

TCS Toronto Waterfront Marathon & Canadian Marathon Championships Toronto, ON October 15, 2023 version 1.0

1. Contents

2.	Change History	1
3.	Overview	
4.	Key Dates	
5.	Team Objectives	
6.	Funding	
7.	World Athletics Relay Championships Events	
8.	Selection Process	3
9.	Selection Meeting(s)	2
10.	Selection Panel	2
11.	Official Team Announcement	2
12.	Eligible Athletes	2
13.	Eligible Performances	7
14.	Team Travel Obligations	10
15.	On-Site Decision Making Authority	11
16.	Appeals	11
17.	Amendments	12
1Ω	Unforeseen Circumstances	13

2. Change History

This is version 1.0 of these Criteria.

[Version 1.0] Page 1 of 13

3. Overview

- a. These Selection Criteria ("Criteria") set out Athletics Canada's selection processes for the International Team Challenge at the TCS Toronto Waterfront Marathon & Canadian Marathon Championships along with the eligibility and qualification requirements that an athlete must satisfy in order to be considered for selection.
- b. Entries to Canadian Marathon Championships are limited by the bylaws, rules and regulations of the following Governing Bodies:
 - i. Athletics Canada ("AC");
 - ii. The Canadian Marathon Championships Local Organizing Committee ("LOC");
- c. If there are contradictions between any of the Governing Bodies' bylaws, rules and/or regulations and these Criteria, then the more restrictive will take precedence. Note that this clause is notwithstanding any qualification standards set by a Governing Body, AC reserves its right to set standards that are stricter than those set by any Governing Body.
- d. AC's National Team Committee ("NTC") is responsible for the contents of this Criteria and has the sole authority and discretion to make changes to its contents. The Selection Panel has the sole authority and discretion to make decisions relating to the selection of athletes based on these criteria. The Selection Panel is covered in Section 10, below.

4. Key Dates

Important Dates			
DATES	DESCRIPTION	LOCATION	
August 23, 2023, 12:00pm, EST	World Athletics Rankings List Final	<u>Online</u>	
August 23, 2023	Final Declaration Deadline	Online Form	
August 30, 2023	Final Team Selection Meeting		
August 31, 2023	Publication of Team List		
September 5, 2023	Deadline to Submit Appeals	See process <u>here</u>	
October 15, 2023	Marathon Competition	Toronto, ON	

Each date will be considered to start at midnight (00:00am) and end at 11:59pm in the athlete's local timezone, unless stated otherwise above.

5. Team Objectives

a. This selection process is designed to select the strongest available team for the most competitive possible Canadian team to compete at the Canadian Marathon Championships.

6. Funding

[Version 1.0] Page 2 of 13

Athletes will be responsible for all costs associated with transport to and from their approved local airport. All other reasonable costs of participation at this event will be covered by the LOC.

7. Canadian Marathon Championships Events

a. Events

The Canadian Marathon Championships consists of 5km, Half Marathon and Marathon events and registration is open to public. AC may select athletes to compete in the "International Challenge" for the Marathon *only*.

b. Maximum Entries per Event

Up to four (4) athletes, two (2) men and two (2) women may be selected.

8. Selection Process

- a. The Selection Panel (Section 9) will make decisions in person or electronically, guided by these Criteria, on the Selection Meeting Date[s] (Section 4).
- b. A Qualified Athlete is an Eligible Athlete (Section 12) who has a World Athletics Ranking Score of 1000 points or higher on August 23, 2023, 12:00pmEST, as per the WA Rankings found here: Men / Women.
- c. The Selection Panel will only consider Qualified Athletes (see above).

d. Discretionary Selection Decisions

Whenever these Criteria give the Selection Panel a choice between two or more Qualified Athletes then the Selection Panel will use its joint experience and expertise to select the athlete(s) who, in their sole opinion, are most likely to contribute to the Team Objectives (Section 5) at the Canadian Marathon Championships. In order to distinguish between two or more Qualified Athletes (Section 8.b8.c) for any event the Selection Panel may, at their sole discretion, consider additional official competition performances that don't fully otherwise meet the Eligible Performances criteria (Section 14).

In making these decisions related to Individual Events the Selection Panel will take into account, but not be limited to, the following factors (the order of factors does not imply an order of priority for the Selection Panel):

- Best performance during the 2023 competition season;
- Head-to-head results;
- Results at the National Championships in this event;
- Health and fitness levels that indicate optimal competitive readiness;

[Version 1.0] Page 3 of 13

• Competition evidence of the ability to performance on demand, preferably in the same event and at this level of competition;

e. Individual Athlete Selection Process

The top ranked qualified and eligible athletes (section 12) per the World Athletics Rankings in the Marathon will be selected until the Maximum Entries per event (section 7.b) have been filled. For the avoidance of doubt, selections will be based on the WA Rankings points system (as opposed to the traditional "Top List" Rankings). The WA Rankings list to be used can be found here: Men / Women.

