



CAPP & AAP Selections 2023/24

Introduction



- Overview of how CAPP selections work
- Overview of how AAP (Carding) nominations work
- What's new this year
- Q&A

Introduction



The 2023/24 CAPP and AAP Selection Processes
are published on AC's website, see

<https://athletics.ca/national-team/services/program-capp/>

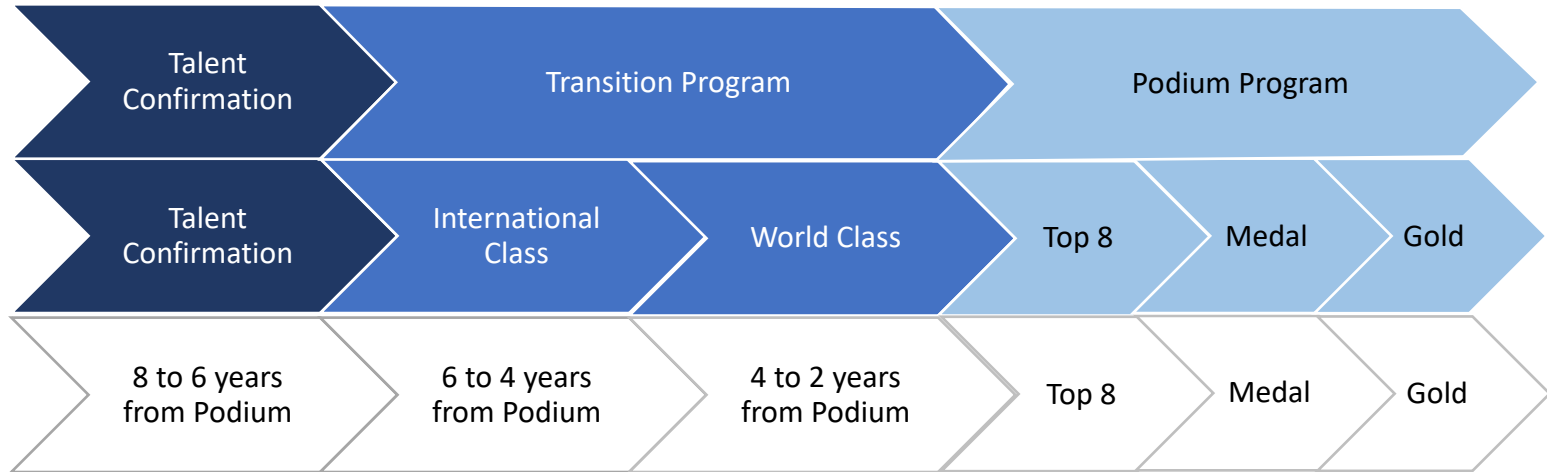
The following slides are for clarification but if there are any differences between these slides and the published policy then the published policy is correct.

Key Messages



- **The purpose of CAPP and Carding remains the same:**
To systematically guide and support athletes along a sustainable pathway to Olympic and Paralympic medals.
- **The basic CAPP and Carding system remains the same.**
- **The focus is on Paris 2024 & LA 2028.**
- **Being eligible for consideration for CAPP does not guarantee selection for CAPP!**

Canadian Athletics Performance Pathway (CAPP)



“Top 8”, “Medal” and “Gold” refers to results at the WPA & WA World Athletics Championships, Paralympic Games and Olympic Games

Canadian Athletics Performance Pathway (CAPP)



Program	Level	Criteria
Podium	Gold	Gold medallist at a recent Podium Benchmark Event with the Realistic Capacity to sustain this level of performance at the next Podium Benchmark Event.
	Medal	Silver or Bronze medalist at a recent Podium Benchmark Event with the Realistic Capacity to sustain this level of performance at the next Podium Benchmark Event.
	Top 8	Fourth to eighth place at a recent Podium Benchmark Event, or an equivalent performance, with the Realistic Capacity to place in the top eight at the next Podium Benchmark Event.
Transition	World Class	Individual Athletes and Relay Teams with the Realistic Capacity to reach the Podium program within two years.
	International	Individual Athletes with the Realistic Capacity to reach the Podium program within four years.
Talent Confirmation	Talent Confirmation	Individual Athletes showing the potential eventually to perform at the Podium program level and with the Realistic Capacity to progress to the Transition program within two years.

