



2023 National Team Coaching/Team Management Staff

**2023 World Cross Country Championships
Bathurst, Australia
February 18**

Thelma Wright	Vancouver, BC	Team Leader
Kristine Deacon	Cambridge, ON	Team Manager
Hilary Stellingwerf	Victoria, BC	Team Coach
Bruce Deacon	Victoria, BC	Team Coach
Ingrid Ruys	Sherwood Park, AB	Team Coach

**2023 NACAC Half Marathon Championships
Varadero, Cuba
March 26**

Sean Baynton	Saskatoon, AB	Head Coach/ Team Leader
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**2023 Pan Am Race Walking Cup
Managua, Nicaragua
April 15 to 16**

Gerry Dragomir	Vancouver, BC	Head Coach/Team Leader
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**2023 Pan Am Combined Events Championships *Cancelled*
Ottawa, Ontario
May 13 to 14**

Remy Wade	Ottawa, ON	Team Manager
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2023 WPA World Championships

Paris, France

July 8 to 17

Carla Nicholls	Regina, SK	Head Coach
Simon Nathan	Ottawa, ON	Team Leader
Gabby Faoro	Ottawa, ON	Team Manager
Sarah Black	Victoria, BC	Team Manager
Bob Westman	Toronto, ON	Team Coach
Brett Lumley	Windsor, ON	Team Coach
Heather Hennigar	Victoria, BC	Team Coach
Ken Hall	Brampton, ON	Team Coach
Geoff Harris	Victoria, BC	Team Coach

2023 NACAC U18/U23 Championships

San Jose, Costa Rica

July 21 to 23

Carmyn James	Lethbridge, AB	Head Coach
Molly Killingbeck	Mississauga, ON	Team Leader
Kristine Deacon	Cambridge, ON	Team Manager
Kurt Downes	Harrow, ON	Team Coach
Sabrina Netley	Surrey, BC	Team Coach
Sean Baynton	Saskatoon, AB	Team Coach
Karl Meissner	Lloydminster, AB	Team Coach

2023 FISU World University Games – Team Canada ***Cancelled***

Chengdu, China

July 28 to August 8

Steve Leblanc	Riverview, NB	Head Coach
Ingrid Ruys	Sherwood Park, AB	Team Leader
Alfredo Villar-Sbaffili	Montreal, QC	Team Manager
Gordon Cave	Nepean, ON	Team Coach
Rich Lehman	Darhmouth, NS	Team Coach
Mingpu Wu	Winnipeg, MB	Team Coach



2023 World Pan Am U20 Championships

Mayagüez, PUR

August 4 to 6

Molly Killingbeck	Mississauga, ON	Team Leader
Rob Fisher	Edmonton, AB	Team Coach
Samantha Read	Calgary, AB	Team Coach
James Holder	Calgary, AB	Team Coach
Georgette Reed	Spring Lake, AB	Team Coach

2023 Commonwealth Youth Games

Trinidad and Tobago

August 4 to 11

Christine Lavery	Calgary, AB	Head Coach
Gabby Faoro	Ottawa, ON	Team Manager
Leslie Estwick	Ottawa, ON	Team Coach

2023 WA World Championships

Budapest, Hungary

August 19 to 27

Glenroy Gilbert	Ottawa, ON	Head Coach
Simon Nathan	Ottawa, ON	Team Leader
Nicole Clarke	Kingston, ON	Team Manager
Kristine Deacon	Cambridge, ON	Team Manager
Charles Allen	Toronto, ON	Team Coach
Heather Hennigar	Victoria, BC	Team Coach
Fabrice Akue	Montreal, QC	Team Coach
Mark Rowland	Victoria, BC	Team Coach
Felix-Antoine Lapointe	Quebec, QC	Team Coach
Chris Belof	Fredericton, NB	Team Coach
Jeff Huntoon	Toronto, ON	Team Coach
Richard Parkinson	Stouffville, ON	Team Coach
Larry Steinke	Lethbridge, AB	Team Coach



2023 WA Road Running Championships

Riga, LAT

September 20 to October 1

Kristine Deacon	Cambridge, ON	Team Manager
Heather Hennigar	Victoria, BC	Team Coach
Felix-Antoine Lapointe	Quebec, QC	Team Coach

2023 Pan American Games

Santiago, Chile

October 22 to November 5

Glenroy Gilbert	Ottawa, ON	Head Coach
Simon Nathan	Ottawa, ON	Team Leader
Kristine Deacon	Cambridge, ON	Team Manager
Andy Tough	Winnipeg, MB	Team Coach
Alfredo Villar-Sbaffi	Montreal, QC	Team Coach
Richard Parkinson	Stouffville, ON	Team Coach

2023 Parapan American Games

Santiago, Chile

November 17 to 25

Carla Nicholls	Regina, SK	Head Coach
Simon Nathan	Ottawa, ON	Team Leader
Gabby Faoro	Ottawa, ON	Team Manager
Bob Westman	Toronto, ON	Team Coach
Geoff Harris	Victoria, BC	Team Coach
Kim Cousins	Calgary, AB	Team Coach