9. Selection Meeting(s)

- a. The Selection Panel (Section 10) will make decisions on the date(s) as indicated in Section 4 to select the team according to these Criteria.
- b. The Chair of the Selection Panel will decide if the meeting will be held in person or electronically, for example by voice or video conferencing or by email.
- c. AC will keep a written record of the proceedings of the Selection Meeting and its outcomes.
- d. The outcome will be published via an Official Team Announcement (Section 10.c).

10. Selection Panel

- a. The Canadian Marathon Championships Selection Panel has the sole authority and discretion to make decisions relating to the selection of athletes for the Canadian Marathon Championships up until the Team Travel Date (Section 4).
- b. From the Team Travel Date (Section 4) forwards "On-site Decision Making Authority" will apply (Section 16).
- c. The Selection Panel members will be approved by the NTC and published separately.

11. Official Team Announcement

- a. The composition of the selected team will be announced by AC, on the AC website, as soon as practical after the Selection Meeting (Section 4).
- b. Athletes may be contacted directly by AC prior to the Official Team Announcement to confirm their selection or non-selection.

12. Eligible Athletes

To be considered for selection for this team:

[Version 1.0] Page 4 of 13

a. Declaration:

Athletes must declare their interest to compete by submitting the electronic declaration form, published on the AC website, by the Final Declaration Deadline (Section 4). Note that by declaring interest for this team, the athlete agrees to be bound by AC Bylaws and Technical Rules and obligations specific within this Selection Criteria which include Team Travel Obligations (Section 15) and the Appeals process (Section 16).

b. Eligibility to Represent Canada:

- i. Athletes must hold Canadian Citizenship.
- ii. At the time of the Final Team Selection Meeting (Section 4) athletes must have submitted a scan of a Canadian passport valid until at least 6-months after the end of the Canadian Marathon Championships.

c. Membership Requirements:

Athletes must be a registered athlete member of an AC Branch at the time of qualification and through the Canadian Marathon Championships.

d. Age Restrictions

Athletes aged 20 on 31 December, 2023 (born in 2003 or earlier) may be selected for any event at the Canadian Marathon Championships.

e. Anti-doping Compliance

- i. Athletes must comply with the anti-doping rules of WA, AC, CCES, WADA and any other anti-doping organization with authority over the athlete.
- ii. Athletes must complete any anti-doping eLearning courses as required.

f. Good Standing

Athletes must be in good standing with AC, AC Branches, CCES, WA, and all other Governing Bodies listed in Section 3.b .

g. Inclusion on Multiple Teams

Athletes selected for the 2023 Canadian Marathon Championships are ineligible for selection to the 2023 World Athletics Road Running Championships.

h. Forms and Agreements

Athletes must sign, submit and comply with all required forms and agreements, including:

- i. Health Questionnaire (Electronic Pre-Participation Questionnaire)
- ii. Athlete Agreement
- iii. Relay Agreement
- iv. Travel Waiver

i. COVID-19

i. Athletics Canada will follow host location and LOC public health restrictions, and as such, vaccination may be a requirement for some national team activities.

[Version 1.0] Page 5 of 13

ii. By accepting team membership all team members accept that they will comply with COVID mitigation measures, such as social distancing, hand washing and wearing mask, or risk removal from the team.

13. Final Phase Preparation Requirements

a. Athletes are expected to demonstrate final phase preparation and be able to deliver a peak performance at the Canadian Marathon Championships. An athlete's selection will not be confirmed until they complete the process outlined below and they will be deselected if the process is not completed.

b. **Injury or Illness**

Athletes who arrive at an international competition injured or ill consume a disproportionate amount of Integrated Support Team (IST) time and resources that should be spent on preparing healthy athletes to compete at their best. It is therefore AC's intention to work with the nominated athletes that have been injured or ill to help them recover in time for the competition with a minimal impact to training, or (in the event that full recovery is not possible for this competition) to ensure full recovery so that full training can resume and long-term potential is optimized. With this in mind, the Selection Panel reserves the right to deselect injured/ill athletes who are not sufficiently healthy/fit to perform at their best at the competition.

