Men U20 Indoor							
Event	***Name***	***YOB***	***Mark***	***Date***	***Location***	***Club***	***Branch***
50m	Akeem Haynes	1992	5.82	04.02.10	Saskatoon, CAN	Calgary International	Alberta
60m	Mobolade Ajomale	1995	6.62	02.03.14	Toronto, CAN	Flying Angels Academy	Ontario
200m	Courtney Brown	1965	21.37	11.02.84	Winnipeg, CAN	Assiniboia Optimist Track Club	Manitoba
300m	Bryan Barnett	1987	33.45	12.02.06	Edmonton, CAN	Capital City	Alberta
400m	Brandon McBride	1994	47.02	08.02.13	Fayetteville, USA	Windsor Legion TFC	Ontario
600m	Kyle Smith	1985	1:18.79	17.01.04	Ypsilanti, USA	Blue Devils AC	Ontario
800m	Robert Heppenstall	1997	1:47.35	27.02.16	Roxbury, USA	Monte Cristo TC	Ontario
1000m	Randy Makolosky	1953	2:22.24	12.02.72	Vancouver, CAN	Prairie Golden	Alberta
1500m	Kevin Sullivan	1974	3:43.06	06.02.93	Toronto, CAN	Brantford TFC	Ontario
1 mile	Justyn Knight	1996	3:59.51	31.01.15	University Park, USA	University of Toronto TC	Ontario
3000m	Ian Clarke	1961	8:04.44	17.02.79	Toronto, CAN	Ottawa Lions	Ontario
5000m	Ehab El-Sandali	1997	14:18.97	03.12.16	Boston, USA	Toronto West Athletics	Ontario
50mH	Paul Whitty	1982	6.86	06.02.99	Toronto, CAN	London Western TFC	Ontario
60mH	Gregory MacNeill	1992	7.78	06.03.10	Toronto, CAN	London Legion TFC	Ontario
HJ	Alain Metellus	1965	2.28m	26.02.84	Montreal, CAN	Montreal International	Quebec
LJ	James McAndrew	1956	7.71m	18.01.75	Toronto, CAN	Scarborough Optimists	Ontario
TJ	Patrick Hanna	1996	15.78m	06.12.15	Toronto, CAN	Athletica	Quebec
PV	Shawnacy Barber	1994	5.60m	11.01.13	Ypsilanti, USA	Project Athletics TC	Ontario
SP	Joseph Maxwell	1998	19.22m	06.03.16	Toronto, CAN	UNA	Ontario
WT (11.34Kg)	Jordan Young	1993	23.59m	15.12.12	Windsor, CAN	Windsor Legion TFC	Ontario
Heptathlon	Ryan Thomsen	1998	5001	02-03.12.16	University Center, USA	Unattached	Ontario
		7.38, 6.75m, 11.22m, 1.92m, 8.67, 4.50m, 3:04.21					
Pentathlon	Taylor Stewart	1991	3699	01.02.09	Toronto, CAN	London Legion TFC	Ontario
		8.33, 6.82m, 13.18m, 1.92m, 3:04.73					
	Nathaniel Mechler	1997	3706	15.03.15	New York, USA	First Attempt Jumps Academy	Ontario
		8.66, 6.49m, 12.87m, 1.82m, 2:39.00					
3000m Race Walk	Guillaume Leblanc	1962	12:06.50	17.03.80	North York, CAN	C.A Sept Iles	Quebec
5000m Race Walk	Marek Adamowicz	1996	21:30.07	15.03.15	Montreal, CAN	C.A. Rive-Sud	Quebec
4x200 Metre Relay	**Etobicoke H-Striders**		1:28.58	13.02.94	North York, CAN	Etobicoke H-Striders	Ontario
	Randy Brookes	1977					
	Erik Frempong	1975					
	K Pennycooke	1976					
	Marlon Dechausay	1975					
4x400 Metre Relay	**Calgary Spartans**		3:16.84	27.12.84	Saskatoon, CAN	Calgary Spartans	Alberta
	Ron Richards	1965					
	Sean Sereda	1965					
	Jay Wallace	1966					
	John Graham	1965					
4x800 Metre Relay	**Phoenix TC**		7:44.77	11.02.01	Toronto, CAN	Phoenix TC	Ontario
	Vernon Stephen	1982					
	Shala Hussein	1984					
	Derek Lincoln	1983					
	Matthew Lincoln	1982					

Best Performance in Event Not Currently Recognized for Records

WT (15.88Kg)	Marc-Antoine Lafrenaye-Dugas	1991	20.34m	11.12.10	Montreal, CAN	Sherbrooke	Quebec