

Men U 20 Outdoor								
Event	Name	YOB	Performance	Wind	Date	Location	Club	Branch
100m	Andre De Grasse	1994	10.25	1.2	30.06.13	Windsor, CAN	The Speed Academy	Ontario
200m	Peter Ogilvie	1975	20.62	0.1	25.05.91	Provo, USA	Vancouver Olympic Club	British Columbia
400m	Shane Niemi	1978	45.83		19.07.97	Havana, CUB	Kamloops TFC	British Columbia
800m	Brandon McBride	1994	1:46.07		15.07.12	Barcelona, ESP	Windsor Legion	Ontario
1000m	Joseph Kibur	1972	2:23.35		04.06.91	Victoria, CAN	Phoenix	British Columbia
1500m	Adam Palamar	1994	3:38.92		01.07.13	Burnaby, CAN	Ottawa Lions	Ontario
1 mile	Michael Woods	1986	3:57.48		28.07.05	Windsor, CAN	Ottawa Lions	Ontario
2000m	Ross Proudfoot	1992	5:16.06		28.05.11	Guelph, CAN	Speed River	Ontario
3000m	Michael Woods	1986	7:58.04		29.06.05	Ottawa, CAN	Ottawa Lions	Ontario
5000m	Justyn Knight	1996	13:34.86		02.05.15	Stanford, USA	University of Toronto TC	Ontario
10,000m	Mohammed Ahmed	1991	28:57.44		10.06.10	Eugene, USA	Niagara Olympic Club	Ontario
100mH	Anastas Eliopoulos	1999	13.36	-0.6	21.07.17	Lima, PER	Vancouver Olympic Club	British Columbia
400mH	Nick Stewart	1979	50.92		03.05.97	Bozeman, USA	Phoenix	Ontario
2000m SC	Stephen Conwell	1967	5:36.08		20.07.86	Athens, GRE	Calgary Spartans	Alberta
3000m SC	Alex Genest	1986	8:37.83		14.06.05	Burnaby, CAN	Énergie	Quebec
HJ	Derek Drouin	1990	2.27m		02.08.09	Port of Spain, TRI	Sarnia Athletics Southwest	Ontario
PV	Shawnacy Barber	1994	5.71m		29.03.13	Austin, USA	Project Athletics	Ontario
LJ	Richard Rock	1957	7.88m	-0.1	30.04.76	Carbondale, USA	Unattached	Ontario
TJ	Edrick Floréal	1966	16.44m	-0.1	04.08.85	Ottawa, CAN	Montréal-International	Quebec
SP (6kg)	Chris Meisner	1983	19.10m		06.07.02	Calgary, CAN	Chinook	Alberta
	Chris Meisner	1983	19.10m		26.06.02	Calgary, CAN	Chinook	Alberta
DT (1.75kg)	Jordan Young	1993	60.72m		07.06.12	Boulder, USA	Windsor Legion	Ontario
HT (6kg)	Adam Keenan	1993	74.11m		22.09.12	Kamloops, CAN	PATH	British Columbia
JT	Scott Russell	1979	75.46m		17.05.98	Colombia, USA	Windsor Legion	Ontario
Decathlon	Nathaniel Mechler	1997	7592	0.0, -0.3, 0.9	18-19.06.16	Ottawa, CAN	First Attempt	Ontario
			11.05, 7.17, 12.02, 2.02, 48.66, 14.84, 38.73, 4.50, 48.53, 4:29.78					
Heptathlon	Not Claimed							
3000m Race Walk	Benjamin Thorne	1993	11:41.23		17.06.12	Surrey, CAN	Racewalk West	British Columbia
5000m Race Walk	Benjamin Thorne	1993	19:49.62		17.07.11	Coquitlam, CAN	Racewalk West	British Columbia
10,000m Race Walk	Evan Dunfee	1990	42:56.82		11.07.08	Bydgoszcz, POL	Racewalk West	British Columbia
<b>Relays</b>								
4 x 100m Relay	Canada Juniors		39.64		15.08.06	Beijing, CHN	Canada Juniors	
	Justyn Warner	1987						
	Oluseyi Smith	1987						
	Todd Pypser	1987						
	Brian Barnett	1987						
4 x 200m Relay	Supreme Athletics		1:30.02		24.07.11	Toronto, CAN	Supreme Athletics	Ontario
	Christopher Green	1994						
	Mitchell O'Donnell	1994						
	Nienkel Paljola	1994						
	Jermaine Stephenson	1994						
4 x 400m Relay	Canada Juniors		3:07.61		25.08.13	Medellin, COL	Canada Juniors	
	Nathan George	1994						
	Christopher Green	1994						
	Jordan Sherwood	1995						
	Brandon McBride	1994						
4 x 800m Relay	Newmarket Huskies TC		7:53.64		24.07.11	Toronto, CAN	Newmarket Huskies TC	Ontario
	Kyle Penney	1994						
	Ciaran Callaghan	1995						
	Marco Papania	1994						
	Alexander Freemantle	1995						
<b>Race Walking (road)</b>								
5km Race Walk	Not Claimed							
10km Race Walk	Benjamin Thorne	1993	40:26		30.06.12	Calgary, CAN	Racewalk West	British Columbia
20km Race Walk	Benjamin Thorne	1993	1:21:55		15.09.12	Edmonton, CAN	Racewalk West	British Columbia
<b>Road Running</b>								
5km	Not Claimed							
8km	Not Claimed							
10km	Not Claimed							
<b>Best Performances for Other Events (not currently recognized for records)</b>								
<b>Track</b>								
300m	No known performance							
2 Miles	Bruce Kidd	1943	8:41.9		26.05.62	Modesto, USA	East York TC	Ontario
<b>Field</b>								
DT (2kg)	Dylan Armstrong	1981	54.60m		18.07.00	Montreal, CAN	Kamloops TFC	British Columbia
HT (7.26kg)	Dylan Armstrong	1981	70.66m		03.07.00	Flagstaff, USA	Kamloops TFC	British Columbia
<b>Race Walking</b>								
1500m Race Walk	Benjamin Thorne	1993	5:34.17		03.06.11	Burnaby, CAN	Kitmat TFC	British Columbia
<b>Road Running</b>								
4 Miles	No known performance							
12km	No known performance							
10 Miles	William Britton	1955	49:13		21.05.73	Thunder Bay, CAN	Thunder Bay	Ontario
<b>Relays</b>								
4 x 1500m Relay	No known performance							
Distance Medley Relay	No known performance							

\* Updates or claims for new records / best performance recognition should be sent to Tim Berrett at tim@caminata.ca