Once selected, and until the Canadian Marathon Championships, athletes are required to immediately report any injury, illness, or change in training status that could affect their ability to compete at their highest level. Failure to properly report injury or illness prior to the event may result in the athlete being deselected and held financially responsible for all the athlete's costs associated with the event. Notification must be sent immediately to nationalteams@athletics.ca.

Once notified of an athlete's injury, illness or change in training status that could affect their performance, AC team staff will work with the athlete, coach and local/national team IST resources to ensure that a complete injury and illness assessment has occurred and a recovery plan is in place. This assessment will include a determination of the athlete's potential for recovery and ability to compete at their best. This determination will comprise of two steps:

STEP 1: Medical Clearance

Generally done by local IST in collaboration with AC's National IST and consists of 2 phases:

- a) An initial medical evaluation and paramedical assessment(s) to confirm the diagnosis and determine if/when the athlete is fit to return to full training or competition.
- b) A functional evaluation by IST with experience specific to the event demands (and injury or illness if applicable). This may include assessment of the athlete's movement pattern, for example, during a run, hurdle, jump, walk, or throw to

[Version 1.0] Page 6 of 13

identify dysfunctional movement patterns that may be contributing to the injury and potentially increase the risk of re-injury or undermine their competition performance.

STEP 2: Specific Evaluation

Following medical clearance by the AC Chief Medical Officer in consultation with the medical team, a more comprehensive physical readiness test (the "Performance Test") to compete will be established as follows:

- c) Determination of the Performance Test will involve the AC Head Coach, the event Team Coach, and the athlete's Personal Coach.
- d) The Performance Test will vary according to the event, injury or illness.
- e) The Performance Test will be objective, measurable, fair, realistic, specific to the event, and challenging.

If the athlete is deemed unfit to resume training/competition, or does not meet the Performance Test standard, the athlete will be declared unready for competition and the results of the two steps will be forwarded to the Selection Panel for a decision.

The Selection Panel will use all available information at their disposal including performance results and progress in the final phase, suitability of the training and competition plan, fitness and other final phase indicators, consultation with the AC Head Coach, AC National IST leads, the athlete's personal IST, and any other performance related information (i.e. Performance Test results when applicable) to determine if the injured/ill athlete will be deselected and will not travel with the team.

The Selection Panel may nominate the next eligible athlete, provided that the alternate athlete has proven their preparation during the final phase and meets the eligibility criteria detailed in Section 12 and all event specific requirements in relation to qualifying standards and timelines. The Selection Panel will determine the "next eligible athlete" by using the process described in Section 8.

14. Eligible Performances

- a. An Eligible Performance will be a competition result that:
 - i. Was achieved by an Eligible Athlete (Section 12); and
 - ii. Was achieved at an Eligible Competition (Section 14.b); and
 - iii. Is listed on an Official Ranking List (Section 14.c) <u>prior</u> to the relevant Selection Meeting (Section 9); and
 - iv. Otherwise met all of the Performance Conditions (Section 14.d).

b. Eligible Competitions

i. Performance results must be achieved at competitions organized or authorized by the WA, their Area Associations or National Member Federations, and must be

[Version 1.0] Page 7 of 13

conducted under WA or WPA rules. Thus, results achieved at university, college or school competitions must be certified by the National Member Federation of the country in which the competition was organized in order to be considered an eligible competition.

- Performance results must have been achieved at competitions listed on an AC Branch Provincial Fixtures Lists or on a WA or WPA National Member Federation fixture list.
- iii. Canadian competitions must appear on Provincial Fixtures lists a minimum of 30 days prior to the competition. A Provincial Branch may request that this period be reduced where COVID pandemic related issues have made it unrealistic to list the competition earlier. The NTC will decide on a case-by-case basis if they will allow the performance to stand for selection purposes, provided the following requirements are met:
 - 1. The competition must appear on the Provincial Fixtures lists a minimum of 3 working days prior to the competition; and
 - The Province must request an exemption, in writing, a minimum of 3
 working days prior to the competition which includes how COVID related
 restrictions made it unrealistic to list the competition earlier. (The request
 should be addressed initially to the chair of the NTC, the High Performance
 Director.)

c. Official Ranking Lists

- i. The AC Performance Ranking Lists are published on the AC website.
- ii. The WA World Rankings Points Lists are published on the WA website.
- iii. An athlete's performance is considered to be on the Official Ranking Lists if:
 - 1. It is listed in the AC Performance Ranking Lists (which requires the athlete be an AC member in good standing at the time of the performance); or
 - 2. If these Criteria allow qualification by WA World Ranking points, then an athlete's overall World Ranking points score (which may include individual results that are not on the AC Performance Ranking Lists) must be listed on the WA World Rankings Points Lists.
- iv. It is the sole responsibility of the athlete to ensure that all of their relevant performances are included in the AC Performance Ranking Lists and/or WA World Rankings Points Lists prior to the relevant Selection Meeting (see Section 9).

