.m.	2:40 p.m.	3:00 p.m.	3:05 p.m.
3:30 p.m.	3:35 p.m.	3:40 p.m.	4:00 p.m.	4:05 p.m.
4:30 p.m.	4:35 p.m.	4:40 p.m.	5:00 p.m.	5:05 p.m.



### Legend

- ✕ — Location of hotel
- ◻ — Location of event venue
- ⊙ — Location of shuttle pick-up

### Bells Corners Route

1. ▲ Going out
2. ▼ Coming back