Canadian Athletics Performance Pathway (CAPP)



Program	Level	Criteria
Podium	Gold	Gold medallist at a recent Podium Benchmark Event with the Realistic Capacity to sustain this level of performance at the next Podium Benchmark Event.
	Medal	Silver or Bronze medalist at a recent Podium Benchmark Event with the Realistic Capacity to sustain this level of performance at the next Podium Benchmark Event.
	Top 8	Fourth to eighth place at a recent Podium Benchmark Event , or an equivalent performance, with the Realistic Capacity to place in the top eight at the next Podium Benchmark Event.
Transition	World Class	Individual Athletes and Relay Teams with the Realistic Capacity to reach the Podium program within two years.
	International	Individual Athletes with the Realistic Capacity to reach the Podium program within four years.
Talent Confirmation	Talent Confirmation	Individual Athletes showing the potential eventually to perform at the Podium program level <u>and</u> with the Realistic Capacity to progress to the Transition program within two years.

Athlete Assistance Program (Carding)



Type	Tier	Max Time (pre-COVID)	Overview
Senior International	SR1	One year	First year after a Top 8 (& top half)
	SR2	One year	First year after an SR1.
Senior	SR	4 to 6 years	Subsequent years after selection to a major team. Some flexibility in timing in pre-Games years. Old "C1" level gone.
Development	D	4 to 6 years	Not yet been selected for a major team.
Olympic	Oly	4 months	Selected for Olympics / Paralympics but not otherwise Carded. Allocated directly by SC & does not use any AC "carding money".

"Major team" means WA / WPA World Championships or Olympic / Paralympic Games.

Additional "NCAA" status limits support to 4 months (to maintain NCAA eligibility).

Additional "Health" status pauses some time limits for one year (to allow for serious illness, injury or pregnancy).

Selection Process overview



1. **Select Athletes for 2023/24 CAPP**

- a) Confirm Automatic members
- b) Consider status letters (current members)
- c) Consider adding or promoting athletes with a “Consideration Standard”

2. **Nominate Athletes for AAP (Cards)**

- a) Rank athletes by CAPP level
- b) Rank athletes within each level
- c) Allocate cards in order until none left

3. **Appeals**

- a) CAPP appeals as soon as CAPP list published.
- b) AAP (Carding) appeals after Sport Canada confirm nominations.

Step 1: Select Athletes for 2023/24 CAPP

1. Confirm Automatic members
2. Consider status letters (current members)
3. Consider adding or promoting athletes with a “Consideration Standard”



Step 1: Select Athletes for 2023/24 CAPP



1. **Confirm Automatic members**
2. Consider status letters (current members)
3. Consider adding or promoting athletes with a “Consideration Standard”

CAPP Level	Olympic Program requirement	Paralympic Program requirement
Gold	2023 World Champs Gold	2023 World Champs Gold
Medal	2023 World Champs Silver or Bronze	2023 World Champs Silver or Bronze
Top 8	2023 World Champs Top 8	2023 World Champs Top 8 & top half
World Class	2023 World Champs Top 12	2023 World Champs Top 12 & top half
International	n/a	n/a
Talent Confirmation	n/a	n/a

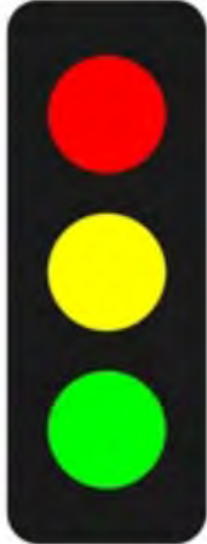
Subject to program eligibility: eg AC membership, anti-doping, etc

Relays: Automatic at Gold/Medal/Top eight levels only.

Step 1: Select Athletes for 2023/24 CAPP



1. Confirm Automatic members
2. **Consider status letters (current members)**
3. Consider adding or promoting athletes with a “Consideration Standard”



Status letters Sent twice a year (around early January and early July)

RED: - A low target, if missed automatically exited.
- A high target, if achieved automatically retained.
- If athlete between high & low targets then the decision is left to selector discretion.

YELLOW: One target, if achieved automatically retained, if missed then the decision is left to selector discretion.

GREEN: Expect to be retained.

