

Canadian Cross Country Championships / Championnats canadiens de cross-country

SHUTTLE SERVICE – KANATA ROUTE SERVICE DE NAVETTE – KANATA OUEST

Between/entre

Terry Fox athletic facility (TFAF)
2960 Riverside Dr., Ottawa, ON K1V 8N4

Holiday Inn & Suites Ottawa Kanata, an IHG Hotel
101 Kanata Avenue, Kanata, ON K2T 1E6

Brookstreet Hotel
525 Legget Dr, Kanata, ON K2K 2W2

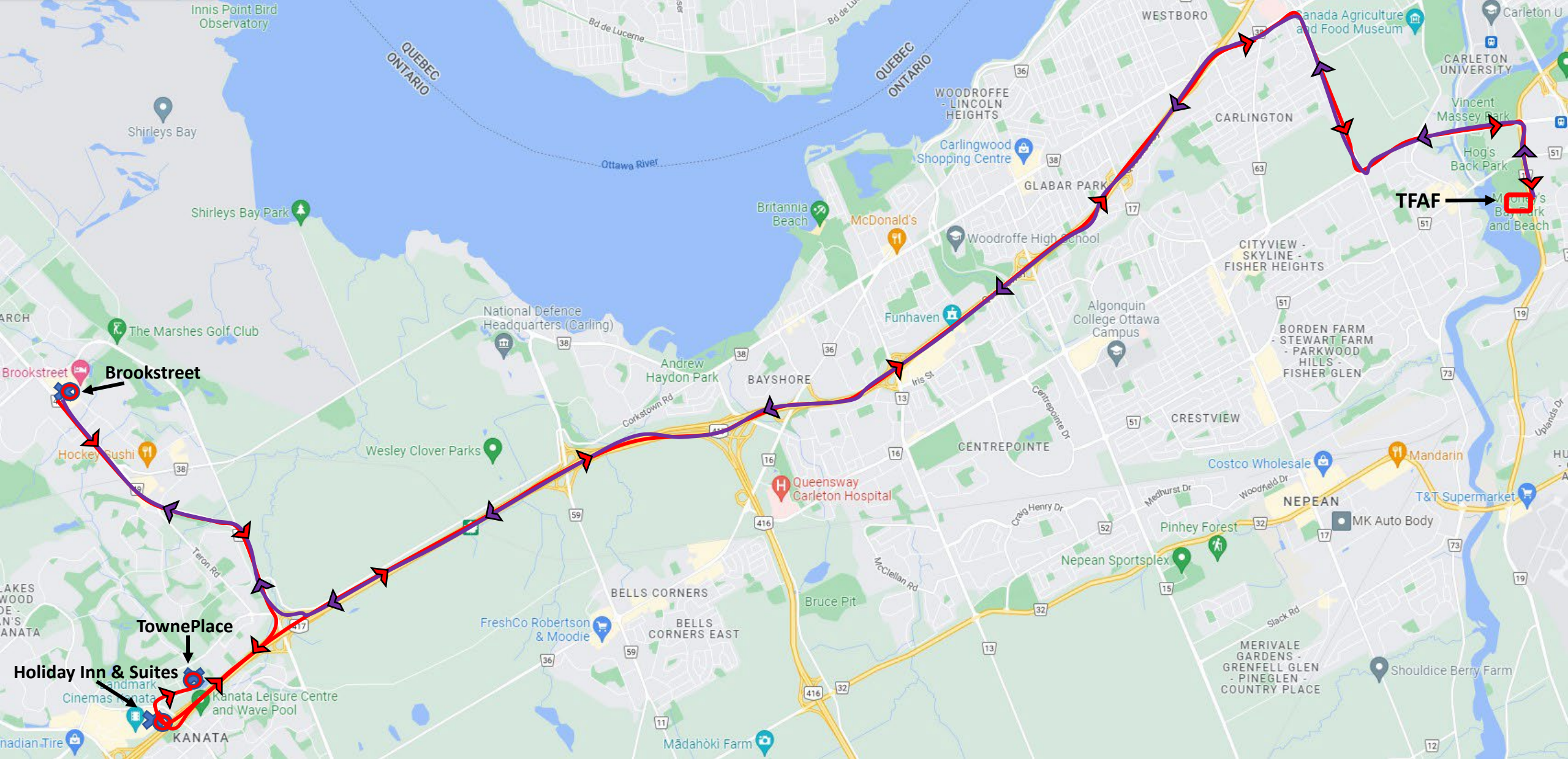
TownePlace Suites by Marriott Ottawa Kanata
1251 Maritime Way, Kanata, ON K2K 0J6

Friday, November 25th / Vendredi, le 25 novembre

Departure/Départ - Brookstreet	Departure/Départ - Holiday Inn & Suites	Departure/Départ - TownePlace Suites	Arrival/Arrivée - TFAF	Departure from TFAF towards Hotels/ Départ de TFAF vers les hôtels
10:15 a.m.	10:25 a.m.	10:30 a.m.	11:00 a.m.	11:05 a.m.
11:30 a.m.	11:40 a.m.	11:45 a.m.	12:15 p.m.	12:20 p.m.
12:45 p.m.	12:55 p.m.	1:00 p.m.	1:30 p.m.	1:35 p.m.
2:00 p.m.	2:10 p.m.	2:15 p.m.	2:45 p.m.	2:50 p.m.
3:15 p.m.	3:25 p.m.	3:30 p.m.	4:00 p.m.	4:10 p.m.

Saturday, November 26th / Samedi, le 26 novembre

Departure/Départ - Brookstreet	Departure/Départ - Holiday Inn & Suites	Departure/Départ - TownePlace Suites	Arrival/Arrivée - TFAF	Departure from TFAF towards Hotels/ Départ de TFAF vers les hôtels
7:15 a.m.	7:25 a.m.	7:30 a.m.	8:00 a.m.	8:05 a.m.
8:30 a.m.	8:40 a.m.	8:45 a.m.	9:15 a.m.	9:20 a.m.
9:45 a.m.	9:55 a.m.	10:00 a.m.	10:30 a.m.	10:35 a.m.
11:00 a.m.	11:10 a.m.	11:15 a.m.	11:45 a.m.	11:50 a.m.
12:15 p.m.	12:25 p.m.	12:30 p.m.	1:00 p.m.	1:05 p.m.
1:30 p.m.	1:10 p.m.	1:15 p.m.	1:45 p.m.	1:50 p.m.
2:45 p.m.	2:55 p.m.	3:00 p.m.	3:30 p.m.	3:35 p.m.
4:00 p.m.	4:10 p.m.	4:15 p.m.	4:45 p.m.	4:50 p.m.



Legend

- ✕ — Location of hotel
- — Location of shuttle pick-up
- — Location of event venue

Kanata Route

- ➔ Going out
- ➞ Coming back