

Girls Event	Name	YOB	Performance	Wind	Date	Location	Club	Branch
100m	Khamica Bingham	1994	11.53	1.8	24.07.11	Toronto, CAN	Brampton TFC	Ontario
200m	Christian Brennan	1995	23.43	1.8	07.08.11	Ottawa, CAN	Hamilton Olympic Club	Ontario
400m	Christian Brennan	1995	52.12		08.07.11	Lille, FRA	Hamilton Olympic Club	Ontario
800m	Victoria Tachinski	1999	2:03.58		04.06.16	Nashville, USA	SA Tough Track	Manitoba
1000m	Mackenzie Gladue	1998	3:11.17		31.05.15	Calgary, CAN	University of Calgary AC	Alberta
1500m	Glenda Reiser	1955	4:06.71		04.09.72	Munich, GER	Ottawa Kinsmen Harriers	Ontario
1 mile	Brogan MacDougall	2000	4:47.16		02.06.17	Boston, USA	Physi-Kult	Ontario
2000m	Sophie Sigfstad	2000	6:06.59		08.08.15	Ste-Therese, CAN	Edmonton Harriers	Alberta
3000m	Shona McCulloch	1999	9:16.93		20.07.16	Bydgoszcz, POL	Ottawa Lions	Ontario
100mH	Keira Christie-Galloway	1999	13.33	-0.5	04.06.16	Windsor, CAN	Ottawa Lions	Ontario
300mH	Mariam Abdul-Rashid	1997	41.75		12.07.14	Brampton, CAN	Speed Academy	Ontario
400mH	Xahria Santiago	1999	56.79		18.07.15	Cali, COL	Speed Academy	Ontario
2000m SC	Jessica Furlan	1990	6:39.36		29.07.07	Abbotsford, CAN	Excel	Saskatchewan
HJ	Julie White	1960	1.87m		28.07.76	Montreal, CAN	Etobicoke Huskies Striders	Ontario
PV	Alysha Newman	1994	3.91m		28.05.11	London, CAN	London Legion	Ontario
	Alysha Newman	1994	3.91m		08.08.10	Ottawa, CAN	London Legion	Ontario
LJ	Nicole Ali	1964	6.41m	1.9	01.08.81	Regina, CAN	Scarborough Optimists	Ontario
TJ	Tabia Charles	1985	12.95m	0.9	30.06.01	London, CAN	Etobicoke Gladstone	Ontario
SP (3kg)	Trinity Tutti	2000	17.82m		20.07.17	Nassau, BAH	SISU Throws Club	Ontario
DT (1kg)	Trinity Tutti	2000	51.28m		04.08.17	Winnipeg, CAN	SISU Throws Club	Ontario
HT (3kg)	Camryn Rogers	1999	65.16m		12.07.15	Nanaimo, CAN	Kajaks	British Columbia
JT	Liz Gleadle	1988	50.53m		15.07.05	Marrakech, MAR	Thunderbirds	British Columbia
Heptathlon	Nina Schultz	1998	5406	1.2, -0.5, 0.1	18.07.15	Cali, COL	New Westminster Spartans	British Columbia
			14.13, 1.79, 11.57, 25.64, 5.38, 39.05,					
3000m Race Walk	Mylène Dupéré	1973	14:37.30		27.06.90	Sherbrooke, CAN	Stade Hullois Olympique	Quebec
5000m Race Walk	Corinne Whissel	1971	24:32.25		31.07.88	Sudbury, CAN	Stade Hullois Olympique	Quebec
10,000m Race Walk	Unclaimed							
Relays								
4 x 100m Relay	Brampton Track Club		46.27		24.07.11	Toronto, CAN	Brampton Track Club	Ontario
	Jadyn Chavannes-Skeen	1997						
	Naomi Kerr	1994						
	Nita Patterson Reid	1994						
	Khamica Bingham	1994						
Medley Relay	Canada Youth		2:05.72		10.07.11	Lille, FRA	Canada Youth	
	Shemelle Pless	1994						
	Khamica Bingham	1994						
	Christian Brennan	1995						
	Sage Watson	1994						
NOTE - No Records Currently Kept for Road Racing or Other Relays								
Best Performances								
Race Walking								
1500m Race Walk	Megan Huzzey	1985	6:28.60		21.06.02	Sidney, CAN	Victoria TFC	British Columbia
Race Walking (road)								
3km Race Walk	No known performance							
5km Race Walk	Chelsea Rodriguez	1986	25:19		25.05.03	Toronto, CAN	Ontario Racewalkers	Ontario
10km Walk	No known performance							
Road Running								
5km	Brogan MacDougall	2000	16:21		21.09.16	Toronto, CAN	Physi-Kult	Ontario
Relays								
4 x 400m Relay Mixed	Canada		3:23.60		19.07.15	Cali, COL	Canada	
	Nathan Friginette	1999						
	Ashlan Best	1999						
	Dean Ellenwood	1998						
	Kyra Constantine	1998						
4 x 400m Relay	Alberta		3:45.32		07.08.11	Ottawa, CAN	Alberta	Alberta
	Ellie Hirst	1995						
	Jenna Westaway	1994						
	Alexa Hrycun	1994						
	Sage Watson	1994						
Hand Timed								
4 x 400m Relay	Mississauga TFC		3:44.8		09.07.77	Brantford	Mississauga TFC	Ontario
	Angela Bailey	1962						
	Cindy Moore	1961						
	Claudia Topatigh	1960						
	Janette Wood	1960						
4 x 800m Relay	Newmarket Huskies		9:06.83		26.07.09	Timmins, CAN	Newmarket Huskies	Ontario
	Kirsten Stewart	1992						
	Brigid Callaghan	1993						

	Natalia Hawthorn	1995					
	Caileigh Glenn	1992					
Shot Put (4kg)							
SP (4kg)	Julie Labonté	1990	14.46m	17.07.07	Sherbrooke, CAN	Fleur de Lys	Quebec
Hammer Throw (4kg)							
HT (4kg)	Camryn Rogers	1999	59.73m	21.05.16	Richmond, CAN	Kajaks	British Columbia