Subject to program eligibility: eg AC membership, anti-doping, etc

Step 1: Select Athletes for 2023/24 CAPP



1. Confirm Automatic members
 2. Consider status letters (current members)
 3. **Consider adding or promoting athletes with a “Consideration Standard”**
- An athlete **must earn the right** to be considered for CAPP (or to be promoted within CAPP).
 - Addition (or promotion) is **not** guaranteed, it is at the **discretion of the Selection Panel**.
 - To gain this right athletes must:
 - Achieve a **consideration standard** within the qualification period.
 - Standards were calculated using the same method as previous CAPP standards but added the results of 2022 World Championships (so some small changes in able-bodied standards).
 - **Para only:** Be ranked at certain key levels within the **Top Lists**
eg top 32 and top half for the Para International program.
 - Be selected to a **major competition**
eg: selection for the Pan Am Games earns consideration for the International program
 - Do well at a **major competition**
eg: winning a Pan Am Games medal earns consideration for the World Class program

Selector Discretion – Who?

CAPP Selectors

Role	Name
Chair, High Performance Director	Simon Nathan
APA, Head Coach	Glenroy Gilbert
APA, Para Performance Lead	Carla Nicholls
APA, East Hub Lead	Molly Killingbeck
APA, West Hub Lead	Heather Hennigar
APA, Para Performance Manager	Sarah Black
APA, NCAA APA	Carmyn James

Observers (non-voting)

Role	Name
Athlete Rep	Varies
Own The Podium	Varies

Secretariat (non-voting)

