

Women Indoor							
Event	Name	YOB	Performance	Date	Location	Club	Branch
50m	Philomena Mensah	1975	6.05	13.02.00	Liévin, FRA	Coquitlam Cheetahs	British Columbia
60m	Philomena Mensah	1975	7.02	07.03.99	Maebashi, JPN	Coquitlam Cheetahs	British Columbia
200m	Angela Bailey	1962	23.32	15.01.84	Sherbrooke, CAN	UNA	Ontario
300m	Jillian Richardson	1965	37.17	05.02.88	Sindelfingen, GER	Calgary Spartans	Alberta
400m	Jillian Richardson	1965	51.69	22.02.92	Birmingham, GBR	Calgary Spartans	Alberta
600m	Camille Cato	1963	1:27.63	10.03.84	Sherbrooke, CAN	UNA	Ontario
800m	Melissa Bishop	1988	2:00.19	20.02.16	Glasgow, GBR	Ottawa Lions	Ontario
1000m	Diane Cummins	1974	2:38.24	23.02.03	Liévin, FRA	PACS	British Columbia
1500m	Nicole Sifuentes	1986	4:07.61	08.03.14	Sopot, POL	UNA	Manitoba
1 mile	Sheila Reid	1989	4:27.02	16.02.13	New York, USA	Athletics Toronto	Ontario
3000m	Megan Metcalfe	1982	8:48.56	07.03.08	Valencia, ESP	Edmonton Thunder	Alberta
5000m	Megan Metcalfe-Wright	1982	15:25.15	11.02.11	Boston, USA	Edmonton Thunder	Alberta
50mH	Keturah Anderson	1968	6.78	21.02.99	Liévin, FRA	UNA	Ontario
60mH	Perdita Felicien	1980	7.75	07.03.04	Budapest, HUN	UNA	Ontario
HJ	Debbie Brill	1953	1.99 m	23.01.82	Edmonton, CAN	UNA	British Columbia
PV	Alysha Newman	1994	4.65 m	21.01.17	Toronto, CAN	Bolton Pole Vault	Ontario
LJ	Christabel Nettoy	1991	6.99 m	19.02.15	Stockholm, SWE	UNA	British Columbia
TJ	Tabia Charles	1985	14.02 m	25.02.00	Notre Dame, USA	Elite Edge	Ontario
SP	Brittany Crew	1994	18.16m	02.12.17	Toronto, CAN	SISU Throws	Ontario
WT (9.08Kg)	Sultana Frizzell	1984	23.61m	25.02.17	Anderson, USA	Ottawa Lions	Ontario
Pentathlon	Brianne Thiesen-Eaton	1988	4881 pts	18.03.16	Portland, USA	UNA	Saskatchewan
			8.04 (60mH), 1.85m (HJ), 13.70m (SP), 6.42m (LJ), 2:09.99 (800 m)				
3000m Race Walk	Rachel Seaman	1986	12:23.84	09.02.14	Toronto, CAN	Peterborough Legion	Ontario
5000m Race Walk	Joni-Ann Bender	1963	23:09.30	12.04.97	North York, CAN	Etobicoke Twins	Ontario
Relays							
4 x 200m Relay	University of Windsor		1:37.11	10.03.83	Toronto, CAN	Venolyn Clarke, Lisa Laughton, Kelly Dinsmore, Irma Grant	
4 x 400m Relay	Canada		3:36.03	05.03.00	Glasgow, GBR	Karlene Haughton, Foy Williams, Candace Jones, Naabiama Salifu	
4 x 800m Relay	University of Victoria		8:41.66	11.03.88	Winnipeg, CAN	Tania Jones, Robyn Meagher, Brenda Shackleton, Trish Wellman	
Events Not Currently Recognized for Records							
55m	Toyin Olupina	1983	6.74	20.02.04	Knoxville, USA	Ontario	
150m	<i>No known performance*</i>						
500m	Sage Watson	1994	1:08.40	03.02.17	New York, USA	Alberta	
2000m	Debbie Scott-Bowker	1958	5:59.9	21.02.81	Edmonton, CAN	British Columbia	
2 Miles	Sheila Reid	1989	9:37.97	02.02.13	Roxbury, USA	Ontario	
55m Hurdles	Julie Baumann	1964	7.40	26.02.88	New York, USA	Quebec	
2000m S/C	<i>No known performance*</i>						
1500m Race Walk	Ann Peel	1961	6:02.04	14.02.87	East Rutherford, USA	Ontario	
1 Mile Race Walk	Rachel Seaman	1986	6:17.29	15.02.14	New York, USA	Ontario	
10,000m Race Walk	<i>No known performance*</i>						
4 x 100m Relay	<i>No known performance*</i>						
Discus Throw	<i>No known performance*</i>						

* Updates or claims for new records / best performance recognition should be sent to Tim Berrett at tim@caminata.ca

Updates since 18.01.18

Mile	Kate Van Buskirk	1987	4:26.92	27.01.18	New York, USA	Unattached	Ontario
300m	Sage Watson	1994	37.08	03.02.18	New York, USA	Calgary International	Alberta
PV	Alysha Newman	1994	4.66m	10.02.18	Fayetteville, USA	Bolton Pole Vault	Ontario
SP	Brittany Crew	1994	18.20m	10.02.18	Montreal, CAN	SISU Throws	Ontario