[Version 1.0] Page 8 of 13

d. Performance Conditions

i. Mixed Events

- Performance results achieved in mixed track events under 5000m involving both male and female participants, held completely in a stadium, will not be accepted.
- 2. However, mixed relay team results **will be** accepted in the context of mixed relay event selections.
- 3. In accordance with World Athletics Rule 147 (available here), as amended from time to time, performances achieved in events of 5000m and 10,000m may be accepted in circumstances where there were insufficient athletes of one or both genders competing to justify the conduct of separate races and there was no pacing or assistance given by an athlete(s) of one gender to an athlete(s) of the other gender. Athletes are asked to highlight such results to the Selection Panel as early as possible so that their validity can be confirmed in advance.

ii. Wind-assistance

- 1. Individual wind-assisted performances will not be accepted.
- 2. For the Combined Events at least one of these conditions must be met:
 - The wind velocity in any individual event shall not exceed plus 4 metres per second.
 - The average wind velocity (based on the algebraic sum of the wind velocities, as measured for each individual event, divided by the number of such events) shall not exceed plus 2 metres per second.
- 3. Where qualification is allowed by WA World Ranking points and wind assisted results are allowed by the WA World Ranking system, an athlete's overall World Ranking points score (that may include wind assisted results) will be accepted.

iii. Hand-timed performances

Hand-timed performances in individual and relay events up to and including the 800m will not be accepted. For all other timed events, hand-timed results will be accepted as long as the result is properly documented and signed by the chief track referee. Note that where qualification is allowed by WA World Ranking points and hand timed times are allowed with the WA World Ranking system, the overall World Ranking points score (including hand timed results) will be accepted.

iv. Converted times

Converted times, for example a mile time converted to a 1,500m time, **will not** be allowed. Note that where qualification is allowed by WA World Ranking points and a combination of distances is allowed by the WA World Ranking system, an athlete's overall World Ranking points score (that may include converted times) will be

[Version 1.0] Page 9 of 13

accepted.

v. Split times

Official split times, for example an official electronic 1,500m time within a mile race, will be accepted.

vi. Downhill performances

Downhill performances **will not** be allowed. Note that where qualification is allowed by WA World Ranking points and downhill performances are allowed by the WA World Ranking system, an athlete's overall World Ranking points score (that may include downhill performances) will be accepted.

vii. Separation Rule

Performances on courses which exceed the separation rule **will not** be allowed. The start and finish points of a course, measured along a theoretical straight line between them, shall not be further apart than 50% of the race distance.

viii. Indoor performances

Indoor performances will be accepted.

ix. Racewalk and Road Running performances

- 1. Both road and track performance results will be accepted.
- 2. All road results must be achieved in conformity with the following rules:
 - the course must be certified and sanctioned by a National Governing Body (Section 3.b).

15. Team Travel Obligations

- a. Athletes who wish to participate on a National Team are required to comply with AC travel plans (including participation in pre-competition and pre-target-event training camps and competitions) as they pertain to training schedules, travel and accommodation schedules.
- b. By declaring interest for consideration for this team, athletes agree to fully participate in both the final preparation camp and the full duration of the event specified in Section 4 of this Criteria.
- c. By accepting a position on this team, athletes also agree to travel on the official traveling dates.
- d. In extraordinary circumstances, exceptions to these Team Travel Obligations may be granted at AC's sole discretion. The request for an exemption must be made in writing to the AC HPD in advance of travel dates, requests must be made on or before the Final Declaration Deadline (Section 4).

[Version 1.0] Page 10 of 13

e. Failure to comply with these Team Travel Obligations may result in de-selection from this team and may affect current high performance support status (for example CAPP or AAP support) and/or future high performance support eligibility. Any additional costs incurred as a result of failure to comply with these Team Travel Obligations will be the sole responsibility of the athlete.

16. On-Site Decision Making Authority

- a. To ensure at-competition decisions may be made quickly and decisively in the best interest of performance, the following delegation of authority and processes for making final confirmation of entries onsite at the will apply. This includes, but is not limited to, decisions around removal of an athlete from the team, injuries and /or use of alternates, starting orders, relay team make up, etc.
- b. Starting on the Team Travel Date (Section 4) all final Decision Making Authority ("DMA") will reside with the High Performance Director ("HPD") or the team's appointed Head Coach in the absence of the HPD.
- c. As per competition regulations, the athletes entered to compete in individual events will be confirmed during the competition. The timing is to be confirmed by the LOC but typically confirmations will be made before noon two days before the first day of competition and before 9am the day before each remain day of competition. Any final changes of the team will be made by the HPD (or whomever has the DMA).