Role	Name
HP Operations Lead	Colin Whitmee
National Teams Manager	Nicole Clarke

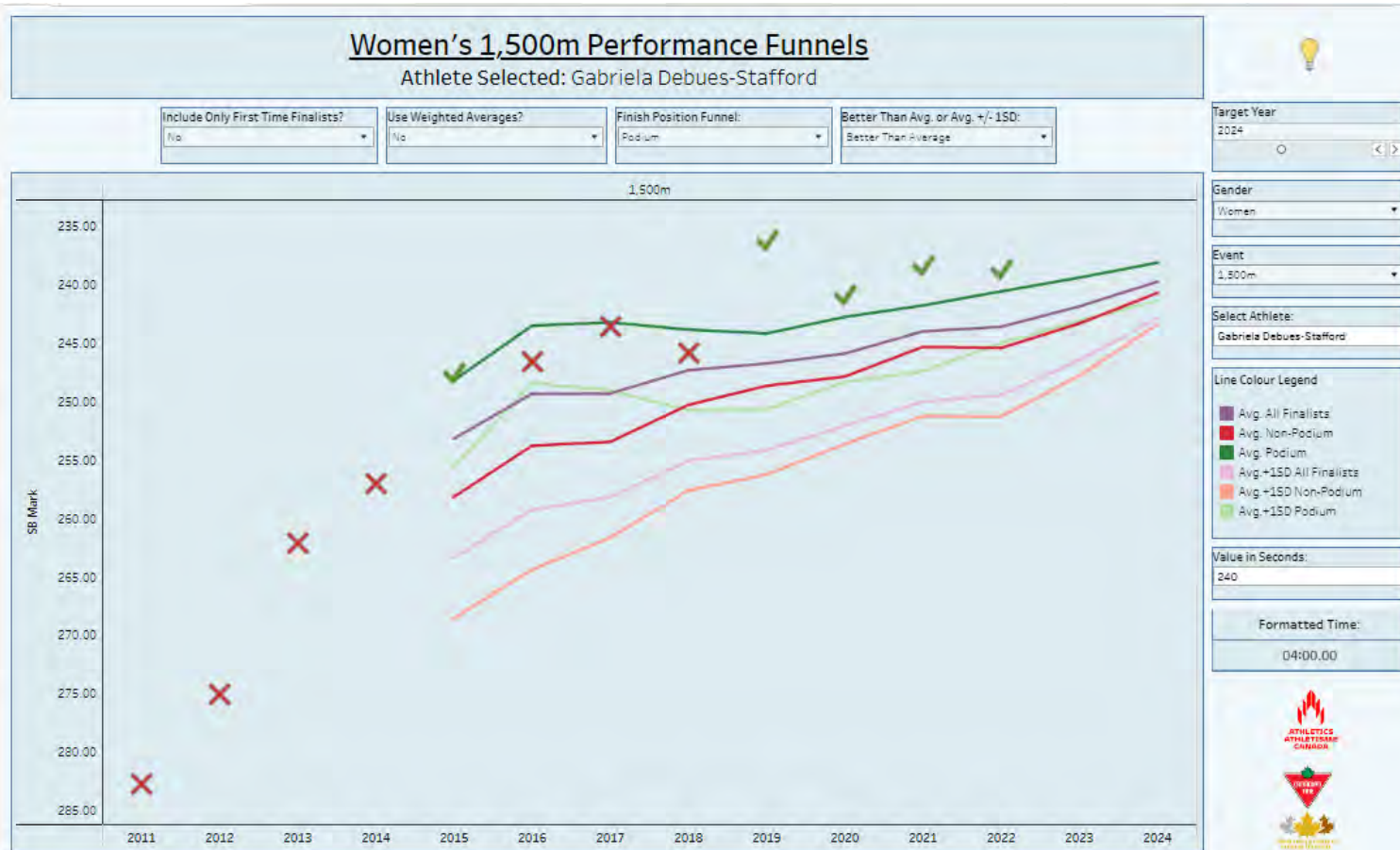


Selector Discretion – What do they use?



- **Quantitative data** for example
 - **Performance Funnels** & other Canadian Tire analytics
 - **Weekly Medical** meeting records (CAPP Athletes).
 - Statistics web sites (AC, WA, WPA, etc)
- **Qualitative data** for example
 - **Athlete Capacity Templates;**
 - Regular **APA contacts** with the CAPP athletes;
 - APAs observations at Championships (eg as Team Leaders) etc.
- **CAPP Status letters** (for current members).
- Their own **expert opinion**.
- Checks and balances through observers and the appeals process.

Performance Funnels



Athlete Capacity Template

- **Physical Potential**

- Training Age
- Competition History
- Year-on-Year Progression
- Physical Resilience
- Technical/Tactical Skills
- Mental Resilience
- Physical Attributes

- **Processes**

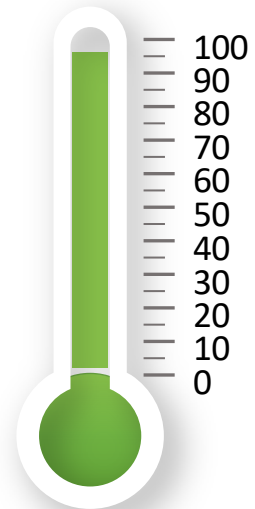
- Coaching Quality
- Planning
- Daily Training Environment
- Competition Equipment
- Engagement
- Professionalism
- Training Commitment
- Sports Commitment



2: Nominate Athletes for AAP (Carding)

