

Women Indoor U23				
Event	Name	YOB	Performance	Date
50m	Angela Bailey	1962	6.16	25.02.84
60m	Khamica Bingham	1994	7.19	12.03.15
200m	Angela Bailey	1962	23.32	15.01.84
300m	Angela Bailey	1962	37.17	18.12.83
400m	Jenna Martin	1988	52.32	02.03.08
600m	Camille Cato	1963	1:27.63	10.03.84
800m	Jenna Westaway	1994	2:01.89	15.02.14
1000m	Lucia Stafford	1998	2:42.21	03.02.17
1500m	Gabriela Stafford	1995	4:11.46	18.03.16
1 mile	Gabriela Stafford	1995	4:29.07	06.02.16
3000m	Sheila Reid	1989	8:56.92	29.01.11
5000m	Mary Louise Asselin	1988	15:50.53	12.03.10
50mH	Sharon Lane	1958	6.98	16.02.80
60mH	Perdita Felicien	1980	7.90	08.03.92
HJ	Wanita Dykstra-May	1975	1.91m	24.02.96
PV	Alysha Newman	1994	4.50m	06.02.16
LJ	Krysha Bailey	1984	6.57m	21.01.05
TJ	Tabia Charles	1985	14.02 m	25.02.00
SP	Julie Labonté	1990	18.01 m	27.01.12
WT (9.08Kg)	Asianna Covington	1995	20.76m	27.02.16
Pentathlon	Georgia Ellenwood	1995	4392pts	26.02.16
3000m Race Walk	Tina Poitras	1970	12:57.94	11.02.92
5000m Race Walk	<i>Unclaimed*</i>			
Relays				
4 x 200m Relay	University of Calgary		1:39.05	03.03.10
4 x 400m Relay	University of Calgary		3:46.30	03.03.10
4 x 800m Relay	Univeristy of Victoria		8:41.66	11.03.88
Events Not Currently Recognized for Records				
55m	Toyin Olupina	1983	6.74	20.02.04
150m	<i>No known performance*</i>			
500m	Sage Watson	1994	1:10.52	05.02.16
2000m	<i>No known performance*</i>			
2 Miles	Alison Wiley	1963	9:45.95	12.03.83
55m Hurdles	Angela Whyte	1980	7.69	16.02.01
2000m S/C	<i>No known performance*</i>			
1500m Race Walk	Rachel Lavallee	1986	6:24.26	18.02.05
1 Mile Race Walk	<i>No known performance*</i>			

10,000m Race Walk	<i>No known performance*</i>			
4 x 100m Relay	<i>No known performance*</i>			
Discus Throw	<i>No known performance*</i>			

* Updates or claims for new records / best performance recognition should be sent to Tim Berrett at ti

Pentathlon	Nina Schultz	1998	4502pts	09.02.18
			8.28, 5.82m, 11.61m, 6.	

Location	Club	Branch
Toronto, CAN		Ontario
Windsor, CAN	Project Athletics	Ontario
Sherbrooke, CAN		Ontario
North York, CAN		Ontario
Fayetteville, USA		Nova Scotia
Sherbrooke, CAN		Ontario
New York, USA	Calgary International TC	Alberta
New York, USA	University of Toronto	Ontario
Portland, USA	University of Toronto	Ontario
New York, USA	University of Toronto	Ontario
New York, USA	Toronto Athletics	Ontario
Fayetteville, USA	Sarnia Athletics SWT	Ontario
Edmonton, CAN	London Western TFC	Ontario
Fayetteville, USA	U of Illinois	Ontario
Lincoln, USA	Niagara Region	Ontario
New York, USA	Bolton Pole Vault	Ontario
Clemson, USA	UNA	British Columbia
Notre Dame, USA	Elite Edge	Ontario
Fayetteville, USA	Fleur de Lys	Quebec
Fayetteville, USA	UNA	British Columbia
Geneva, USA	Langley Mustangs	British Columbia
Osaka, JPN	UNA	Quebec
Windsor, CAN		(Robyn Webster, Danielle Kendall, Amonn Nelson, Ke
Windsor, CAN		(Kelsey Saizaw, Michelle Seifert, Amonn Nelson, Dani
Winnipeg, CAN		(Tania Jones, Robyn Meagher, Brenda Shackleton, Tri
Knoxville, USA		
New York, USA		
Pontiac, USA		
Moscow, USA		
Hamilton, CAN		

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Lubbock, USA	Northwest Spartans TFC	British Columbia
.39m, 2:19.79		

Isey Saizaw)
elle Kendall)
sh Wellman)