

Canadian Cross Country Championships / Championnats canadiens de cross-country

SHUTTLE SERVICE – SOUTH ROUTE SERVICE DE NAVETTE – ROUTE OUEST

Between/entre

Terry Fox athletic facility (TFAF)
2960 Riverside Dr., Ottawa, ON K1V 8N4

Hampton Inn Ottawa Airport
2869 Gibford Dr, Ottawa, ON K1V 2L9

Sandman Signature Ottawa Airport Hotel
250 W Hunt Club Rd, Ottawa, ON K2E 0B7

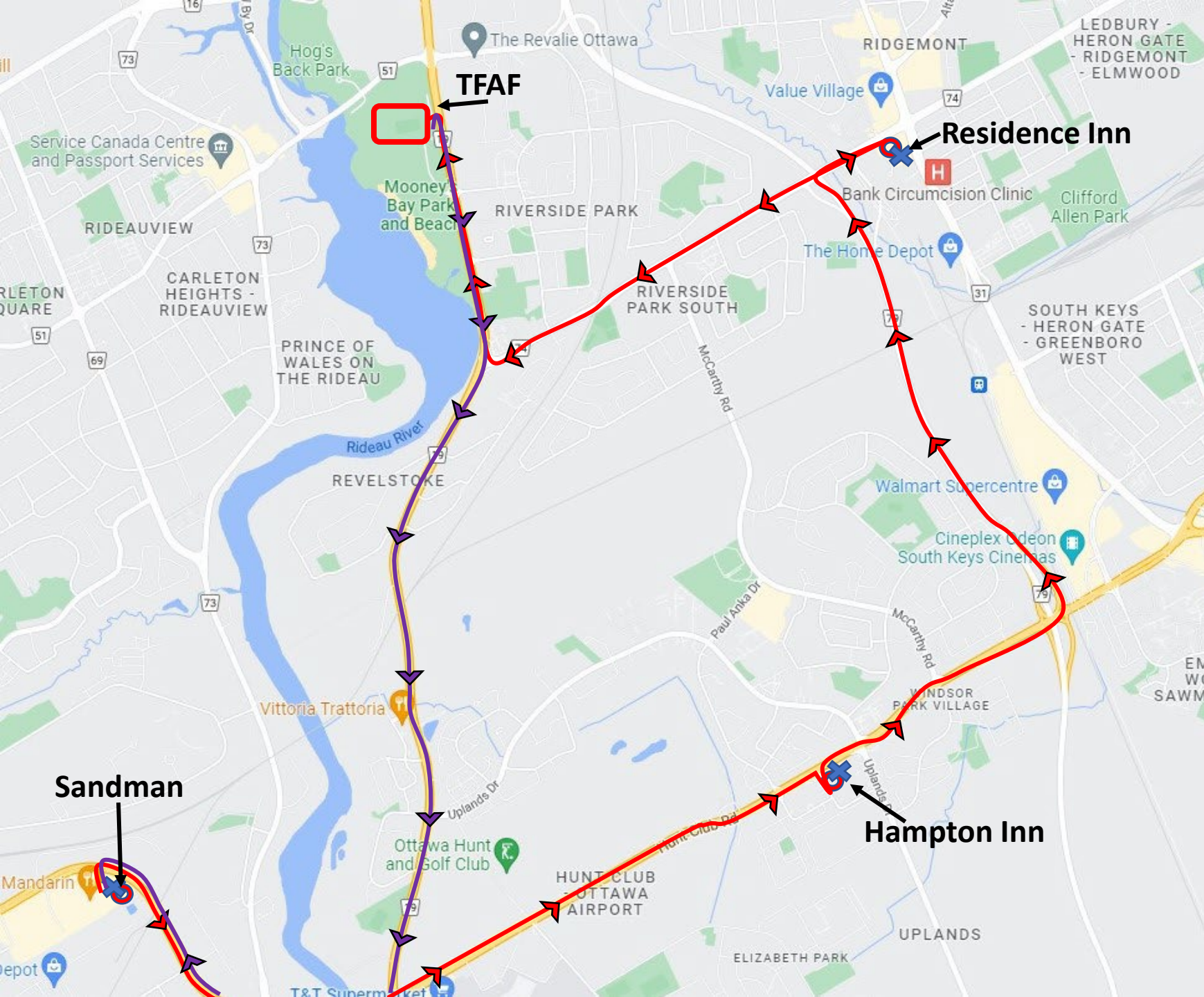
Residence Inn Ottawa Airport
1172 Walkley Rd, Ottawa, ON K1V 2P7

Friday, November 25th / Vendredi, le 25 novembre

Departure/Départ - Sandman	Departure/Départ - Hampton Inn	Departure/Départ - Residence Inn	Arrival/Arrivée - TFAF	Departure from TFAF towards Hotels/ Départ de TFAF vers les hôtels
10:30 a.m.	10:40 a.m.	10:50 a.m.	11:00 a.m.	11:10 a.m.
11:30 a.m.	11:40 a.m.	11:50 a.m.	12:00 p.m.	12:10 p.m.
12:30 p.m.	12:40 p.m.	12:50 p.m.	1:00 p.m.	1:10 p.m.
1:30 p.m.	1:40 p.m.	1:50 p.m.	2:00 p.m.	2:10 p.m.
2:30 p.m.	2:40 p.m.	2:50 p.m.	3:00 p.m.	3:20 p.m.
3:40 p.m.	3:50 p.m.	4:00 p.m.	4:10 p.m.	4:20 p.m.

Saturday, November 26th / Samedi, le 26 novembre

Departure/Départ - Sandman	Departure/Départ - Hampton Inn	Departure/Départ - Residence Inn	Arrival/Arrivée - TFAF	Departure from TFAF towards Hotels/ Départ de TFAF vers les hôtels
7:30 a.m.	7:40 a.m.	7:50 a.m.	8:00 a.m.	8:05 a.m.
8:15 a.m.	8:25 a.m.	8:35 a.m.	8:45 a.m.	8:50 a.m.
9:00 a.m.	9:10 a.m.	9:20 a.m.	9:30 a.m.	9:35 a.m.
9:45 a.m.	9:55 a.m.	10:05 a.m.	10:15 a.m.	10:20 a.m.
10:30 a.m.	10:40 a.m.	10:50 a.m.	11:00 a.m.	11:05 a.m.
11:15 a.m.	11:25 a.m.	11:35 a.m.	11:45 a.m.	11:50 a.m.
12:00 p.m.	12:10 p.m.	12:20 p.m.	12:30 p.m.	12:35 p.m.
12:45 p.m.	12:55 p.m.	1:05 p.m.	1:15 p.m.	1:25 p.m.
1:30 p.m.	1:40 p.m.	1:50 p.m.	2:00 p.m.	2:05 p.m.
2:15 p.m.	2:25 p.m.	2:35 p.m.	2:45 p.m.	2:50 p.m.
3:00 p.m.	3:10 p.m.	3:20 p.m.	3:30 p.m.	3:35 p.m.
3:45 p.m.	3:55 p.m.	4:05 p.m.	4:15 p.m.	4:20 p.m.
4:30 p.m.	4:40 p.m.	4:50 p.m.	5:00 p.m.	5:05 p.m.



Legend

South Shuttle route

- ✕ — Location of hotel
- ⊙ — Location of shuttle pick-up
- — Location of event venue
- ▲ — Going out
- ▼ — Coming back