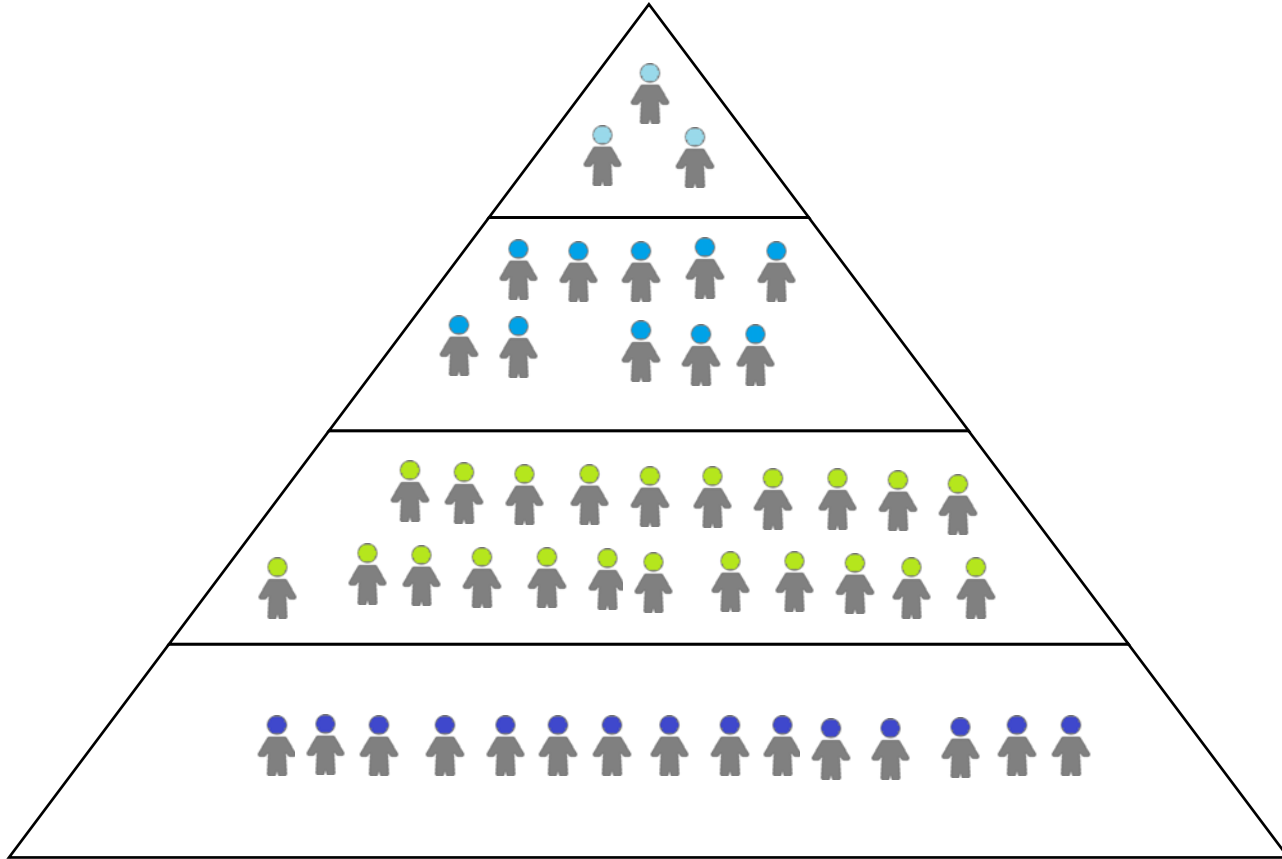


- AC can only nominate Cards to Sport Canada who must confirm the actual selections.
- Sport Canada will allocate a number of cards to AC which represents a fixed \$ value to be allocated to athletes.
- There is a separate allocation for the able-bodied and Para programs.
- We nominate cards in order until we've used the entire allocation.
- The last few nominations will be put on hold pending any appeals.
- **Athletes must declare for Carding.**