17. Appeals

a. Who Can Appeal

Athletes who are directly affected by a selection decision have the right to appeal.

b. Filling a First Appeal

- i. Athletes should refer to the Commissioner's Office Terms of Reference for the full procedure for filing an appeal (see https://athletics.ca/about-ac/governance/).
- ii. In the first instance, Appeals must be sent to the AC Commissioners' Office via e-mail (to <u>Commissioner@athleticscommissioner.ca</u>) within the Appeals Period (Section 17.c below).
- iii. All appeals must be accompanied by a fee of \$250 (payable to Athletics Canada). This amount will be returned if the appeal is successful. Contact appeals@athletics.ca for payment options.

c. Appeals Period

The Appeals Period starts when the Official Team Announcement is made (see Section 10.c) and ends **five (5)** calendar days later. (So if the Official Team Announcement is made on

[Version 1.0] Page 11 of 13

Monday the Appeals Period ends at midnight on the following Saturday.)

d. Grounds for an Appeal

The Commissioners' Office will determine whether an appeal will be considered, based on the following factors:

- i. The Selection Panel failed to follow the processes outlined in this Selection Criteria;
- ii. The selection decision was based on an error of fact; or
- iii. The selection decision was influenced by bias, bias being defined as a lack of neutrality to such an extent that the Selection Panel was unable to consider other views.

e. Affected Parties

If it is determined by the Commissioner that a first Appeal, if successful, would displace another athlete nominated to the team as per this Selection Criteria, then that athlete will be consulted as part of the Commissioner's deliberations, and will be bound by the Commissioner's decision.

f. Injury or illness

Where an Appeal relates to injury or illness, the athlete must supply documentation from a medical practitioner diagnosing the injury or illness. In deciding such appeals, AC's Commissioners' Office may obtain input from the AC Chief Medical Officer, or designate. Any decision by the Commissioner on an appeal relating to illness or injury must take into consideration the athlete's ability to fulfill the Competitive Readiness Requirements contained in this Selection Criteria.

g. Right to a Second Appeal

If an athlete is not satisfied with the decision of the Commissioner, a formal second appeal may be available, timelines permitting, pursuant to The Commissioner's Office – Terms of Reference (see http://athletics.ca/federation/governance/policies-rules-laws/) to the Sport Dispute Resolution Centre of Canada (SDRCC).

18. Amendments

AC reserves the right to amend this Selection Criteria. If amendments are made, they will be communicated as soon as possible through the AC website.

Athletics Canada is carefully following the evolution of the coronavirus on the global and domestic level and how it may impact this competition. Unless otherwise required by exceptional and unforeseen circumstances related to the impact of the coronavirus, Athletics Canada will respect this selection criteria as written.

However, situations related to the coronavirus pandemic may arise that require this criteria to be modified. Any modifications will be made promptly and as often as required following developments that directly impact the criteria (including Athletics Canada's decision whether or not to send a

[Version 1.0] Page 12 of 13

team). In such circumstances, any modifications will be communicated to all affected individuals as soon as possible.

Further, situations may arise that do not allow this criteria to be modified or applied as written due to time constraints or other exceptional and unforeseen circumstances. In such situations, any decision, including selection decisions, will be made by the individual(s) with decision-making authority, as stated in this criteria in accordance with the stated performance objectives as stated herein. Should it be necessary to make any decision in this manner, Athletics Canada will communicate with all affected individuals as soon as possible.

In addition to the above, the NTC may amend the Criteria under the following circumstances:

- When additional (or altered) information that is deemed relevant by the NTC to the Criteria is provided by external parties, such as (but not limited to) an event organizing committee, Sport Canada, the Canadian Olympic Committee, World Athletics, or any other relevant organization; and
- 2) To correct, clarify or amend any inconsistencies, errors or omissions in the Criteria.

Any amendments made by the NTC are deemed to come into effect immediately upon publication on the AC website. The NTC will publish the amended Criteria by whatever means and wherever the original Criteria were published.

19. Unforeseen Circumstances

In situations where unforeseen circumstances do not allow the process for selection as contemplated in this Selection Criteria to be implemented, the Selection Panel reserves the right to determine an appropriate course of action. Depending on the circumstances, such course of action may involve implementation of an alternate process for selection.

[Version 1.0] Page 13 of 13