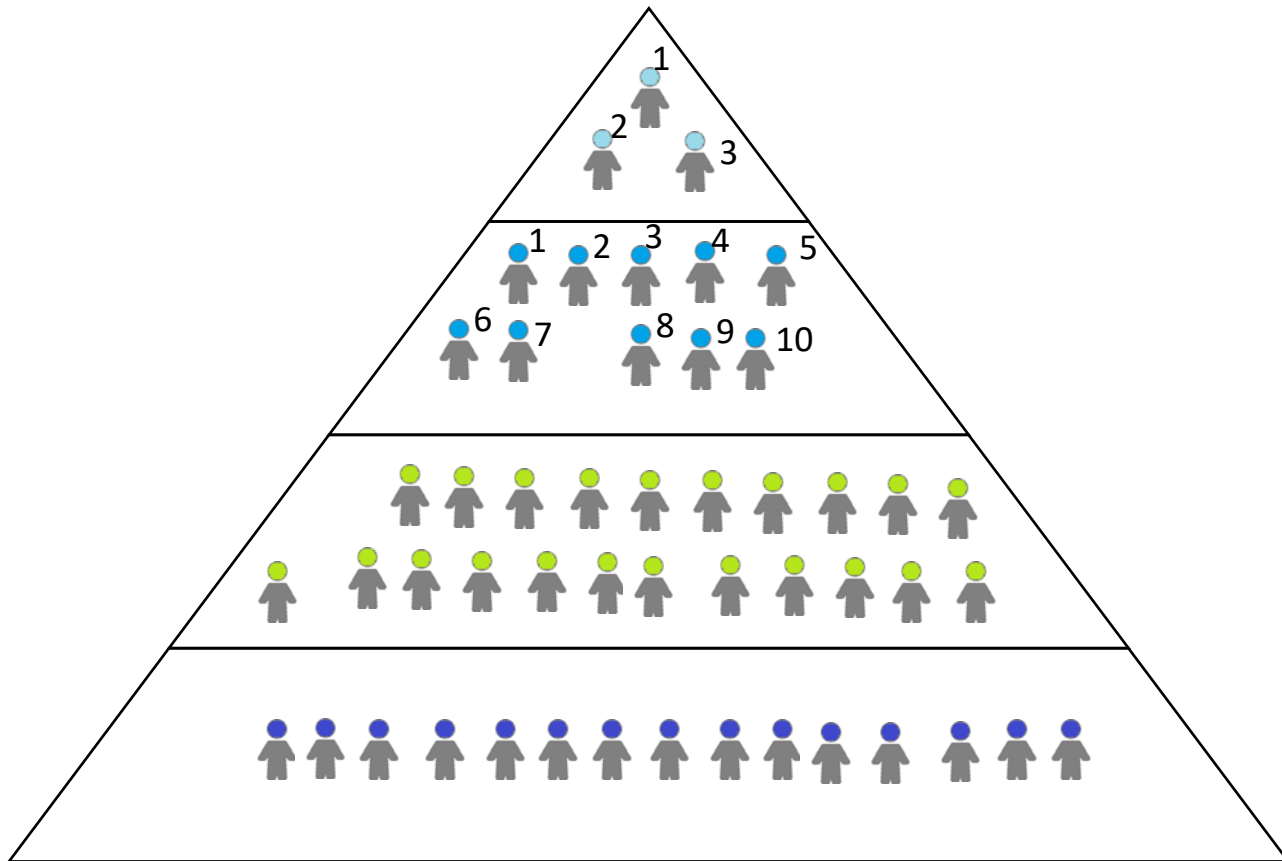
1. Rank Athletes by CAPP Level

Card Level
SR1
SR2
SR
Dev



2. Rank Athletes within each CAPP Level

Card Level
SR1
SR2
SR
Dev



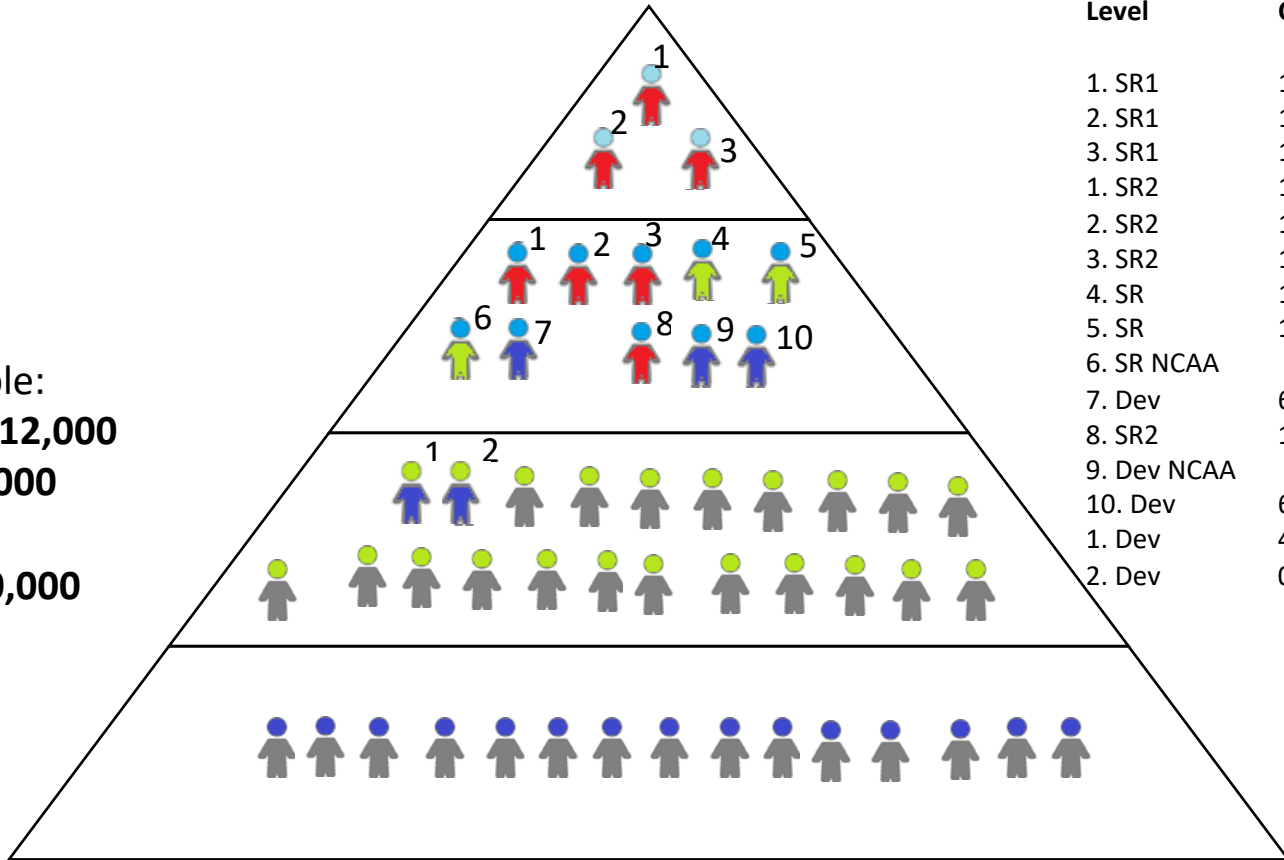
3. Allocate Cards until none left

Card Level
SR1
SR2
SR
Dev

For this example:

- Senior card **\$12,000**
- Dev Card **\$6,000**

SC award **\$130,000**



Level	Cost	Remaining
		130,000
1. SR1	12,000	118,000
2. SR1	12,000	106,000
3. SR1	12,000	94,000
1. SR2	12,000	82,000
2. SR2	12,000	70,000
3. SR2	12,000	58,000
4. SR	12,000	46,000
5. SR	12,000	34,000
6. SR NCAA	4,000	30,000
7. Dev	6,000	24,000
8. SR2	12,000	12,000
9. Dev NCAA	2,000	10,000
10. Dev	6,000	4,000
1. Dev	4,000 (partial)	0
2. Dev	0	0

Step 3. Appeals



- CAPP decisions can be appealed as soon as the new CAPP lists are published.
- The last few allocated Cards (typically equivalent to the value of 5 SR cards) are kept on “hold” pending any appeals and then confirmed ASAP. Appeals are possible as soon as Sport Canada confirm AC’s nominations and the lists are published.

How do we know that this is all fair?



- The process is documented in the “Canadian Athletics Performance Pathway (CAPP) Selection Policy 2023/2024”. It has been approved by Own The Podium, Sport Canada and AC’s Athlete Council Reps.
- Selection Panel decisions observed by OTP and an AC Athlete Council rep.
- Carding nominations confirmed case-by-case by Sport Canada.
- Athletes can question decisions directly with AC, who will look to fix mistakes (*warning: this can lead to very formal email replies – however it is never an issue to ask*).
- Athletes have a right of appeal to AC’s Commissioner’s Office.
- Athletes have a right of final appeal to the SDRCC.

What's new for 2023/24? - CAPP



- **Must now declare for CAPP to be eligible.**
- May be asked to sign an AC Athlete Agreement.
- Tightened up some language to make our intentions clearer:
 - When we might “ignore” a CAPP status letter;
 - Former International level athletes must return at World Class;
 - A Mental Health issue is one valid type of “Performance Limiting Injury”
 - **Results do not have to be in a WA sanctioned event (able-bodied only)**
- Top Lists:
 - Removed Automatic selection status based on Top Lists for all athletes;
 - Removed Discretionary selection status based on Top Lists for **able-bodied** athletes;
 - Removed Discretionary selection status at Talent Confirmation for **Para** athletes (retained at Top-8, World Class and International levels).
- Removed some championships routes to Discretionary selection including:
 - JdlF
 - World ½ Marathon (replaced by World Road Running Championships)
 - **Canada Games**

What's new for 2023/24? - AAP



- **Removed defunct C1 level.**
- Carding quota can now flow between able-bodied and Para program, but only after all CAPP places filled.
- **Health Cards can't be claimed after six year time-frame.**
- Health Cards can be delayed (within time-frame).
- Only one Health Card per pregnancy.
- Clarified why we may de-card someone, and what to do with any money “released”.

Selection Process overview



1. **Select Athletes for 2023/24 CAPP**

- a) Confirm Automatic members
- b) Consider status letters (current members)
- c) Consider adding or promoting athletes with a “Consideration Standard”

2. **Nominate Athletes for AAP (Cards)**

- a) Rank athletes by CAPP level
- b) Rank athletes within each level
- c) Allocate cards in order until none left

3. **Appeals**

- a) CAPP appeals as soon as CAPP list published.
- b) AAP (Carding) appeals after Sport Canada confirm nominations.

Key Messages



- **The purpose of CAPP and Carding remains the same:**
To systematically guide and support athletes along a sustainable pathway to Olympic and Paralympic medals.
- **The basic CAPP and Carding system remains the same.**
- **The focus is on Paris 2024 & LA 2028.**
- **Being eligible for consideration for CAPP does not guarantee selection for CAPP.**

Questions?

